


## How to get nhsmail on android phone

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Phones get better when automatically backing up data, but unfortunately there is always the chance that you will lose your phone or drop it into the water and lose everything. Fortunately, there are many ways to back up this data, ensuring that even if something happens to your phone, you won't lose all those embarrassing pictures of your kids you're going to show up on their 21st birthday. Whether it's through Google, a third-party app, or your computer, here's how to properly back up your phones to make sure you never find yourself in a situation where you end up with lost data. With Google Backing most of your data is actually quite easy with Google, and it's gotten a lot easier over the last few years. Unfortunately, there is no backup method for Android phones through Google, but there are ways to back up different types of data. Keep in mind, however, that these options do not cover things like SMS, although we have the entire article to help you with this. Here's how to back up data with Google Photos and videos! you don't already use Google Photos, you should be. The service automatically backs up every photo and video you take to the cloud, so you never have to manually back up the media ever again. If the Photos app isn't on your phone yet, you can download it here. Once installed, you need to make sure that the Photos are set up to automatically back up the files. Here's how to do it: Open the Google Photos app in the menu, go to Settings Tap's 'Backup' and sync/Make sure the switch is on. You can download as many files as you want for free. Photos and videos will have a maximum download quality of 1080p for a free unlimited storage option that should be good enough for most people. If you want to keep the original resolution quality of your photos and videos, you can, but it will be read into your Google Drive storage restrictions. Here's how to check the download quality of Google Photos: Open the Google Photos App In the menu go to Settings Tap 'Backup and sync' Tap 'Upload size' Choose option that you want (High quality with free unlimited storage, or Original with Google Drive storage restrictions) Of course, you probably have more than just photos and videos on your phone. Here are some ways to back up other files: Other Google Drive files allow you to store other files in the cloud, which means they'll be available from any connected device. To manually download folders and files, follow these instructions: Download the Google Drive app if you don't already have it in the app, click on the button 'Upload' Select file (s) you want to back up Th's it's it! Settings and apps To back up your phone settings and apps, you want to use the Android Backup Service. This service essentially backs up app applications Use and customize that you've chosen in most Google apps, making it easy to restore those settings on your new phone. To get a complete list of what gets backed up with the Android Backup service, head here. Otherwise, follow the instructions below to activate it: Open your smartphone's settings app scroll down to the Account and back it up and click on it Tap on Backup and Recovery Switch to Back My Data Switch and add your account if it doesn't already exist AND that's it! Your device should be almost all backed up now. Unless, of course, you want to use a third-party service rather than your own Google. How about backing up my phone with Amazon Drive, OneDrive and others? Cloud services are pennies and a dozen, and Google isn't the only one offering a bunch of memory. In fact, Microsoft OneDrive is a very competent alternative. In case you sign up for Office 365, the company throws in 1TB of online storage for free. Elsewhere, Amazon Drive offers unlimited storage of Prime-subscription photos. Meanwhile, unlimited storage is just \$60 a year, making it an affordable, though not-so-tightly integrated alternative. The biggest drawback of moving away from the Google ecosystem is the manual effort required to ensure that all content is copied. All of these services offer a simple browser file app and you can copy through files and documents as you please. The same files can be accessed through a web browser or desktop app as well. Back up on your computer While you're sending files, instead of backing up your device to the cloud or on the phone itself, you can back up all the files on your computer for easy access later. Fortunately, it's pretty easy to do, and the process is pretty much the same whether you're a Mac or PC user. Mac users will have to download and install the android file transfer app, however. Here's how to back up your Android device to your computer: Connect your phone to your computer with USB cable On Windows, go to my computer and open your phone store On Mac, open Android File Transfer Drag files that you want to back up in a folder on your computer Yes, Android File Transfer app is pretty clunky and doesn't always do the job. If manual copying of files is the preferred option, it may be a good idea to invest in a better app. Commander One is a great app that lets you do just that. Android Authority Oliver Cragg gives us all the information on the best way to transfer files between your Android phone and your Mac. Wireless With Syncing Copying over files manually or cloud sync is a functional solution, but not always the best for you. What if you could automatically back up all the images and files on your computer or NAS drive without connecting the cable? That's where the synchronization utility comes into play. Synchronization is my preferred utility Make sure all my photos and additional files are uploaded to my computer. The premise is simple. install the app on your phone and select a folder to keep an eye on. Meanwhile, a customer working on your computer lets you link to your phone. Now that the app on the phone detects a change of file being added to the browsing folder, it immediately sends a copy to the computer. Simple, reliable, it just works. Sure, you can use it as a standard sync utility too, but I prefer to have all my files sent to one side on the computer, so I have a copy available even if I remove something from my phone. So, how do you set up synchronization? Installing a sync app from the Play Store Install sync app on your computer or Mac It is a good idea to pair devices before you create pairs folders. Go to the device tab and tap the plus icon. You can either enter the name of the device, or click on the barcode scan to add to a pair of devices using the zR code. That's it. Take the folder tab and tap the plus icon. Choose the folder you want to keep an eye on. Choose a one-way send or synchronization. You can even set up a folder to get data in case you want to add content to your phone. In a few moments you will be asked to confirm the pair on your computer and the synchronization will begin. I found syncing to be a great solution for all my photos, documents and files synchronized between phones and computers. Best? The app and service are completely free. Download Sync from the Play Store Acing use Plex camera upload Another's great option is the camera download functionality built into the Plex. This is especially useful if you're already using Plex as a media server. The advantage of other backup solutions is that the solution works remotely and even allows you to view the entire photo library. How do I sync the Plex camera? Go to the Plex app, tap the gear icon to get into the settings, and the option to download the camera The next step is to select a library, you can choose a single library for all your phones or create a separate for family members Next, choose or create an album. If you're backing up multiple phones, you can create separate albums for each device or simply sync with the shared library. Finally, you can allow Plex to back up images over mobile data. This is a good idea if you have a generous data allowance. That's it. Relax and watch as Plex copies on all the images on your computer. You can also drop by the newly created photo tab to take a look at all your Since Plex has apps for almost every platform out there, you can now beam up your photo to the big screen or any other phone or tablet with Plex signed in. Use a third-party app. Unrooted phone There is a ton of great apps out there to back up your data, and one of the best super backup and recovery. This allows you to back up the time of individual items on your phone such as apps, contacts, SMS, calendars, voice calls and more. Users can determine where backup will be easy to find later, and plan automatic backup along with a cloud storage backup. Download Super Backup and Restore You will see a list of categories of items that you can back up (Pictures, apps, etc.) Choose which category you want to back Select individual items that you would like to include in your backup Tap on Backup And that's all you need to do. Easy, isn't it? Root phones While most people won't need to root out their phones to back up what they need, rooting your phone can help you back up a few more things. By rooting your phone, almost everything on your phone can be restored, including things like app settings, system data, and even Wi-Fi passwords. One of the most commonly used root phone backup apps is titanium backup. While Titanium Backup certainly looks a bit dated, it's really a very powerful app. Here's how to back up files using Titanium Backup: Download and open the app Tap menu button in the top right corner and select the action package Select whatever you want to back up If this is the first time you back up your device, you at least want to choose to back up all the user's apps and back up all the system data You can also choose to back up the files in Dropbox or Google what you can do in case you lose your phone You can also choose to create a recovery compatible. zip backup file! ensures that even if your phone's system files become corrupt or something else is going on that prevents you from being able to download your phone, you will be able to recover your phone from backing up to fully explain Titanium Backup and how it works head here. If you need to create a full backup of your device or you just want to make sure you don't lose your photos, backing up your phone shouldn't be hard to do. Fortunately, this is not the case! If you can come up with any better ways to back up a 2up phone, let us know in the comments section. Section.

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