Suunto ambit3 sport instruction manual

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1 Catalogue 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 2 2 3 24 25 26 27 28 29 30 31 32 33 34 35 36 37 38 39 4041 42 43 44 45 46 47 48 49 50 51 52 53 54 55 56 57 58 5960 61 62 63 64 65 66 67 68 69 70 71 72 73 74 75 76 77 78 79 80 81 82 83 84 85 86 87 88 89 90 91 92 93 94 95 96 97 98 99 100 101 102
103 104 105 106 107 108 109 110 111 112 Manual - 2.52019-12-19 Chinese Bulgarian (Traditional) English Netherlands Estonia Greece Hungary Indonesia Portugal Slovakia Slovenia Tagalog Thai Turkey Table content download PDF to print 1 Table content 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 18 19 20 21 22 23 24 25
26 27 28 29 30 31 32 33 34 35 36 37 38 39 40 41 42 43 44 45 46 47 48 49 50 51 52 53 54 55 56 57 58 59 60 61 62 63 64 65 66 67 68 69 70 71 72 73 74 75 76 77 78 79 80 81 82 83 84 85 86 87 88 89 90 91 92 93 94 95 96 97 98 99 100 101 102 103 104 105 106 107 108 109 110 111 112 113 114 115 116 117 118 119 12
121 122 123 124 125 Brand Suunto Model Ambit3 Product Sport Watch EAN 45235909971, 45235909971, 45235910014, 45235910014, 45235910038, 6417084182708, 6417084182705, 6417084182722, 6417084182746, 6417084182753, 6417084182760, 6417084182777,
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Stopwatch / Electronic Compass / Imperial Measurement System, Metric Language Support DEU, DUT ENG, ESP, FIN, FRE, ITA, POR, SWE Integrated Distance Meter / Heart Rate Data Transfer - Recommended Activity Go bike, run, swimming Display resolution 128 x 128 Touchscreens - Display type - Size
(WxDxH) 50 x 15.5 x 50mm Weight 80 Battery type - Lithium-Ion battery technology (Li-Ion) Rechargeable Batteries < Battery Life - Operating Temperature (T-T) -30 - 60 Below, you will find the most frequently asked questions about Suunto Ambit3. It is recommended to turn off the
Sports Watch at night, which ensures a longer battery life. No, there's no need for the internet to receive GPS. GPS stands for 'Global Positioning System'. GPS is a system that can be used globally to locate you by satellites. As an adult, it is recommended to exercise moderately intensively for at least 2.5 hours per week.
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PDF Waterproof up to 50 Protection features Water resistant Product colour White Housing material Aluminium, Silicone Heart rate-based calorie calculation - Stopwatch / Electronic Compass / Imperial Measurement System, Metric Languages support DEU, DUT, ENG, ESP, FIN, FRE, ITA, POR, SWE Built-in
Distance Meter / Heart Rate Data Transfer - Recommended Activity Cycling, Running, Swimming Show Resolution 12 8 x 128 Touchscreens - Display Type - Size (WxDxH) 50 x 15.5 x 50mm Weight 80 Batteries - Lithium-Ion Technology Batteries (Li-Ion) Rechargeable Batteries / Battery Life - Operating Temperature
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Language English Filetype PDF Waterproof up to 50 Protection features Water resistant Product colour White Housing material Aluminium, Silicone Heart rate-based calorie computation - Stopwatch / Electronic Compass / Imperial Measurement System, Metric Languages supports DEU, DUT, ENG, ESP, FIN, FRE,
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6417084186409, 6417084186416 Language English Filetype PDF Waterproof up to 50 Protection features Water resistant Product colour White Housing material Aluminium, Silicone Heart rate-based calorie computation - Stopwatch & Electronic Compass & Imperial Measurement System, Metric Languages supports
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6417084185907, 6417084185921, 6417084186409, 6417084186416 Language English Filetype PDF Waterproof up to 50 Protection features Water resistant Product colour White Housing material Aluminium, Silicone Heart rate-based calorie computation - Stopwatch 🗸 Electronic Compass 🗸 Imperial Measurement
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Imperial Measurement System, Metric Languages supports DEU, DUT, ENG, ESP, FIN, FRE, ITA, POR, SWE Built-in distance meter 
Heart rate data transfer - Recommended Cycling activity, Running, Swimming Display resolution 128 x 128 Touchscreen Type Of Display - Size (WxDxH) 50 x 15.5 x 50mm Weight
80 Battery Type - Lithium-Ion Battery Technology (Li-Ion) Rechargeable Batteries < Battery Life - Operating Temperature (T-T) -30 - 60 Below, you will find the most frequently asked questions about Suunto Ambit3. It is recommended to turn off the Sports Watch at night, which ensures a
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The resting heart rate of adults is from 60 to 100 beats per minute. As a rule of thumb for your maximum heart rate, you can use 220 minus your age. Isn't your guestion listed? Ask your guestions here Page 16 Suunto Brand Model Ambit3 Sports Products Watch EAN 45235909971, 45235909995, 45235910014,
45235910038, 6417084182678, 6417084182685, 6417084182685, 6417084182692, 6417084182708, 6417084182708, 6417084185877, 6417084185877, 6417084185907, 6417084185921, 6417084186409, 6417084186416 Language English Filetype PDF Waterproof up to 50
Protection features Water resistant Product colour White Housing material Aluminium, Silicone Heart rate-based calorie computation - Stopwatch & Electronic Compass & Imperial Measurement System, Metric Languages supports DEU, DUT, ENG, ESP, FIN, FRE, ITA, POR, SWE Built-in distance meter & Heart rate
data transfer - Recommended activity Cycling, Running, Swimming Display resolution 128 x 128 Touchscreen Application Type Display - Dimensions (WxDxH) 50 x 15.5 x 50mm Weight 80 Batteries - Lithium-Ion Battery Technology (Li-Ion) Rechargeable Batteries - Battery Life - Operating Temperature (T-T) -20 - 60
Storage Temperature (T-T) -30 - 60 Below, you'll find the most frequently asked questions about Suunto It is recommended to turn off the Sports Watch at night, which ensures a longer battery life. No, there's no need for the internet to receive GPS. GPS stands for 'Global Positioning System'. GPS is a system that can be
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As a rule of thumb for your questions here Page 18 Suunto Brand Model Ambit3 Sports Products Watch EAN 45235909971, 45235909995, 45235910014, 452English Language Filetype PDF Waterproof up to 50 Water Resistant Product Protection Features White Aluminium Housing Material, Silicone Heart Rate-Based Calorie Calculation - Stopwatch / Electronic Compass / Imperial Distance Measurement System, Support language figures DEU, DUT, ENG, ESP, FIN, FRE, ITA, POR, SWE Built-in distance meter / Heart rate data transfer - Recommended activity Cycling, Running, Swimming Display resolution 128 x 128 Touchscreen - Display type - Dimensions (WxDxH) 50 x 15.5 x 50mm Weight 80 Lithium-Ion technology (Li-Ion) Rechargeable battery / Battery life - Operating temperature (T-T) -20 - 60 Storage T-T) -30 - 60 Storage T-T) -30 - 60 Below, you will find the most frequently asked questioning System'. GPS is a system that can be used globally to locate you by satellites. 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