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Medical college of wisconsin plastic surgery

The homemade housewife transformed into a magical hour into a drop-dead beauty queen and in contrast, into a Miss America-style pageant, against a whole host of other made-over beauties - it's an unhealthy, trivial twist on a very serious subject, plastic surgeons warn. With their frivolous treatment of the subject, some TV shows may miss the point of plastic surgery, says Patrick Hudson, MD. The Albuquerque, N.M., plastic surgeon favors makeover programs that make self-satisfaction - not one-upping other contestants after surgery - the ultimate prize. Hudson fears that some shows also create unrealistic expectations of the potential of plastic surgery, and underestimate the risks of procedures and recovery times. It's important to present the true face of plastic surgery, Hudson says, because undealized hopes, as well as successful surgical results, can be the difference between a patient happy with life after surgery and one who is very disappointed. While cosmetic plastic surgery is perfect for improving a defective part of the body - and providing a bonus self-esteem boost for some - it's not primrose route to a beautiful existence, plastic surgeons say about their medical art form. It's true that plastic surgery can profoundly affect the way people think and relate to the world around them, says Hudson. But it's real surgery, not like cutting your hair. Most cosmetic surgery patients - about 90 percent, according to a recent study - are well satisfied with their new look. Among them: Jill (who asked not to use her last name) who had her breasts upsized from a 34A to a fuller, B cup. I just wanted some breast tissue, says event organizer Albuquerque, who longed to return to the modest buxom body she enjoyed in her breastfeeding days. It wasn't about vanity or suddenly having double-D breasts, but about feeling more feminine in a swimsuit or, of all things, pajamas. By helping people take pride in their appearance, cosmetic surgery can enhance their daily outlook on life. The heart growths, in particular, can be linked to the soul, Hudson says, and can produce the most dramatic changes in people's lives. Many of his patients have returned to school after surgery to pursue their college degree or GED. Jill got her hope-for enhancing body image - whether wearing a business suit, bumming around with friends in a T-shirt and jeans, or wearing the once dreaded swimsuit on the beach, the new look made me feel better about myself, says the 34-year-old mother of one. Jill's advertising Valentine's Day upgrade came at a time when her seven-year marriage was flailing. But, Jill explains, the cosmetic function wasn't about 'suddenly I'll be more sexually sexual to my husband. He doesn't do all that. An aesthetic change is not a beeline to a better sex life, confirms plastic surgeon Hudson, and should not be seen, either, as a straight path to a carefree attitude. Four more things plastic surgery can't do for you, say doctors who want to put things in place: Dig you out of emotional turmoil. An emotional or stress-plagued period is the worst time to undergo an aesthetic function, and if you're prone to mood swings or drug or alcohol abuse, don't consider cosmetic surgery. For many patients - Jill among them - plastic surgery can bring its own psychological challenges, tied to physical rehabilitation. Many people have this surgery and can appear back at work in three days, Jill says. I had severe pain that painkillers didn't help. I realized that I was trying to numb psychological pain from where I was in my life and marriage, not just physical pain from surgery. Replace your face with a sexy celebrity's favorite. Your facial features and bone structures are unique to you, so don't get carried away by unrealistic ambitions to get George Clooney's face or Halle Berry's physique. Fix a relationship by thanking a partner. Plastic surgery is for patients - making them feel better about themselves - and it's a bad bet to salvage a relationship on the rocks. For Jill, the surgery was actually followed within a year of the break-up of her marriage - not that the change in her appearance eroded the relationship between her and her husband. Jill explains: She gave me the self-esteem to end a marriage that had to end. And, she adds, it changed my relationships with men, giving me more confidence in dating. Change your appearance with zero risk. Only on TV-earth is plastic surgery presto-chango - from ugly duckling to dazzling swan. Those considering surgery should ask about the risks and anticipate a potentially difficult time during recovery, depending on the procedure. They can reduce their risks by choosing an experienced, board-certified doctor. It's dangerous, says Hudson, when the plastic surgeon's office is seen as a nothing-to-lose, one-stop shop for buying a perfect look. Although the risk-reward comparison ultimately falls on the patient's discretion, a responsible surgeon will try to rein in unrealistic expectations. Plastic surgeons don't work at all come through their door, or they shouldn't, says Hudson. We became guardians of reality in an unreal world of distorted expectations. In late March, a New York gallery called Apexart launched an exhibition called I'm Art, consisting of before and after photos and videos of people who have undergone reconstructive and elective plastic surgery (as the eyelid surgeries shown above) aimed at showing the surgeon as an artist dealing with the thinnest canvas. Correction of the palate fissure and voluntary voluntary the work demonstrations are exciting-but the star of a speech at the stage last night was vaginal rejuvenation. Virginia Braun, a professor of psychology at the University of Auckland in New Zealand and a visiting scholar in socio-medical sciences at Columbia University, talked about marketing the idea that there is a type of good vagina, and the conundrum of Western women choosing genital surgery in a world where female genital mutilation occurs. Statistics that might please her: The American Society of Aesthetic Plastic Surgery recently released the 2008 numbers, and vaginal rejuvenation was down 22.4 percent from 2007.1 Am Art exhibit will be on top by May 9. If you have the stomach for TLC medical shows (some of the videos get a little graphic), it's worth checking out if you're in New York. A recent press release sent by a team of British plastic surgeons said that 20 per cent of plastic surgery patients (men and women) refer to psychologists due to unrealistic expectations, and can be rejected by their doctors because of psychological problems. This got us thinking though-is there anyone who goes into body-changing surgery who doesn't have underlying self-confidence or psychological issues? To, say, thin under your nose with rhinoplasty, if you could argue that it's an act of self-loathing, related to those dark days of high school, when some average girl called Schnoz. Then again, even well-adjusted people have some bands for the way they look. So could tweaking your appearance with a function or two actually be an act of self-confidence, a claim that you value yourself enough to think that you can be much more beautiful with a surgical procedure? What do you think? RELATED LINKS . Daily Beauty Reporter: Will you sign up for frequent flying implants?. Daily Beauty Reporter: Breast Surgery News (and a procedure you definitely don't want); Daily Beauty Reporter: The New Plastic Surgery Story: Stars Who Say No; Daily Beauty Reporter: Does this breast surgery trend go too far? In the age of selfies, more teenagers are seeking plastic surgery. Some parents wonder if these cosmetic procedures are wise. Shares on PinterestExperts say some plastic surgeries can improve a teenager's self-confidence. Getty ImagesJuli* started thinking about plastic surgery for her son shortly after his birth. He had a condition called Stahl's ear, which essentially his ear to look folded up and deformed. When he was 7, his family decided he should have surgery to fix the problem. A doctor had told them the best time to have this type of corrective surgery was between the ages of 5 and 9. We had gotten within a year of my husband's retirement from the Army and I knew Tricare would cover the full cost, Juli explained. The timing was right. The one drawback? Julie's son never had one. Never. expressed a desire to fix his ears. The same was not true of Gena*, who, at the age of 15, really wanted the nose job her parents allowed her to get. My sister had her nose in the tab at 17,' she told Healthline. I think plastic surgery really improves self-confidence is a matter of opinion. The American Medical Association Journal of Ethics reported in 2005 that studies showed a similar increase in body-image satisfaction with and without cosmetic surgery, suggesting self-confidence improves with time independently. But with more than 229,000 teenagers between the ages of 13 and 19 having cosmetic surgeries in 2017, it seems that for many families, surgery is becoming a more viable option - with some even presenting the opportunity for a change as a graduation gift. Dr. Manish Shah of Shah Cosmetic Surgery in Denver, Colorado, recently took the time to discuss this phenomenon with Healthline. I think plastic surgery is becoming more and more popular for teenagers because there is an increase in bullying in the cyber years,' she explained. Teenagers take a huge number of selfies, and there is more acceptance in society for plastic surgery. Most professionals say there is a difference between the type of surgery. Her son Juli received to correct a congenital abnormality, while Gena underwent cosmetic surgery. Plastic surgery may involve reconstructing a part of the body to correct certain types of defects, such as scars, slit lips, ear deformities and other things such as scars from burns or animal bites, Elaine Ducharme, PhD, a board-certified clinical psychologist, explained. When it comes to more cosmetic procedures, said Healthline. Another type of surgery, generally referred to as cosmetics, is done to make a person feel more satisfied with the body and appearance This type of surgery includes breast implants, tummy tuck, rhinoplasty and more. Ducharme also notes the lines between reconstructive and cosmetic surgery can sometimes be blurred. Some would suggest that rhinoplasty is also reconstructive and actually can improve breathing, but it also feels more like a deformity in a teenager and could be the source Said. And for some people, even reconstructive surgeries can seem cosmetic in nature. Juli had a friend who opposed plastic surgery for cosmetic reasons. He said the friend was no different than getting the kids braces. If this was something that could be fixed, and wanted to be fixed, then we were willing to do it, he said. I don't know. Because they might be teasing him. Because I noticed it more and more as it got older, others did it as well, because first impressions matter. There are several reasons. Juli explained that she pushes her children to be the best versions of themselves. I feel this involves giving my children the choice of braces or Lasik or plastic surgery for birth defects or injuries if we have the means to do it,' she said. Two of my children also had their tonsils out. Do we support the medical necessity of this? In his practice, Shah says that the most common procedures that teenagers see looking for are rhinoplasty, ear pinning (otoplasty), breast reduction, and skin care procedures to help with acne and acne scare. Any procedure that does not affect body growth could be considered safe, he explained. But when it comes to the vast majority of cosmetic procedures that adults undergo, he says many are not suitable for children and adolescents. Most procedures require a level of maturity and a full understanding of the risks and benefits involved, he said. The American Society of Plastic Surgeons agrees, setting out specific guidelines for the types of surgeries adolescents could consider. But how should a parent react if their child comes to them asking for plastic surgery? It's important for parents to listen to their child's concerns, said Ducharme. If a teenager says they want something and a parent just says 'no,' they miss the chance to find out what's really going on. He suggests parents use questions to engage their teens in a meaningful discussion of what it is they really want. When adults have plastic surgery, they often look for a way to observe more. Ducharme said. Children and adolescents generally try to fit in and look more like their peers. Once you have a better understanding of what your teen hopes to achieve, you can determine the best course of action, whether that's therapy to manage unrealistic body expectations or visit with a doctor to determine what might be realistic. I think that treatment is indicated whenever the parent, or doctor, believes that the has unrealistic expectations or has other [psychological] issues that need to be addressed, he said. It also points out that, in general, cosmetic surgery is not going to change a person's life. Children's brains, their frontal lobes (responsible for reasoning and judgment), have not fully developed until the early 20s, he explained. It's important that a person understands why they are doing something that will change their physical appearance, what results they expect and what the possible consequences are. Ducharme wants to make sure parents help children fully understand the risks of surgery. Many teenagers believe they can undergo surgery and will immediately look and feel better and life will be great,' she said. They have no understanding that surgery is a risky operation. He explained that these risks may be related to anesthesia and the fact that wounds take time to heal - often involving initial bruises that can be difficult for a teenager to accept. There can be a lot of pain and discomfort, he said. Cosmetic surgery can also be expensive and is rarely covered by insurance. Television makes everything look shiny, Duharme noted. Children need to know that what can make them feel a little different now may be the very thing that makes them stand out in a positive way in the future. Her hope is that plastic surgeons do a lot of sorting when it comes to cosmetic surgery, regardless of whether people are young or old. Shah recognizes how important it is to consider the pros and cons. The benefits of surgery should outweigh the risks,' he said. The surgery is permanent. You never want to risk the buyer's remorse for you and your teenager. He says that before any surgery, teens really need to be mature enough to really understand the magnitude of the risk involved with surgery and anesthesia. This must be balanced with the stress that the teenager feels when they look in the mirror. Juli was initially worried about being the one who would mention the idea of surgery to her son before he had considered it himself. But once the idea was presented to him, he was excited about the prospect and shared with his classmates that his ears didn't match and he was going to get them fixed and he would be out a couple of days. Today, he says he's happy with the result. We didn't have any drawbacks. My son remained happy about it all the time, and still is, she said. While surgery on Stahl's ear is recommended at younger ages, Shah says that in general, if the teen can wait until he is over 18 years old, this is always ideal. But it also takes what drives teenagers to push for surgery earlier today. The times in which adolescents live today are much more stressful and complex than in teenage years. She explained that with the pressures of social media, it's important for parents to help their teens navigate questions about plastic surgery when they come up. Consulting with board-certified plastic surgeons is the best way to clean up any confusion and be able to help a teenager make the right decision about plastic surgery, he said.* Full name withheld for privacy

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