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I wasn't always a writer. As a preteen, I wanted to be a child oncologist, a dream that continues today. My love of medicine and people pushed me to psychology, then to public health, where I could combine everything in areas such as psychosocial oncology and perinatal psychology. My not-so-secret desire to be a doctor, however, never disappeared. At this point, I've recognized that my postgraduate loans are significant enough, and my life no longer has room for the ability to ever go to medical school - and besides, when I've accepted some of the premise, although I love reading medical textbooks, my brain just doesn't like mechanical memorization... which is a problem in the biological sciences. But I still love reading about medicine, healing, and everything in the medical field in medical books. Here, in particular, there is no order, 50 must-read and the best medical books. I like to think that if you devour the replays of the ambulance and the house, that you'll get these. They are basically books about medicine that are non-fiction, with fiction marked (me) and upcoming books marked (me). When the breath becomes air Paul Kalanithi. One of my favorites. At the age of thirty-six, on the verge of completing ten years of training as a neurosurgeon, Paul Kalanithi was diagnosed with stage IV lung cancer. Once he was a doctor, treating the dying, and the next he was a patient fighting for life. And so, the future he and his wife represented evaporated. The House of God by Samuel Hem. Complications: Surgeon's notes on imperfect science atul Gawande. In exciting accounts of true cases, surgeon Atul Gawande explores the power and limits of medicine, offering an unwavering view from the edge of a scalpel. Complications expose science not in its idealized form, but in the way it is in fact uncertain, puzzling and deeply human. Robert Marion's Intern Blues. One of the most true books on medicine I've ever read. This should be a must-read for those considering a career in medicine. While overseeing a small group of interns at a major New York medical center, Dr. Robert Marion asked three of them to keep a careful diary for a year. Andy, Mark and Amy vividly describe their real lessons in the treatment of very sick children; combating child abuse and the terrible human consequences of the AIDS epidemic; plinth indifference of hospital bureaucracy; and overcoming your own fears, insecurities and constant fatigue. Their stories are harrowing and often funny; their personal triumph is unforgettable. The Anatomy of Hope by Jerome Groopman. The first time I read this, I kept it in my bag for months, carried it around with me. This in-depth study begins when was a medical student, a medical student, the vital role of hope in the lives of patients, and it culminates in his remarkable desire to delineate the biology of hope. With appreciation for human elements and science, Groopman explains how to distinguish true hope from false hope, and how to gain an honest understanding of the reach and limits of this essential emotion. My Own Country: The Story of Dr. Abraham Vergezeze. Located in Smokey Mountains in eastern Tennessee, Johnson City has always seemed liberated from the anxieties of modern American life. But when a local hospital treated its first AIDS patient, a crisis that once seemed like an urban problem arrived in the city to stay. The Immortal Life of Henrietta Lux Rebecca Sklout. Read the book instead of watching the movie. Her name was Henrietta Lux, but scientists know her as HeLa. She was a poor black tobacco farmer whose cells, taken without her knowledge in 1951, became one of the most important tools in medicine, vital for the development of polio vaccine, cloning, gene mapping and more. Henrietta's cells have been bought and sold in billions, but it remains virtually unknown, and her family can not afford health insurance. This phenomenal New York Times bestseller tells the fascinating story of the clash between ethics, race and medicine; scientific discoveries and the healing of faith; and a daughter consumed with questions about a mother she had never known. Intern: Dedication by Dr. Sandip Jauhar. Residence and especially the first year of the internship is legendary for its cruelty, and Jawhar's experience was even more painful than most. He went from physics to medicine to follow a more humane calling, and only to discover that his new profession often has little to do with patients' problems. He struggled to find a place among the squadrons of defiant residents and doctors. He challenged the practice of internships in The New York Times, raising suspicions of medical bureaucracy. Then, suddenly stricken, he became a patient himself and came to the conclusion that today's high-tech high-pressure medicine can be a humane science. White Coat: Become a doctor at Harvard Medical School Ellen Rothman. ... Ellen Rothman offers a vivid account of her four years at one of the best medical schools in the country, and opens the infamous closed door between patient and doctor. Referring to the most important medical issues of today, such as GMOs, AIDS and suicide, the author goes through despair, excitement and a lot of exhaustion in the classrooms of Harvard and Boston hospitals to earn the undeniable name to which we trust our lives. This side of healing: Reflections from women in medicine eliza Lo Chin. It's one of my favorites. I could read it over and over and over again and A collection of personal stories, poems, essays and quotations written over the last century and a half reveals the intimate lives of more than a hundred female doctors. There are touching testimonies from early 19th century medical pioneers like Elizabeth Blackwell, the first woman to graduate from medical school, and Harriet Hunt, who had her own practice that served women and children but was never officially trained, for modern medical students and doctors. Sharp and compelling, these stories offer insights into the struggles and triumphs of women in medicine. Much like an American quilt, this book is a unique and richly textured patchwork of every woman's extraordinary life and career. This assembly of so many different voices is an example of the different ways that women have created within the medical profession. Together, they serve as an enduring tribute to the devotion of all female doctors to both their patients and their families. Emperor of all diseases: Biography of Siddhartha Mukherjee cancer. As someone who used to study oncology, I read many books on cancer. This remains one of my favorites - and, in my opinion, one of the best. The physician, researcher and award-winning scientific writer Siddhartha Mukherjee explores cancer with the precision of a cell biologist, the view of a historian and the passion of a biographer. The result is a remarkably clear and eloquent chronicle of the disease by which people have lived and died for more than five thousand years. Not exactly a benign procedure: four years as a medical student perry Klass. The well-known pediatrician, journalist and writer Perry Klass offers a provocative look at the ups and downs of medical school - from the first exams to the day she became a doctor. In a direct, frank style, Klass shares what it's like to be a mother for the first time while in medical school; The unique lingo of a medical student; How to deal with every bodily fluid imaginable; and humor and grief of working with patients. Final exam: Surgeon Pauline Chen's reflections on mortality. When Pauline Chen started medical school, she dreamed of saving lives. That she could not predict how much death would be part of her job. Almost immediately, it proved to be a struggle with the deepest paradox of medicine that a profession based on nursing is also systematically anonymizing dies. The final exam follows Chen during her education and practice as she struggles to reconcile the lessons of her preparation with her innate sense of empathy and humanity. Becoming a Doctor: A Journey of Initiation to Melvin Conner Medical School. One of my favorites, of course. Conner returned to medical school midway through his career, and his observations of medical school experience are astute, important and much needed, even The Anatomy of Real Grey: A Behind-the-Scenes Look at the Real Life of Surgical Residents by Andrew Holtz. How much medical drama seen in Grey's Anatomy is pure entertainment, and how much is the exact reflection of life both in or out of? Here a well-known medical journalist gives answers to some questions. He examines a group of new surgical residents at a major training hospital in the Pacific Northwest as they tackle the roller coaster of long hours, fascinating procedures, mundane office tasks, and the emotional ups and downs that make up the life of a surgery student. Something for pain: One doctor scores life and death in ER Paul Austin. In this eye-opening life story in ER, Paul Austin recalls how the daily grind of long, erratic shifts and endless hordes of patients with sad stories sent him down the path of bitterness and cynicism. His own life becomes Exhibition A as he details an emotional detachment that alienates him from himself and his family. Gritty, powerful, and ultimately redemptive, Austin's memoir is a revealing glimpse into the fragility of compassion and sanity in today's hospitals. On call: Doctor's Days and Nights at Emily Transue Residence. During his first week as a student in the medical wards, Dr. Transue watched someone come to the emergency room in cardiac arrest and die. Nothing like this has ever happened to her before - it's been a long way from books and labs. So she started recording her experience as she gained the confidence to put her book knowledge to work. One Doctor: Close Calls, Cold Cases, and The Secrets of Medicine by Brendan Reilly. In compelling first-person prose, Dr. Brendan Reilly takes readers to the forefront of medicine today. Whipsawed by the daily crises and frustrations, Reilly must deal with several complex issues simultaneously. As Reilly's patients and their families survive close calls, struggle with heartrending decisions, and confront the limits of medicine's power to cure, one doctor puts a bare-knated, depersonalized, business-driven health care system where real care is hard to find. Every day, Reilly sees patients who get through the cracks and suffer harm because they lack one doctor who knows them well and tirelessly advocates for their interests. Filled with fascinating characters in New York and rural New England - people with dark secrets, mysterious illnesses, impossible dreams and boundless courage - One doctor tells his stories with sensitivity and empathy, reminding us of the professional values once dear to all doctors. Body of Work: Mortality Meditations from the Human Anatomy Laboratory by Christine Montross. Another one of my favorites. Medical student Christina Montross was nervous standing outside the anatomy lab on her first day a room with stainless steel tables topped with corpses in body bags, initially unnerving. But as soon as Montross met her corpse, she found herself intrigued by the man the woman once was and fascinated by the strange, disturbing beauty of the human form. They called her Eva. The story of Montross and Eve is a gentle and wonderful study of the mysteries of the human body and a wonderful look at our relationship with both the living and the dead. Stiff: The Curious Life of Human Corpses by Mary Roach. For two thousand years corpses, some voluntarily, unwittingly, were involved in the most daring steps and strange undertakings of science. In this fascinating story, Mary Roach has been visiting the good works of corpses for centuries and tells the fascinating story of our bodies when we are no longer with them. Straight Red: The View of the Surgeon of Her Life or Death Profession by Gabrielle Weston. A beautiful book about what's really going on in or out. Julie Salamon Hospital. I've read this at least 5 times - the reporting and storytelling is so wonderful. Varts-and-all studies of the struggle suffered and the triumphs achieved by America's medical professionals, the hospital follows a year in the life of Maimonides Medical Center in Brooklyn that serves a diverse multicultural demographic. Unravelling the financial, ethical, technological, sociological and cultural challenges faced every day, best-selling author Julie Salamon tracks the people who make this complex hospital run from doctors, patients and administrators to nurses, ambulance drivers, cooks and cleaners. Kill as few patients as possible Oscar London. This

oft-quoted all-time favorite medical community will delight and strengthen the hearts of patients, doctors, and those who enter into medical research, internship or practice. With impregnable logic and rapier wit, the sage Dr. Oscar London reflects on the challenges and joys of healing, and lends timeless truth, reality checks, and poignant ideas gleaned from 30 years of general practice, while never taking himself (or his profession) too seriously. Cutting for stone by Abraham Vergezeze. Marion and Shiva Stone - twin brothers, born of a secret alliance between a beautiful Indian nun and a cheeky British surgeon. Orphaned by the death of their mother and the disappearance of their father, bound by supernatural connection and common fascination with medicine, the twins are aging as Ethiopia is on the brink of revolution. How we're dying Sherwin Nuland. Another one of my favorites. A convincing study and explanation of how the body is constantly switched off in different situations. How we live Sherwin Nuland. How we live is filled with gripping medical case stories: Woman pulled from brink of death by unexplained bleeding; another patient wins breast cancer; the usual removal of polyp causes an almost fatal medical crisis. For Nuland, each of these cases illustrates the extraordinary responsiveness and adaptability of the human body. We learn how aortic baroreceptors control blood pressure and react to its minute-long vibrations. We follow a complex chain of electrochemical commands that forces us to jump off the path of acceleration of the car. We learn why a stomach that can differenti down everything from porridge to pizza abstains from digestion. Informed by empathy for human suffering and erudition, which includes poetry and the Talmud, as well as the medical canon, How We Live is a scientific writing of a rare kind - clear, poetic and truly uplifting. The way we're dying now: View from the front line of medicine - Seamus O'Mahony. Dying has become muzinified and disinfected, but doctors cannot prescribe a good death. The Way We Die Now asks us to think about how we got to this age of spiritual poverty, and argues that abandoning our dreams of control over death can help restore its meaning. Measure of our days: The Spiritual Study of Jerome Groopman's Disease. In these eight moving portraits, it offers us a compelling view of what needs to be explored when life itself can no longer be taken for granted. Thank you for signing up! Keep an eye on your inbox. By subscribing you agree to our terms of use The Spirit catches you and you fall down Ann Fadiman. Spirit catches you and you fall explores the collision between a small county hospital in California and a refugee family from Laos to care for Leah Lee, a Lymph child diagnosed with severe epilepsy. Leah's parents and her doctors wanted the best for Leah, but a misunderstanding between them led to tragedy. Vite Margaret Edson. Margaret Edson's powerfully imagined Pulitzer Prize-winning play examines what makes life worth living through her study of one of the unifying experiences of mortality, as she also probes the vital importance of human relationships. What we as her audience pick up from this wonderful drama is a more poignant feeling that while death is real and inevitable, our lives are nurtured or thrown away by a lesson that can be both uplifting and redemptive. Letters to the young doctor Richard Selzer. Highly frank, insightful and unexpectedly humorous essays about both cruelty and the beauty of a profession in which salvation and loss of life - all this in day work. The Eternal Collection of The Best Writing Surgeons (Chicago Tribune). The Lives of a Cell: Notes of a Biology Watcher by Lewis Thomas. Elegant, suggestive, and refined, Lewis Thomas's deeply humane vision world around us and considers the complex interdependence of all things. Going beyond the usual limitations of biological science and into the vast and wonderful world of hidden relationships, this provocative book explores in personal, poetic essays on topics such as computers, microbes, language, music, death, insects and medicine. The man who mistook his wife for a Oliver Sacks hat. Classics in neurology. If you're reading one Books Sachs, make it one. Diseases of the Narrative: Suffering, Healing, and Human Condition by Arthur Kleinman. Based on 20 years of clinical experience in the study and treatment of chronic diseases, the Harvard psychiatrist and anthropologist argues that diagnosing the disease is an art tragically forgotten by modern medical training, and provides a compelling case for bridging the gap between patient and doctor. The human side of cancer: living with hope, coping with the uncertainty of Jimmy Holland. This book was my bible when I was working in psycho-oncology. Dr. Holland is the founder of this area and she is just brilliant. When air hits your brain: Tales from Neurosurgery by Frank Vertosick, jr. With sharp insight and humor, Frank Vertosick Jr., MD, describes some of the biggest challenges of his career, including a 6-week-old baby with a tumor in her brain, a young man struck down in his prime paraplegia, and a minister with a .22-caliber bullet lodged in his skull. Narrated through intimate portraits of Vertosick patients and unsparing but fascinatingly detailed descriptions of surgical procedures, when air hits your brain the culmination of decades spent struggling to learn the inexorable vehicle illuminates both the mysteries of the mind and realities of the operating room. Thanks to the truthful stories of patients, it shows us that a lot of important emotional work can be achieved in the last months, weeks, and even days of life. It's a companion for families, showing them how to deal with doctors, how to talk to loved ones - and how to make the end of life as meaningful and enriching as the beginning. Time stitch: A year of brain injury changed my tongue and Lauren Marx's life. Lauren Marks was twenty-seven, touring the show in Scotland with her friends when an aneurysm ripped into her brain and left her fighting for her life. Soon after, she woke up in hospital with serious flaws in reading, speech and writing abilities, and an unfamiliar diagnosis: aphasia. That would be shocking news to everyone, but Lauren was an insatiable reader, actress, director and playwright, and during the event, pursuing her doctorate. At any other time in her life, this diagnosis would be a devastating blow. But she woke up... Different. Gene: Intimate History Mukherjee. ... In this biography, Mukherjee enlivens the desire to understand human puffiness and its amazing impact on our lives, personalities, personalities, destinies and choices. How we do harm: The Doctor breaks ranks about being sick in America with Otis Webb Brawley. ... Exposes the underbelly of health care today - over-treatment of the rich, treatment of the poor, financial conflicts of interest, the caregivers provided by doctors, insurance companies that do not require better (or even the least expensive) care, and pharmaceutical companies involved in the sale of drugs, whether they improve health or harm. Blue Collar, Blue Scrubs: Making Surgeon Michael Collins. ... taking readers from his days as the builder of his entry into medical school, skillfully infusing his journey to become a doctor with humanity, compassion and humor. From the first time he delivers a child to be surrounded by death and pain on a daily basis, Collins convincingly writes about how medicine forces him to confront, in a very deep and personal way, the nature of God and suffering and how delicate life can be. I knew a woman: four female patients and their female caregiver Courtney Davis. A poet and nurse practitioner with twenty-five years of experience, Davis reveals the beauty of the body's work, unfolding the lives of four patients who struggle with its natural cycles and unexpected surprises: pregnancy and childbirth, illness and recovery, sexual dysfunction and sexual joy. The abundance of solid medical information fills every graceful line. The mountains behind Tracy Kidder's mountains. At medical school, Paul Farmer found the calling of his life: to treat infectious diseases and bring life-saving tools of modern medicine to those who need them most. Kidder's magnificent story leads us from Harvard to Haiti, Peru, Cuba and Russia, as Farmer changes his mind and practice, a devotion to philosophy that the only real nation is humanity. At the heart of this book is an example of a life based on hope and understanding the truth of the Haitian proverb Beyond the Mountains there are mountains - how you solve one problem, another problem presents itself, and so you go on and try to solve that one too. What doctors feel: How emotions affect the practice of medicine Daniel Otry. How do the stresses of medical life - from paperwork to grueling hours to lawsuits to death - affect the medical care doctors can offer their patients? Digging deep into the life of doctors, Ofrey explores a huge range of emotions - shame, anger, empathy, frustration, hope, pride, sometimes despair, and sometimes even love, that permeate the modern physician-patient connection. Hotel god: doctor, hospital and at the heart of medicine Victoria Sweet. San Francisco Laguna Honda Hospital is the last rich in the country, a descendant of Hotel Dieu (Hotel God) who cared for the sick in the Middle Ages. Ballet dancers and rock musicians, professors and thieves - everyone who fell or, often, jumped in difficult times and needed long-term medical attention, was here. So did Victoria Sweet, who came within two months and stayed for twenty years. It doesn't hurt a bit (and other white lies): My education in medicine and motherhood is Michelle Au. It doesn't hold-the-forbidden account of what modern medical education feels, from grim to funny, from touching to obscene. However, unlike most medical memoirs, this detail states that the author struggles to maintain life outside the hospital, in the small amount of free time during which she had to live. And, after she and her husband have a child at the beginning of both of their medical residences, Au explores the requirements of being a parent with those of a doctor, two all-consuming jobs in which other people's lives are very literally in her hands. Black Man in a White Coat: Doctor's Reflections on Race and Medicine by Damon Tweedy. ... examines the complex ways in which both black doctors and patients should navigate the difficult and often contradictory terrain of race and medicine. As Tweedy transforms from student to practicing physician, he discovers how often the race affects his meetings with patients. Through their stories, it illustrates the complex social, cultural and economic factors at the heart of many health problems in the black community. These questions make more sense when Tweedy himself is diagnosed with a chronic disease is much more common among black people. In this powerful, touching and deeply empathetic book, Tweedy explores the challenges faced by black doctors and the disproportionate health burden faced by black patients, ultimately looking for a way forward for better treatment and more compassionate care. Five Days at the Memorial: Life and Death at Sheri Fink Storm Hospital. Once Katrina hit and floodwaters rose, power failed, and the heat rose, exhausted caregivers decided to appoint some patients last for rescue. Months later, some of these caregivers faced criminal charges that they intentionally injected numerous patients with drugs to expedite their deaths. Five days at the Memorial, the culmination of six years of reporting, unspools the mystery of what happened in those days, leaving the reader in the hospital fighting for his life and in conversation about the most terrible forms of health rationing. Critical care: The new nurse faces death, life and everything between them ... Theresa Brown's powerful and absorbing memoir-regular contribution to the new new Times Blog Well - about his experiences during his first year at work as an oncology nurse; In the process, Brown sheds a brilliant light on the issues of mortality and meaning in our lives. Oncology journals Audre Lord. Literary non-fiction. Memoirs. African-American studies. LGBT research. Moving between a journal entry, a memoir, and an exposition, Audre Lord fuses personal and political as she reflects on her experiences of battling breast cancer and a radical mastectomy. What do you think are the best medical books? Want to know more about the subject? Check out 100 must-read books about the history of medicine. Medicine. medicine is fun book pdf. medicine is fun ebook pdf download. medicine is fun ebook free. medicine is fun ebooks. medicine is fun book dr gohari free download. medicine is fun ebook review. medicine is fun book pdf free download

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