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Changes have been starting here for more than 30 years' we are launching the Raleigh expedition. You will help together find solutions to some of the world's problems. You will build memories and develop leadership and team skills to apply to your future career and personal life. It's a volunteer experience you'll never forget. The expedition is a unique blend of spectacular projects, personal discoveries and real adventures. The expedition brings together young people from all over the world to create change. Changes in the communities in which you work, changes in the environment in which you live, and changes in yourself. It's a volunteer experience you'll never forget. Live and work with local communities in Costa Rica, Nepal and Tanzania. Help together find solutions to some of the world's problems. Take on a new challenge and learn the skills that will stay with you for the rest of your life. Raleigh International is a sustainable development charity. Over the past 30 years, we have supported over 40,000 young people in our programs, and now you have a chance to become one of them. Just choose between volunteering in Nepal, Costa Rica and Tanzania and whether you want to volunteer for 4, 5, 7 or 10 weeks. Depending on which country you choose and how long you go, you could work on: a community project where you will live and work with the local population, giving them access to safe water and sanitation or health and educational institutions for an environmental project where you will help preserve the country's wildlife and natural environment, promoting sustainable living. An adventure project where you will take part in an adrenaline-fueled hike, hiking through incredible landscapes, learning about wildlife and meeting rural communities, and developing your leadership skills Who can get involved? We need volunteers between the ages of 17 and 24. If you are 16 years old, you can apply until you are 17 years old during the program. This is an international programme, so we welcome and encourage applications from all over the world. 25 - 75? Become a volunteer manager. We are looking for anyone between the ages of 25 and 75 will guide and support our expeditions. Why volunteer with Raleigh? We have more than 30 years of experience bringing together young people and communities to bring about long-term and meaningful change. Safety is at the heart of everything we do and all volunteers are fully trained. We are a charity, so the money you raise is returned to the programs and communities we work with. If you think you have what you need, you can apply now and find out more on our website. Tweet Our guidebook is packed with photos from the stunning countries in which we work, inspiring volunteer stories, and also gives you information about the impact and you could have on an expedition. © Copyright Raleigh 2020 Website Mind Digital Raleigh Amazing. Honestly, when I went on this 10-week expedition back in February 2018, I didn't expect to enjoy it as much as I did, while at the same time positively affecting the Nepalese community and the real changes with the projects we have done. I went on this program during my gap year, after work and fundraising during the first half of it. I felt welcome and part of the group from day one - it was so easy to make friends as most of the volunteers were also school vacationers, or had just left Uni, so we found that we all just clicked. I know how difficult it is to choose which volunteering program to continue. However, I would encourage you to consider Raleigh because it is different from the rest. Raleigh is a trusted company and on the expedition I really felt safe - the staff supported. I was able to get in touch from home and the whole program was very well organized. With the expedition I went on, I spent two stages (3 weeks each), working in the community and the middle phase (also 3 weeks) hiking in the Ruby Valley. In the community we stayed in a house-staying with the host family and another Raleigh volunteer who was such an amazing experience - it allowed us to fully immerse ourselves in Nepalese culture. On working days, our main project is digging a pipeline line and a water tank pit to replace one that was damaged by an earthquake in 2015. It was very hard work but enjoyable as a group and we always analyse after and scheduled activities during the evenings. My highlight was Trek - of course the scenery was beautiful, but not just that. Walking and camping for days on end gives you time to socialize and get to know everyone in your group. I am still in contact with many people I met on Raleigh Nepal. I would 100% recommend it, and if given a chance, I would do it again. Raleigh leads expeditions in Costa Rica, Nepal and Tanzania for individuals and groups of all ages, nationalities and backgrounds. These expeditions include volunteering in community and environmental projects, as well as carrying out complex adventure missions. All voluntary Raleigh expeditions are designed for complex, life-changing experiences. The more you put in, the more you get out of it! The roles of the expedition are usually 10 weeks with three stages - community, environment and adventure. However, for time-limited volunteers, they can opt for a 5 or 7 week expedition. After extensive research and analysis, Raleigh International (RI) has decided to discontinue operations in Borneo in October 2018. This decision was based on the fact that Malaysia is a country with a high human development index (HDI) - the highest of all countries, currently in which RI works. In the RI strategy for 2017-2020, they have committed to supporting young people in low- and middle-class HDI countries sustainable development in their countries, as well as increasing the influence of Raleigh and contributing to the Sustainable Development Goals (SDGs). Community projects enable venture groups to work with community members on projects that improve the quality of life of these communities. As a result of these partnerships, hundreds of schools have been built, bridges and water systems have been put into operation, medical and community centres have been built together with the medical examination of tens of thousands of people. Venture teams have been welcomed in thousands of communities around the world, increasing their confidence in working with people from different cultures and their understanding of global sustainability issues. Environmental projects enable venture groups to experience a unique environment from marine to desert to rainforest, working with protected area custodians, international environmental organizations and scientists to assist in global conservation efforts. Adventure projects provide physical challenges that test the resilience of venture capitalists as they pass through deserts, over mountain ranges, through rainforests, canoeing down rivers, through lakes and battling waves during coastal kayaking. Who can volunteer? For 17 to 24 year olds volunteer for their gap year as an alternative to travelling alone or climbing, or transferred through a host country partnership for 25-year-olds voluntarily while on a career break, vacation or enjoying retirement. When can I volunteer? There are usually three consumptions each year. These are spring, summer and autumn expeditions. Spring usually runs from February to April, and summer runs from June to August and finally autumn expeditions from October to December. The exact dates of each expedition can be found here. What are the costs? To embark on Raleigh's international expedition to Costa Rica and Nicaragua, Nepal or Tanzania, the 10 weeks of expedition 5000 U.S. 7 weeks expedition 4500 U.S. 5 weeks expedition 3600 DOLLARS 4 weeks expedition 3100 U.S. dollars For more information on prices and cost, click here. In Raleigh, we strongly recommend our potential venture capitalists to raise funds for their spending expedition because we are a charity and we believe that by taking a step forward in initiating a fundraising campaign, you will be able to understand the monetary value of support, hard work and commitment. You can also experience the opportunity to develop new skills in communication, public speaking, sponsorship networks and more! While worrying no, you won't be alone in this, as KL's Raleigh will promote and guide you at every stage of your fundraising journey. For more information on how to raise funds, click here to read on our and click here to read on the stories of our venture about their expedition and their fundraising For individuals 25 and older, you can read information about being a volunteer manager here. For more information about the expedition, please click here to read on our frequently asked questions. Finally, for potential venture capitalists who may be interested or just curious in our expeditions, feel free to put us on a message here. The expedition is one of four programs put up by the youth development charity, Raleigh International. We believe that young people around the world can change the world. In this way, we give young people (aged 17-24) the skills, experience and connections to be leaders of change. The program engages students to create long-term change through practical projects that help address environmental issues, access to education for all and reduce poverty. Our volunteers develop, find their people and participate in the issues that concern them. Raleigh Expedition is one of the first British programs accredited by the Gap Year (GYA) Association and recognized by TeenLife as the 15 most popular Gap programs in 2020. The changes begin here to live and work together with local communities in Costa Rica, Nepal and Tanzania. Help together find solutions to some of the world's problems. Take on new challenges and learn the skills that will stay with you for the rest of your life. Our projects take place three times a year in three countries around the world and last 4, 5, 7 or 10 weeks - so you can choose the one that fits into your plans. You can work in Costa Rica, Nepal or Tanzania - this is an opportunity to explore some of the most impressive and remote places on earth! During the expedition, students typically participate in three different phases of the project: Project Communities Imagine a World where everyone has access to clean water, sanitation and basic hygiene services. Where everyone, even the most marginalized, has access to education. You can play your part in making it a reality. Live and work together with the locals to help improve and change your life. To stimulate change where it is most needed by improving access to water and sanitation or education in rural communities. Working with schools and communities to change behaviour and raise awareness of issues such as hand washing and hygiene. Environmental Project We should not tell you that the world is facing unprecedented environmental challenges. Our environmental projects are taking small steps towards long-term impact. Live and work in some of the most biodiverse places in the world. Take an active part in protecting natural resources and vulnerable environmental conditions by working in national parks or on projects Help create local knowledge to help people adapt to climate change and support rural resources. Adventure Leadership Trek Challenge itself and discover incredible scenery on a stunning Adventure Leadership hike. Develop your leadership skills and learn to learn strength of team effort. Go back to basics and become self-sufficient. Your hike will be an experience that brings you along with other volunteers and one that you will never forget. To give you peace of mind ... In Raleigh we have more than 37 years of experience working with young people, and our history of volunteering goes back to members of the British royal family. We have a permanent trained staff in every country in which we work, so you can access support 24 hours a day while you are abroad. Interested? We love to chat about our expeditions, so feel free to give us a call at 1 833-660-9738, click on the browsing website, or submit a request information form! 10 week expedition: \$5,000 7 week expedition: \$4,500 5 week expedition: \$3,600 4 week Expeditions: \$3,100 In country training, airport transfers, project equipment,

health insurance, food and accommodation all included. Rolling reception with autumn, spring and summer departures. Latin America - Gap Year Program We believe that young people around the world can change the world. In this way, we give young people the skills, experience and connections to be leaders of change. .... (more) Africa - Gap Year Program We believe that young people around the world can change the world. In this way, we give young people the skills, experience and connections to be leaders of change. .... (more) You have to log in to view this program! Join or enter. Brilliant experience! I had the best 7 weeks of my life in Tanzania in the summer of 2016 with Raleigh! My first stage was a hike which was challenging but incredibly rewarding. I got leadership and teamwork skills, made great friendships and the scenery was beautiful. I was then part of the SWASH project (School of Water, Sanitation and Hygiene). This included living with a host family in a small village and working at a local primary school. I helped build health districts for female students, and I was involved in raising awareness of hygiene improvements for both students and other members of the community. It was so complete to be able to make a difference and learn about Tanzanian culture. I would definitely recommend The Raleigh Expedition to anyone interested! Interested!

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