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Hot date this weekend! She was very sweet, a little older (which you know I like) and a great writer to boot. That's right, I finally met Erin! First impression: Damn, Erin! (She was also an hour late. Second impression: Damn, Erin! (She's very sweet. You are what you eat: It went with a cheeseburger, French fries and beer. What else can a guy ask for? One thing I particularly liked about Erin: What you see is what you get. An hour after the meeting, we had a pretty intense conversation about our past relationships, current anxieties and future hopes. It's pretty rare. Tip to the next guy who wants to win Erin's heart: Hit the gym. Cheeseburger, despite this, fitness is a big part of Erin's life with which I am completely on board. And you can tell it doesn't sound creepy, but the girl is in shape. Verdict: We have a winner. We're already watching USC's next game together. Hopefully she also had a good time-check back later today for her take. Have you met anyone interesting this weekend? Is there anything else you want to know about Erin? Each item on this page was picked up by the editor of House Beautiful. We can earn a commission on some of the items you choose to buy. Imagine Tiles and Erin Adams unveiling a collaboration that won't disappoint. October 23, 2013 Courtesy of designer-producer Erin Adams and Imagine Tile teamed up to create Slant Stitch, a happy new tile collection. With two graphic patterns, four color options in lime, coral, gray and teal, these 12 (VOC-free!) squares walk this mysterious line between bold and thin, but modern and soft. Finally bypass these homes of makeovers? You're in luck. These tiles have just enough pizzazz for your kid's bathroom, but there is truly sophistication that will not sacrifice your style. Now the fun part: just choose your shade and choose your template. Maybe they'll end up like your kitchen backsplash, too. This content is created and supported by a third party and is imported to this page to help users provide their email addresses. You may be able to find more information about this and similar content on piano.io Advertising - Continue reading below color Inspiration Room Ideas My work allows me to face time with guys who are usually guarded or hidden helmets or seen only far away on the field. Getting a sneak-peek is exciting. Even an athlete known for his sleight of hand or strength in his legs has history and secrets on his face. I visited a lot of players in the locker room, and traveled the country with male broadcasters, and got a good look at How guys groom themselves before they get in front of fans or cameras. Over the years, it has become clear that I love and dislike, and much of this can be found in the person of man. I think men and and both as someone who is not over-primped. For example, I've worked with discreet announcers who care more about free food in the media room than whether their high-definition makeup is mixed properly (it's just part of the business). And I saw athletes jumping in the shower after the game and coming out so fast that they didn't stop sweating, and I don't even have any ready-made questions. Such confidence is attractive to me. But there is a player who fake bakes on the road, or leaves his hat during the warm-up so his coiffed hair is not messed up. When his teammates crack feathers, he goes crazy. This guy's just not my type. I don't want a man asking my colorist's number, you know what I mean? Laidback is sexy. Let David Beckham or Tom Brady be your guide. I'm not advocating zero maintenance. The guy's face really benefits from the daily content, although the flawless complexion doesn't matter to me at all. I have no problem with a guy who uses products- I for any mode works, from detergent to moisturizer, even eye cream or toner. And I don't see it often, but I love it when players foam up to the SPF. There's nothing sexier than a man protecting himself from skin cancer. I love dark eyebrows and I'm all for a man waxing his unibrow. But I don't want to be reminded by the overly perfect arch guy that I have to make an appointment myself. Changing faces in more extreme ways, however, is dangerous territory. Botox and collagen and color contacts never look natural. My ideal is someone who cares about his face but allows his personality and his personality and his age to stand out, without apology. In getting to know a person, a person is a great place to start. I work in an industry that praises guys for playing gritty, getting physical, going all out. Needless to say, I don't mind a scar or two on my face; it's part of life. In my opinion, a person does not need to be shy or hide it. It shows character and we could all use more of that. This content is created and supported by a third party and is imported to this page to help users provide their email addresses. You may be able to find more information about this and similar content on piano.io While I was away on vacation this past 2 weeks, I can't say I did much work, but I enjoyed visiting PNN as a reader, thanks to Erin O'Donnell's big news eye. Here are some of the posts that most grabbed my attention: Thanks again to Erin for keeping us all know so beautifully! With her stone-carved features, statuesque six-foot frame, and flawless cropped cut, it's no surprise that Walsall's own Erin O'Connor continues to reign as one of the leading models About 16 years after making her official debut in December's '96 issue of i-D.A leading figure on the London fashion scene, Swan as the beauty also makes waves abroad, with her her back on the podium in New York this September and a big campaign thing in the works (sorry, we were sworn in in secret). Despite all these successes, O'Connor is still just a British girl at heart, as evidenced by our tour of her charming abode in south London. Showcasing a stunning selection of divine designer outfits ripped from her own wardrobe, the brunette beauty greeted us in her eclectic dig, opening up about her personal style, beloved London haunts, and memorable modelling moments. In fact, our only question, to which she did not answer: can we move? Click to look into the model's private home and your favorite designer outfits. We have a serious new style of crush! How to make it easier to stick to any diet, two simple rules will help you stay on track. Stock up on them to always have a nook of a healthy dish. Frozen faves that cater and slimNo food is off limits, even bacon! Dig into our dairy and deli picks without guilt. Carbohydrates can be the body's best friend. Our fiber-filled finds keep you energized. Munch between meals and stay trim with these eats.2009 Healthy Nutrition Awards: Choosing criteriaCurious about health that's already in your office? Compare your favorite eats guidelines that we used to help choose food award contestants. Our winners scored the most points in our taste test, but products that meet these criteria, developed by experts Willow Jarsh, R.D., and Stephanie Clark, R.D., New York, are just as useful to your body. How do your bites add up? Fill the mug with our choice of brews. Hungry? SELF is covering for you. We tested the taste of every healthy food we might find to compile this list of the most slimming, delicious breakfasts, lunches, snacks, dinners and-yippeee!-even desserts. Get ready to say Yum! It's official! As one of the hardest working and most respected women in sports television (which also happens to be absolutely gorgeous!), Erin Andrews is ready to heat up the Fox network this season. The former ESPN personality and Dancing With The Stars alum will host the new PrimeTime Fox College Football Pregame Show alongside Eddie George and Joey Harrington, and will also make a significant contribution to NFL Network and MLB coverage. We got a chance to talk to the blonde beauty up close and personal to talk about her new gig with Fox that she loves most about football, and the fitness secrets she can't live without. STEPHANOPOULOS: Congratulations on all your success! What are you most excited about being part of the FOX Sports family? Erin Andrews (EA): I think I'm most excited about the new opportunities and the chance to expand my role and just really challenge myself and get better. That's the biggest reason I've decided Jump, jump, make a move... which was very difficult to do because I was very comfortable and very happy with where I've been over the last eight years with But this is a chance for me to just get better. I am someone who has a very large competitive advantage and a chip on my shoulder. I like to have a lot of energy and run around to be crazy and I think putting myself in a situation that is new to me is good. STEPHANOPOULOS: Many of our readers admire you not only for being so healthy and healthy, but because you're such a successful woman in a male-dominated field. What advice would you give to other women to follow their dreams like you did? EA: Don't listen or buy what the skeptics tell you. Instead, use it as the material of the bulletin board. I think what I'm trying to do with all the naysayers, negative comments, or even people who think you can't do it, I really try to use it as motivation and add to that chip on my shoulder. Having thick skin is very important, being tough, and not giving up. It's so important! I'm 34. I was in a place where I was very comfortable, I could have stayed at... I want to start a family and be in a relationship to get married or have children... and it would be very easy for me to stay put and focus on that, but I think it's also very important to be motivated and challenged and keep your brain running in your professional field. If you don't feel motivated out there, how are you going to feel motivated in your personal life? STEPHANOPOULOS: Such great advice! You're in terrific shape. Can you give us some of your fitness secrets? EA: I try to stay in shape just to cope with stress, like work or daily life. Working with men for the last 15 years, you end up eating and drinking like a guy! So I have no choice to basically have in mind that I have to work every day. That's how I programmed myself. And if I don't work one day, I'll just tell myself that it's only one day -- that's fine, that's how it turned out. But I try to do something every day. I just moved to New York in January and I love the variety of workout classes! I really love classes because, again, I'm a competitive person, so I like being around people who push me and I feel like classes are really doing it. I was doing Barre as well as Physique 57, which I really enjoy. Because I'm so tall, I want to work on my feet... and obviously every woman wants to work on their back end and their core, so I feel like these classes are perfect for me. They really target these areas! Also, I've danced all my life, so I have that dance background. On days when I can't go to class, I try to run or get on the treadmill. I'm not really a runner, but I need cardio! SHAPE: You are on travel ton. What are some of your workout tips for girls on the go? EA: If there is a place to walk safely or get a jog in that it is good. What we will do on the road a lot in the college city goes up the stairs or stadiums. You can also pack a jump rope and make do for 30-45 minutes to get your pulse up. Whatever is around the area that you are in, try to be creative with what you can do. Run around the hotel or wherever you stay! SHAPE: Being around so many men all the time, I can imagine that it must be hard to eat healthy! Can you stick to a fairly regimented diet plan? EA: Obviously, as I look, I see changes in my body that I can't like... but I love food, and I'm from the south. I'm not going to lie, I eat fried chicken, I love macaroni and cheese, and I love cereals. How could we not when we grew up in the South? In fact, the men I work with eat very well, but they eat a lot. You have to start with five or six different snacks on the table and everyone wants to order their own desserts. I'm just trying to be very smart with it. I don't have to finish the whole meal. But I'm not the one who's starving, either. SHAPE: Any healthy snacks you eat while traveling or shooting can you recommend? EA: I try to drink a lot of water and stay as hydrated as possible. It's so great for you and your skin. And trace the mix! I've been living for it lately. My eating habits have changed a lot over the last 10 years because I understand my body is changing. I used to be a Coca-Cola kind of girl or I'd grab a handful of MSM and eat Snickers (I still love doing it!), but now I'll have a banana instead. Instant oatmeal is great to take to a hotel room and of course any kind of fruit is very helpful. Because I realize I like to enjoy a little during breakfast, lunch or dinner, I try to stay as healthy as possible with snacks. It's so hard when we're in these games and they have craft services filled with cookies and chips! You can have some but only one cookie and you don't need to finish the whole bag of crisps. If you need to get a sandwich, don't eat all the bread. I have two great friends that model and act for the life of Chrissy Teigen and Brooklyn Decker and I love bread and I love rice. When we were in Australia together, they were both passed on bread, and I, really?! We don't eat bread? But it's just a sacrifice you make so you can enjoy other things. I'm just trying to be more careful now. SHAPE: Do you have a favorite interview over the years? EA: It happened right after the shooting in Virginia. When I was with ESPN, we did the very first college football game back to that campus college football is such a huge part out there. There was a student named Derek O'Dell who was keeping the door closed when the shooter entered his classroom and started shooting. He helped save his classmates and professors. I actually interviewed him on the field and looking at this kid I was bigger and taller and weighed more... the fact that he was so and so bold and thought fast enough to make it was so unreal. I never will, that interview-it was more than a sport and more than anything I ever did. That's what's always stayed with me. SHAPE: What do you love most about covering football, and who are the teams to beat this year in the NFL? EA: I love passion, excitement, close and personal. I'm a big sports fan! Being able to share how excited I am about the game is so much fun for me. I was raised by a Green Bay Packer fan so I obviously hope they have a good season. Maybe the New England Patriots ... I just can't really bet against Tom Brady! Contact Erin Andrews on Twitter and Facebook, and be sure to check out her new show for Fox Sports, airing September 1. 1. into the wild erin hunter read online free. into the wild erin hunter pdf free. into the wild audiobook free erin hunter

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