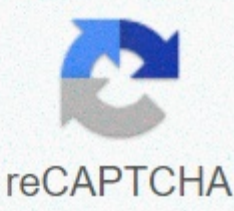




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## Have a new husband by friday pdf

Now Playing: Have a New Man By Friday with Dr. Kevin Leman There is not a woman on this earth who has not wanted, at some point, to trade in her husband for a new one. Do you have a new man by Friday? Is it possible? To tell you the truth, it's a scam. You can get a new man by Wednesday if you do it right. Even better, there is no need to trade your husband in for a newer model; All he needs is a little tune-up. You can change your husband's attitude, behavior and communication in just 5 days. I wonder why your husband never notices things you do, why you struggle to communicate with each other, or what happened to the man you married. Healthy boys really want to please their wives. Learn more about your guy. Let him be the guy. Nagging, quarrels and manipulation can work temporarily, but cause resentment and prolonged injury. Be brave and change your behavior. Within days, your relationship with your husband will improve. Important ideas ... Improve your unhappy marriage by accepting that your husband is not your girlfriend. Understand that he thinks differently from you, and realizes that while you two are the same, you are not the same. Learn about and accept his strengths. Let them flourish in your relationship. Expect to see attitude, behavior and communication changes in your spouse. Action step... Dr. Leman will give a five-day plan to get a new man by Friday. MONDAY: Studies show that there are differences between the male and female brains. Men and women behave, feel, think, verbalize and react differently. Men are sexually aroused by appearance; woman normally prefers interaction. Women expect detailed conversations. A man can have only one good friend, while women tend to have several. These differences can make a woman think that her husband won't be a good husband, but it may be that he just doesn't know how. TUESDAY: Boys are often tough, competitive and goofy. Try to understand that your husband still has that boy in him. His relationship with his mother still affects him today. Did she give acceptance, belonging and camaraderie? How did his father treat his mother? These dynamics affect a man's expectations in marriage. Remember that your husband still wants acceptance, belonging and camaraderie. Talk so that he listens: Talk when the timing is right. Be sure to have his attention. (Touching him is helpful.) Don't share all the details (as you might with a girlfriend). Give him the facts. And give him time to reflect; do not expect an immediate response. Speak directly and respectfully. Ask him to do things in a way that He will want to do them. Be specific (what, time and why). Ask him and then go. Do not resort to hinting, nagging or complaining. If he does not, the reality of an undisclosed orc will be judged. If man prefers a list, makes it short. Show your gratitude for what he achieves. Realize that your husband sometimes says stupid things. Resist giving the look when he says something that seems thoughtless or disconnected. Ask him to tell you more. You may find that there is more to what he says. THURSDAY Your husband needs to know that he is understood, respected and necessary. 1. Marital gratification means sexual gratification for most men. For most women, it doesn't. 2. For men, sex is like the big problem solver, it is a pressure release. 3. Making love to your husband has the power to heal the differences you may have. The intimacy he feels convinces him that he is loved. Improve the relationship using the 5 languages of love: words of confirmation, quality time, gifts, acts of service, and physical touch. FRIDAY: Marriage is hard work, but it's worth the effort. 1. Put your husband first. This makes him feel wanted, respected and fulfilled. His natural response will be to do the same for you. 2. A smart woman allows her husband to lead. Instead of asking What's that for me? she asks the question: Will I live happily ever after? If so, she lets her husband lead, love and serve her. In return, she will generally discover that her husband will turn out to be a good husband. To let your husband lead is simply to allow him to be the man. That doesn't mean you choose to be submissive. Submission in marriage is mutual. Quotable... Do you really want to be the same as your husband? Or do you want a guy who wants to see you as his equal partner in life—not the same as him, but appreciated because of how your differences work so well and excitingly together? Pg 30 Men are different and we like to be different. Pg 33 Some women treat their husbands as a third or fourth child, and complain when they behave like one. Pg 182 When I walked down the flower-strewn aisle, my lifelong job was to understand Sandra. To love her as she pleases and needs to be loved. Likewise, when you said, 'I do it', your job was to please, respect and honor your husband. Not an easy job, but it's easy. And the rewards are simply incredible. PG 183 THE TOP TEN COUNTDOWN TO HAVING A NEW HUSBAND BY FRIDAY (PG 203) 10. Respect what he says. 9. Tell him how important he is. 8. Tell him how much you need him. 7. Pursue him. 6. Do not correct him or make fun of him. Don't miss past owls. 5. Don't talk down to him. He's your husband, not your child. 4. Touch him physically. One loved one can last a long time and will really get his attention. 3. Say nice things about him and to him. 2. Eliminate the words why, never, and always from your vocabulary. (When you speak in extremes, you stop honest communication cold.) 1. Think about what to do say and share the amount of words with ten. Miscellaneous... Leman wants women to realize some general realities of divorce: 1. It is important to be aware of the long-term effects divorce will have on you and your children. 2. Divorce has a high emotional, relational and financial cost. 3. Prepare for your future by understanding your divorce laws, your finances, child protection options and where to live. 4. Have a plan for employment or further education. If you are in a dangerous and violent relationship you need to leave. You need an escape plan so you can get out and stay out. Don't go to a nearby friend's house. If possible, find a women's home. Seek legal advice and accuse the authorities. How this has changed my marriage. The 5 languages of labor of love! I have found that it is rewarding to combine two or more of them. Giving my husband a cup of hot chocolate with a kind comment are small gestures that make him feel appreciated. Now that we're both retired, it would be easy just to follow an uninspired daily routine. To keep things interesting, I have decided to do several things that my spouse will appreciate. Recently my husband was disappointed to see that some of his favorite workwear was quite shabby. My first thought was: Let's act! Instead, I patched old jeans, repaired a sweater and replaced the missing buttons. My husband liked his new clothes. Dr. Leman's discussion of male and female differences encouraged me to consider how my husband and I manage housework. I realized he's doing a lot more work than I do! He does all the gardening and house repairs. It occurred to me that he could be overworked and not enjoying his pension. We discussed my concerns, and I learned that he likes to work hard. I now show more gratitude for all his hard work and try to assist on some of his projects. A new man by Friday urged us to discuss topics we haven't considered in a long time. Book Information: Book Title | Have a New Man By Friday: How to Change His Attitude, Behavior and Communication in 5 Days Author | Dr. Kevin Leman Year of Publication | Publisher for 2009 | Revell a division of Baker Publishing Group Pages | 220 Related Topics: Book Review BookBridges BookBridges BookBridges, International exists to provide global access to and awareness of valuable parent and family resources. Although many good parental resources are available in English, many countries are significantly limited in their access to such resources in their native languages. The BookBridge... More from this author Published September 18, 2018 cv20dfrt5octb196nmhju5947 - Read and download Dr. Kevin Leman's book Have a New Husband by Friday: How to change their attitude, behavior and communication in 5 days in PDF, EPub, Mobi, Kindle online. Free Book Have a New Husband By Friday: How His attitude, behavior and communication in 5 days by Dr. Kevin Leman.Have a New Husband by Friday: How to Change His Attitude, Behavior and Communication in 5 Daysby Dr. Kevin LemanSynopsis: Do you have a new husband by Friday? Is it possible? Dr. Kevin Leman says it is. The New York Times best-selling author and self-help guru shows even the most frustrated wife how she can have a new husband by Friday. Leman reminds every wife that if what she does to get better behavior out of her husband doesn't work now, it will never. So it's time for a change. That means it's time to change their own patterns of behavior. Here's how Leman suggests she handle it from day to day:Monday: Secrets Revealed: Cracking the Male Code Yes, you're different species, but you can work together in harmony. Tuesday: Creatures from another planet. . . or creatures of habit? To understand men, you need to trace them to their cave. Wednesday: Think about what you want to say, so share it with ten How to talk so that your guy will really listen . . . and listen so that your guy really wants to talk. Thursday: Think of him as a seal waiting for a three-pound fish Why making love to your husband is a key to who he is and how

happy he will be and what's in it for you. Friday: It takes a real woman to make a man feel like a real man How to open your husband's heart, revolutionize your love life, and make him the knight you've always dreamed of. Av.

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