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HORSHAM & NEWTON

# ST.FAITHS JOURNAL

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Issue No. 288

***PUBLISHED BY***

**St.FAITHS**  
**CENTRE**  
HORSHAM & NEWTON

October / November 2020

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<b>MISS L THOMPSON</b>	<b>07503 172901</b>
<b>Mr K RODGERS</b>	<b>01603 387268</b>

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### **HALL BOOKINGS AND**

<b><u>MULTI-PURPOSE ROOM:</u></b>	<b>JAMES MATTHEWSON</b>	<b>Tel: 897183</b>
	<b>AFTER 6.00 P.M. PLEASE</b>	
<b><u>BADMINTON BOOKINGS:</u></b>	<b>DETAILS AT CENTRE</b>	
<b><u>SNOOKER BOOKINGS:</u></b>	<b>DETAILS AT CENTRE</b>	
<b><u>SWIMMING BOOKINGS:</u></b>	<b>CENTRE/WEDNESDAY 7.00 - 8.00 P.M.</b>	
<b><u>MEMBERSHIP:</u></b>	<b>DELLA MATTHEWSON</b>	<b>Tel: 897183</b>
<b><u>EDITED BY:</u></b>	<b>CHRISTINE QUINTON</b>	<b>Tel: 898120</b>

\*\*\*\*\*

### **USEFUL TELEPHONE NUMBERS**

<b>ST FAITHS SURGERY (General Enquiries)</b>	<b>Tel: 898235</b>
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**JOURNAL E-MAIL: [sfjournalmail@gmail.com](mailto:sfjournalmail@gmail.com)**

***JOURNAL ORIGINATED BY MARGARET RIVERS  
CENTRE CHAIRMAN 1978 TO DECEMBER 2000 COLIN QUINTON***



At present regrettably we are unable to hold Music Nights or Quiz Evenings in the Lounge Bar due to the need for social distancing.

However, the bar itself is open on a limited basis  
(Please see Page 54)

We have been able to offer the following facilities from 10.00 am until 9.00 pm ensuring that the Centre can be locked at 10.00 pm

### **SPORTS HALL**

Badminton can be booked in the usual manner on the booking sheet in the hall

### **SNOOKER ROOM**

Only one table is available to allow for social distancing and this can be booked using the diary in that room

### **TOKENS**

These are available in the bar as usual but payment is now by contactless/debit card

If you require a large amount please contact Della Matthewson on 01603 897183

## SWIMMING POOL

Any new swimmers need to see Bruce initially at the Centre on a Wednesday evening between 7.00 pm and 8.00 pm so he can explain the rules, make your booking and take payment

In accordance with Government guidelines it is not possible to use the Sauna at present

Should you have any queries regarding making a booking Bruce can be contacted on [bruce@flickers.org.uk](mailto:bruce@flickers.org.uk) or TEXTS ONLY on 07732 227124

\* \* \*

Our Changing Rooms and Margaret's Room have been locked to avoid unnecessary use and to ensure they remain clean and sanitised

All footballers are expected to arrive and leave in their kit in accordance with the Government guidelines

\* \* \*

Our Annual General Meeting has of necessity been postponed until further notice

**PLEASE NOTE NEXT JOURNAL COPYDATE**

**FRIDAY 20th NOVEMBER**

**for December/January Issue**

We would remind you that we have a lovely woodland walk open to all and we hope that you will take advantage of this even if you haven't got a dog.

Do please however use the dog and litter bins provided to save our volunteers the task of having to clear up after you.  
We would also remind you that the playing field and pitch is not to be used to exercise your dogs



## **PRICE INCREASES - REMINDER**

It has been necessary to review our hire prices mainly as a result of increased utility charges, insurance costs and the fact that the Centre is now beginning to show its age so maintenance has become costlier and more frequent.

A summary of the new charges is below:

### **Function Room**

Daily Rate £200 including one Bar Staff and Kitchen

Hourly Rate £18 plus cost of bar staff if required

### **Multi-Purpose Room**

Hourly Rate £10 (Minimum payment £30)

### **Swim Pool**

Hourly Rate £12

### **Tokens**

£4.00

Margaret's Room remains free of charge to village organisations and clubs who use the Centre but please remember to book your session in the diary provided in that room



## **ST FAITHS PARISH CHURCH** **OF ST MARY AND ST ANDREW**

**The Church of England and the Methodist Church**  
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It seems a long, long time since I wrote my previous letter for the journal, and who would have thought then that we would have faced the year we've experienced – and it isn't over yet! I hope that you have managed to find some measure of joy and relaxation over the last months. I do know, however, that for many people lockdown produced some really low moments and much sadness. I hear horrendous stories from friends all over the country, as well as in other countries, about their experiences, and I have to say, that in this relatively safe and quiet corner of our world, we have been extremely fortunate in so many ways.

It was hard for us, as a church community, not to be able to celebrate Easter together in church. It was really strange not being able to hold regular Sunday services in church or even meet together, but I continued to celebrate Holy Communion on my own, early each Sunday morning, and to remember everyone in prayer. It felt quite special and I am missing that now, in some ways – although it's lovely to be back in church together.

Church services, as we know them, are quite different now: we sit apart, observing social distancing rules, we are not permitted to sing yet, so the organ plays alone, we are wearing face coverings, we are sanitising our hands, we don't share the chalice (cup of wine) during Communion, and we cannot stand around chatting over a cup of coffee after the service, and so on. All of that is hard, but at least we can worship God together. Thankfully we were able to re-open our church at the beginning of August. We are currently only opening on Sunday mornings, to avoid taking advantage of those who willingly volunteer to clean the church. We would also have to provide stewards etc if the church were open at other times.



When the government told us we could re-open, the diocese advised that we only open one church in each grouping. Sadly, Spixworth has suffered ceiling damage, with falling plaster and more cracks appearing, so we are unable to meet there. (We are awaiting quotes for building works now!) Consequently, the church we opened was at St Faiths, and at a time somewhere between the two church schedules; so we are meeting at 10am each Sunday. So far, we have had about the right number of people attending (safely) and haven't had to turn anyone away. Obviously, we are coming into the season where we would expect to see more people (Remembrance, Advent & Christmas), so things might get difficult. As yet, we don't know what shape any of things might take. I do know that we won't be able to hold our usual Remembrance Sunday parade Service, or any Carol Services, but I am due to attend a couple of webinars over the next few weeks, so will know more after that. Please keep an eye on the church notice board and/or the village Facebook page and we will try to keep you up to date.

My guess at this time is, as long as we don't go into lockdown again, that Christmas Communion, at Midnight Christmas Eve and on Christmas Day, will need to be pre-booked, and if that means extra services, then so be it. I don't want to have to tell anyone they cannot come. The most important thing is that we continue to keep everyone as safe as we possibly can.

Please don't hesitate to get in touch if you have further questions or concerns and I will do my best to answer them. Obviously, things change almost daily, so nothing is guaranteed, but we will look forward to celebrating Christmas together somehow.

Meanwhile, look after yourself and each other.

With my prayers and good wishes

Rosemary Maskell



## **HORSHAM & NEWTON ST FAITHS PARISH COUNCIL**

<b>Chairman</b>	<b>Mr Rodney Cushing</b>	<b>Tel:07850 756490</b>
<b>Vice Chairman</b>	<b>Mrs Melanie Rodgers</b>	<b>Tel:01603 893512</b>
<b>Clerk</b>	<b>Mr Jim Graves</b>	<b>Tel:01603 898621</b>
	<b>e-mail: <a href="mailto:parishcouncil@jimgravesltd.co.uk">parishcouncil@jimgravesltd.co.uk</a></b>	

Since the last edition of the Journal, the Government, the National Association of Local Councils and the Society of Local Council Clerks have all recommended that Parish Councils do not meet in public.

Consequently the Council decided to conduct any necessary business via Zoom.

The agendas are published on the website together with the log in details for any members of the public who wish to attend “virtually”. There has only been one meeting since the March lockdown but as the situation looks set to continue the meetings will be held via Zoom on the normal evenings i.e. the third Monday at 7.30 p.m.

The annual accounts are currently with the auditors and will be published when they are returned. The Council decided to re-open the play areas at Newton and Horsham Parks but notices have been placed to warn users that these areas are unsupervised and without a cleaning regime so that they must observe government guidelines at all times.

The Council have commissioned a survey of all the street lights which, once completed, will enable them to consider conversion to up to date LED lanterns which will make a considerable saving on running costs and maintenance.

All allotments are currently let. Please let the Clerk know if you wish to be added to the waiting list.

Your current Council is :-

Rodney Cushing (Chairman)  
Melanie Rodgers (Vice-Chair)  
Barry Coe  
James Matthewson  
Malcolm McDonnell  
Rachel Scarff  
Raymond Wilks  
Raymond Browne  
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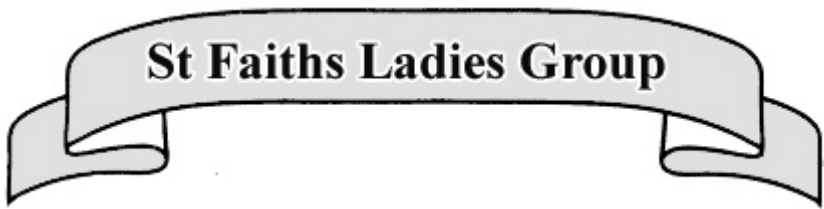
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## MEMBERSHIP RENEWAL FOR 2021

As usual we shall start taking membership renewals mid November and the date Della will be at the Centre will be published in the next journal.

Renewal for existing members will be reduced by 50% this year to compensate for the time you were unable to use the Centre. Costs therefore will be £6 for Adults and £3 for junior members. New members will remain at £12 and £6 respectively with the usual joining fee of £5 for Adults and £2.50 for juniors (16 & 17 year olds).

Remember – Don't let your membership lapse or you will end up paying the full new member rate.



Meetings are normally held in the Mission Room on the third Thursday in each month at 7.45 p.m.

This is a friendly, sociable group and new members are always welcome

Mary Hewitt on 01603 867140 can answer any queries you may have.

**All meetings are CANCELLED until further notice**

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## **CENTRE WEBSITE**

**sfcentre.co.uk**

(Same name but completely NEW)

In an attempt to avoid going stir crazy in the early days of Coronavirus I decided we needed a way to get the message out and as our website was in serious need of a makeover I thought I would occupy my time learning how to build one.

At first I wondered if I had done a wise thing but after a few tantrums and a lot of help from the team at site123, it began to take shape and is now reasonably easy to edit and add to.

I aim to keep it up to date especially in these changing times so it is the place to go to find out what we do and when, and hopefully details of when things will be getting back to normal.. I think I have contacted all the clubs but if I have missed you out and you would like a mention please contact me by email at [daverivers55@gmail.com](mailto:daverivers55@gmail.com).

If your club needs their bit altering at any time again let me know. Alterations are very quick and easy to do. (I wouldn't have said that 2 months ago).

The "What's on" page tells you what activities and functions we are having, and there are places where you can see the cost of hiring the various room with an application form for you to download. If you are not already a member of the Centre go to the "Membership page" for details and application forms.

Take a look at [www.sfcentre.co.uk](http://www.sfcentre.co.uk) and please let me know if you see any mistakes.

If you can think of anything that would improve the site please let me know. I am still learning but am game to try anything.

David Rivers

# ST FAITHS OVER 65 CLUB

**Meetings are held on the 2nd and 4th Wednesday in the month at the Mission Room and start at 2.00 p.m.**

Our meeting took place as usual in February but due to the Covid 19 restrictions there have not been any since.

All outings had to be cancelled as well due to the many restrictions.

We very sadly lost one of our members

## **JANET SMITH**

She was a very valued member of our Club who was always smiling and very willing to help others. She will be sorely missed and our thoughts and prayers go to her family and many friends as they all come to terms with her passing,

We often have spare seats on the coach for our Club outings  
If you wish to join us on any of these when they resume do please ring  
Glenis Chapman on 01603 891115

There is a waiting list of people wanting to join the Club so if you wish to have your name added please ring Val Purdy on 01603 897299.

**Glenis will contact members when Club meetings can resume**



**St Faiths Good Neighbour Scheme (SFGNS)**  
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Call us on 0750 696 7280

Dear Neighbours

like you we have all been struggling these last few months.

Most of our work for the villages used to comprise taking neighbours to and from medical appointments in our own cars. We made a decision early in the proceedings that we could not risk us either giving other people this illness nor indeed getting the illness from other people especially as many of us for one reason or another were designated as high risk and shielding. For the same reason we have ruled out undertaking tasks that required entering people's homes.

We continue to try to do the other things that do not require close proximity such as collecting prescriptions or doing a bit of shopping.

Our telephone is still manned and if you think we can help please give us a call.

The number is

**0750 696 7280**

Hoping you all stay healthy and can keep smiling.



# Horsford Heroes

Hello Readers

Well, the Club report that we were submitting for the Journal has drastically changed with the arrival of the Corona Virus which has brought all bowls from Friendly Club Level to Norfolk County to a grinding halt, as it has for virtually every gathering and event in the country.

We only had the remainder of March going into April to play the few remaining League matches. The seven months since September have flown by and we were doing well in the City League, to date 2nd in the League Table, plus we were through to the next round of the City Shield having beaten 1st Bus.

The league tables for both the South Norfolk and Bure League show us sitting in 4th place.

We still had some of our own in house competitions to play these being the Anniversary Triples and the Pairs competition. The Club Singles were played on the 11th March with Richard Dix and Linda Chadwick going through to the finals which would have resulted in a new name on the much sought after trophy.

Naturally we are all disappointed at the abrupt end to the season but this pales into insignificance when one considers the seriousness of the situation that is world wide.

We wish everyone good health and send you all our very best wishes, and sincerely hope and trust that we will all be able to get together again in the not too distant future. .



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What an awful few months since writing my last piece for the  
Journal!

The Norfolk County Pétanque Association eventually cancelled all  
Summer League Games as it would not have been possible to catch  
up the missed games before the end of the season.

Likewise, as a club, we also cancelled all our open competitions.

As some of the regulations regarding sports have been relaxed we  
have tried to respond with some evenings for club members and we  
are trying to arrange a game versus the Bob Carter Pétanque Team  
at the start of October. However as this is written there are rumours  
of further restrictions so, what we hope for, may not yet come about.

If you have any questions about the game of Pétanque or the  
Wanderers Club, please call Michael on Norwich 890710

It is with the greatest sadness that we announce the death of our friend  
GERRY WEGG  
who was on the committee of Wanderers St Faiths Pétanque Club.



My last report in March announced that the Leagues were stopped owing to lock-down. Neither I nor the Team players have been able to play since, although limited practice sessions are beginning to happen. So far so good, but who knows what may happen tomorrow or next week.

I recently received our Norwich League strategy for the 2020/2021 season, if it is able to go forward.

I believe that the Dereham League and others are following the same policy

“Table Tennis England have defined a five stage process that should be followed to return to a position where league play and spectating can take place.

As we(Norwich League move towards August many of you will be wondering if the league will start as is currently planned in September. Thank you to all of you who have provided us information regarding your teams and venues through the Part 2 forms and the Team and Venue Initial Risk Assessments.

Summarising the information you sent us and also taking into account Government, Sport England and Table Tennis England guidance it is clear that:

- Some of the venues in our league will not be available for use in September
- The detailed guidance for both venues, leagues and players is still evolving and changing
- Clubs and venues will need time to develop and implement their own procedures which follow this guidance
- Some of our players are still not confident that it is yet safe to return to the table even to practice let alone to play competitive league games.


Taking all of the above into account, we have therefore made the decision that we will NOT be starting the NDTTL 2020-2021 season in September 2020 and our earliest PLANNED start date for league play is now January 2021.”

So, I fear I have little to report for this journal. The Centre had been booked for our Norwich AGM in May, but of course that event was cancelled, together with our Presentation Night for silverware and awards. This is always a good social evening to meet up with old adversaries !

A “virtual” AGM was conducted in May, although I did not join in on “zoom”, which I decided was a step too far. Little could be decided for the next season, and we need to wait and see how things progress towards an anticipated re-start next January.

I will keep you posted as the journals are resumed, and hope you are all coping as well as possible.

Paul Elsegood



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Email: [office@stfaithsprimary.norfolk.sch.uk](mailto:office@stfaithsprimary.norfolk.sch.uk)

## **We're Happy to be Back!**

I know I share everyone's sentiments when I say I didn't see 2020 coming! But after 6 months of being open as the lockdown school for the children from Hainford, Frettenham and St Faiths', we re-opened our doors to our children with lots of smiles and excitement (and that was just the staff!)

Although we are still in 'bubbles', the children have shown incredible courage and resilience and they have settled back into the routine of school incredibly well. We have lots of exciting learning in the year ahead – from learning about the journey of Shackleton to exploring a child's perspective of the Second World War – and we hope perhaps some school visits too!

In keeping with the new normal, we have had a restructure at St Faiths' and changed our class structures and their names too! For the academic year, our classes are:

			
<b>Elm Class</b> Reception/Year 1 <i>Mrs Landles</i>	<b>Chestnut Class</b> Year 2 and Year 3 <i>Miss Woolley</i>	<b>Oak Class</b> Year 4 and Year 5 <i>Miss Bean</i>	<b>Willow Class</b> Year 6 <i>Miss Wilson</i>

## **Hello to our New Friends**

I'd like to extend a warm welcome to all our new Reception children and the new children we have throughout our school. They're fitting in well to life at St Faiths', making lots of friends already. In addition, I'd like to extend a warm welcome to Miss Jessica Newton, who will be completing her PE Apprenticeship with us this year. I know she'll feel welcome by our lovely children and fit in well.

## **Christian Value – Generosity**

This half term our Christian Value is Generosity. At a time where communities are closer than ever, we will be focusing on the generosity of others and how we can ourselves be generous. This ties in well with the appointment of our new Foundation Governor – John Hindley – who is generously giving up his time to support the children during these transient times. Each week John is preparing a virtual assembly for the children with a message and bible story to embed our core values. The children love his great sense of humour and have been really engaged in his delivery of this Christian message.



### **Here We Are by Oliver Jeffers**

Last year we started to use the Power of Reading programme to structure our English and Literacy lessons using quality children's literature and proven creative teaching approaches to support and develop a high-quality literacy curriculum and a whole school love of reading and writing. This year the whole school began the transition back into school with Here We Are by Oliver Jeffers. Through letter-writing, poetry and thinking of others, the children have produced some lovely pieces of work, starting the year with great positivity.

### **We Are...**

At St Faiths' we celebrate similarities and differences. To show we are a united family, each class has taken inspiration from a famous artist to create a self-portrait. From Pablo Picasso to Hanoch Pivon, our creative juices have been flowing and some fine pieces of art have been created. You can see a selection of our work here!



### **Food Parcels**

We have been working alongside the Soul Church to ensure everyone has access to necessary food during, and after, lockdown. I know lots of families have been incredibly grateful for this additional support; in fact, over 100 Nebula families have been supported over the last 20 weeks! I'd like to extend an additional and special thanks to Jenni, our Executive Deputy, and Natalie, our Pastoral Care manager, who have both tirelessly managed the delivery of food parcels across our 6 Nebula schools, along with a team of staff volunteers, all through the summer. Thank you!

**Thank you for taking the time to find out a little about our school.  
We look forward to sharing more with you next time!**

Miss Wilson  
Head of School

## **Ted's Microsoft Excel Workshop (Training)**

After some 40 plus years of working in IT, the last 20 years as an Excel specialist I am retiring.

However, I am not ready to hang-up my “Workbooks” yet, so I am looking to pass on my skills and experience of working with Excel to those that are, or will be, entering the world of Excel either as students or in the workplace.

A good knowledge of and skills in Excel, can make a huge difference to a person's future prospects and I intend to offer Excel training and ongoing consultancy including ad hoc problem solving, together with Excel VBA project-based training, in the Norwich area.

Initially, I will be looking to “Test” the market by offering “Basic” Excel training for free at the Community Centre and depending upon the interest / uptake I will decide upon my future direction.

Please get back to me on [ted.excelworkshop@btinternet.com](mailto:tred.excelworkshop@btinternet.com) with your thoughts, comments and suggestions. I will respond to all interested parties with more information and dates and times. Please be aware that the timing / capacity of the Workshops will be subject to the Government's and the Community Centre's Covid19 rules that may be in force at the time.

Best.

Ted



## **NEW HOUSING DEVELOPMENT IN NEWTON ST FAITH**

The names of the roads chosen by the Parish Council for the new development in Newton St Faith have been based on historical facts and not randomly plucked out of the air!

In 1795 the mill at this site was owned by Stephen Ewing

By 1830 it was known as the Post Mill

In 1854 Stephen Ewing was listed as a miller and baker having built a  
bake office on his grocery shop

He called this

NEW TO ST FAITH

This presumably led to our villages becoming known as  
Horsham St Faith and Newton St Faith

The mill was used to grind barley for the bakery

Thus the new roads have been named

Crown Meadow Way in keeping with Crown Garage

Post Mill Close after the mill originally on this site

Barley Close after the bakery originally on this site

If anyone has any further information we would love to hear from you

# A FOOTBALL STORY

The blanks are names/nicknames of British Football Teams  
Numbers represent the number of letters required for the answer

The sun shone BRIGHTON the day we set sail for the (6) in a ship with a (4) riddled with holes. We sailed down the river which (5) to the sea and we waved to the fair maiden near a windmill who was leaning against the (8).

The (5) was made up of Scots, Irish and others of the (6) race, the exception was the cabin boy named Roger whose job it was to (5) the bolers. He was illiterate but won our (6) with his (8) efforts to improve his (7). He was sent to (8) by the other villains who had brought their (7) of weapons on board. They were a rowdy lot and after a bout of drinking they did in fact (7) furniture.

The voyage made my (10). She had not had a holiday (6) too long and the sea (3) did her (7) lot of good.

We landed one day on the (8) of an island. Just a few yards from where the natives (4) their dead. We (7) even though we could hear the sound of the howling (6). We eventually met a group of (7) dressed in (7) green and wearing cowboy hats and (5).

After a days journey we had to cross a (9) and then we caught some dirty fish in a (9) and also tried to get some milk from a heard of cows but they did not like having their (12). At last we came to the home of the Hawaiian monarch the (5.2.3.5). She greeted us with friendly (5) but was clearly very upset as her (7,6) had been destroyed when the (7) fell down. While her (9) was being built she had to live in a sumptuous (5).

When we found treasure someone suggested we put the (5) the ship in a cabin with a (6) the door. We were going to put it all in the (7) when we got home.

**Answers on Page 39**

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## **2020 – The Year We Never Expected**

### **Helen Backhouse**

The year is 2020, and it's all been rather strange,  
We weren't to know that life would pause and everything would change.  
It all began in China, and the nightmare soon unfurled,  
This was the start of a pandemic that would overtake the world.

Coronavirus quickly came to us from overseas,  
Infecting people as it went – this horrible disease.  
People started getting scared, and mostly stayed inside,  
As many fell so very ill, and sadly sometimes died.

Gradually, then suddenly, we found ourselves restricted,  
This was a situation that no-one could have predicted.  
Boris Johnson said to stay at home and closed the schools,  
Protect the NHS, save lives – you must obey the rules:

Exercise just once, only go out if it's essential,  
If you forget to wash your hands it could be detrimental.  
Everybody panicked and bought soap and toilet rolls,  
So supermarkets had to implement stricter controls.

Everything was cancelled, there was widespread doom and gloom,  
We missed our friends and family, and had to meet on 'Zoom'.  
We tried to have a set routine to keep up with home schooling,  
When going out we had to stick to the two metre ruling.

Pubs and cafés closed which meant a loss of jobs for some,  
To be quite honest most of us by now felt rather numb.  
The self employed were furloughed, we thanked health staff for their labours,  
We clapped on Thursdays every week and got to know our neighbours.

Prince Charles then caught it, and officials, even the Prime Minister,  
No-one's immune from this disease that is so very sinister.  
Social distancing and lockdown - it's a whole new way of living,  
But we have to isolate as this disease is unforgiving.

We tune in for the daily briefing every day at five  
To get updates on the death toll, and give thanks that we're alive.  
We're shielded in our safe cocoons far from reality,  
And just cannot imagine wearing daily PPE.

What's happening in hospitals is hard to comprehend,  
We will never truly understand and just cannot pretend  
To know the pain of nursing patients who have later died,  
And had to leave this world without a loved one by their side.

Unprecedented times we haven't seen here since the war,  
Even older people haven't lived like this before.  
Rainbows appeared in windows to bring little rays of hope,  
Seeing them brought comfort when we found it hard to cope.

Captain Tom raised millions at the age of ninety-nine,  
His knighthood well deserved for helping those on the front line.  
There's a new sense of community where people came together,  
We're thankful for our gardens as it's been such lovely weather.

So many hours of boredom led to people comfort eating,  
We baked and did some DIY but days just kept repeating.  
Musicals were streamed online to finish off the week,  
They gave something to look forward to when everything was bleak.

The best part was that life slowed down, the time was such a gift,  
Time to heal relationships where things had gone adrift.  
Our homes and gardens were improved because we weren't at work,  
Those tasks that were before put off now no excuse to shirk.

People seemed much more content, they stopped to say hello,  
Maybe more good will come from this than we will ever know.  
Wildlife are coming out to play, the world is getting greener,  
Nature now is healing and the air is so much cleaner.

As things return to 'normal' our priorities have shifted,  
We now are much more focused when before we may have drifted.  
Things won't be the same and the economy's in tatters,  
But through these times we've learnt without a doubt what really matters.

So what will we all take from this and what is there to learn?  
Is the world we lived in one to which we should return?  
Maybe it's the time to reassess your old routines  
To have a think about your life and what it really means

Random acts of kindness like a gift or just a smile,  
Making time to do these little things is so worthwhile.  
An effort made for someone else will never go to waste,  
And will ensure that faith in humankind is not misplaced.

Maybe we should also count our blessings from above,  
What this world could do with now is faith, and hope, and love.  
Be the friend that someone needs, the one who really cares,  
The one who makes a difference, who's the answer to their prayers.

Before this is a memory we maybe should reflect  
On what's actually important and the things we should protect.  
Appreciate the ones we love, enjoy the little things,  
Maybe live more simply and embrace the joy life brings.



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# A GENERAL QUIZ FOR EVERYONE!

1. How many years are there in a millennium?
2. What is a baby goat called?
3. What magical item does Aladdin use to fly around on?
4. What is the name of the snowman in Frozen?
5. What is the name of the painting technique that uses small dots of colour to create patterns and then an image?
6. Where does the UK prime minister live?
7. What were the names of Christopher Columbus' three ships?
8. Which travels faster, light or sound?
9. What's the name of the cowboy in Toy Story?
10. Who is the Prime Minister of Britain?
11. How many wives did Henry VIII have?
12. What is the name of the world's largest reef system?
13. What famous islands were studied by Charles Darwin?
14. What is the name of the third Harry Potter book?
15. Which one of these is not a type of penguin?  
Emperor, Royal, King and Jack
16. What is the Gruffalo scared of?
17. Which city has the largest population on Earth?
18. How many sides does an octagon have?
19. What kind of fish is Nemo from the Finding Nemo film?
20. Who was behind the Gunpowder Plot - remembered every year on Bonfire Night?
21. What was the name of the first person to walk on the moon?
22. What historic wall runs along the border between England and Scotland?
23. Who sang Shake It Off?
24. What is the chemical formula for gold?
25. Which of these countries is not an island?  
Iceland, Madagascar, Spain and New Zealand
26. What's the biggest animal in the ocean?
27. When did World War Two end?
28. Which artist painted the Mona Lisa?
29. What song is sung more than any other in the world?
30. What planet is closest to the sun?

## **ST FAITHS SHORT MAT BOWLS CLUB**

We normally play on Friday evenings and Tuesday afternoons in the Sports Hall at the Centre but are unable to do so at present  
For more information contact us at [stfbowling@btinternet.com](mailto:stfbowling@btinternet.com)

## **ICENI ARCHERS**

We meet every Sunday morning at St Faiths Centre, indoors in the Winter and outdoors in the Summer.

For information about times of shooting and beginners courses please contact either:

Dave Back our Club Chairperson on 07720 670735

email: [davedack2201@yahoo.co.uk](mailto:davedack2201@yahoo.co.uk)

or Philip Legood on 07880 703935

or visit our website: <https://iceniarchers.co.uk>

All enquiries welcome.

## **GOLDEN STARS LINE DANCING**

**St Faiths Centre Function Room**

Cancelled at present but please ring for updates

Glenda 01603 890708 Sheila 01603 710778

## **CARDIO DANCE & BODY CONDITIONING CLASS**

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# DINGBATS

	<b>GIBRALTAR</b> ★	<b>PAT</b> <b>EHT</b>
01	02	03
<i>Pants</i>	WINK WINK	
04	05	06
<b>THE SAND</b>	<b>PRINCIPAL</b> <b>COLLISION</b>	<b>EMOCLEW</b>
07	08	09
<b>FLORIDAHO</b>	<b>ATL NTIC</b> 	<b>B B B B</b> <b>A A A A</b> <b>R R R R</b> <b>G G G G</b>
10	11	12

Answers on Page 46

## **ANSWERS TO GENERAL QUIZ**

- |   |                       |
|---|-----------------------|
| 1. 1,000  | 16. A mouse           |
| 2. a kid  | 17. Tokyo             |
| 3. a carpet                                     | 18. Eight             |
| 4. Olaf   | 19. Clownfish         |
| 5. Pointillism                                  | 20. Guy Fawkes        |
| 6. 10 Downing Street                            | 21. Neil Armstrong    |
| 7. Niña, Pinta and Santa Maria                  | 22. Hadrian's Wall    |
| 8. Light  | 23. Taylor Swift      |
| 9. Woody  | 24. Au                |
| 10. Boris Johnson                               | 25. Spain             |
| 11. Six   | 26. Blue Whale        |
| 12. Great Barrier Reef                          | 27. 1945              |
| 13. Galapagos Islands                           | 28. Leonardo da Vinci |
| 14. Harry Potter and the<br>Prisoner of Azkaban | 29. Happy birthday    |
| 15. Jack  | 30. Mercury           |

## **ANSWERS TO FOOTBALL STORY**

Orient	Motherwell	Huddesfield
Hull	Forfar	Queen of the South
Leeds	Ayr	Alloa
Millwall	Chester	Crystal Palace
Crewe	Southend	Walsall
Celtic	Bury	Newcastle
Stoke	Preston	Villa
Herts	Wolves	Luton
Stirling	Rangers	Bolton
Reading	Lincoln	Halifax
Coventry	Spurs	
Arsenal	Mansfield	
Wrexham	Blackpool	

# SUDOKU

There is just one simple rule to Sudoku. Each row, each column and each 3 x 3 box must contain the numbers 1 to 9.

## EASY

1			6		7		9	
7	3		4					
				2		8	5	7
	1		5	7				8
		8				7		
2				6	4		3	
3	2	4		1				
					9		7	6
	9		3		5			1

## FIENDISH

				1			2	9
8		2						6
					5	8		
5			1					4
		4		2		3		
6					9			7
		6	4					
9						7		1
1	7			8				

Answers on Page 46



# **BURROWS HAIRCUTTERS**

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- \*Free consultation
- \*Paul Mitchell hair products available
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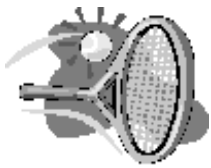
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## **ST FAITHS CENTRE TENNIS COURTS**

In view of the fact that these courts are not being used and the cost of keeping them moss-free is excessive the Management Committee have decided that at some time in the future another use needs to be found.

At present this has not been possible as the existing moss needs to be treated with a moss killer and cleared which we hope to do when we can once more organise a maintenance day

## **ST FAITHS OUTDOOR BOWLS CLUB**

Blind Lane

Experienced or novice - all are very welcome

If you are interested please telephone

**Janet on 01603 898419**

## **DRAYTON RACING PIGEON CLUB**

This Pigeon Club meets at the Centre on Friday evenings and can be contacted as follows:

Chairman: David Waller Tel: 01603 427732

Secretary: Stephen Fountain Tel: 01603 891689



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We are happy to tailor our menus to suit your individual requirements

## **Menu 1 £8.00 per head**

Tea, filter coffee (including refills) and biscuits

Selection of sandwiches (ham, beef, tuna mayo, egg mayo, cheese etc)

Sausage rolls, selection of pickles, cheese straws and crisps

Selection of homemade cakes – or scones served with clotted cream and conserves.

## **Menu 2 £9.00 per head**

As menu 1 plus:

Assortment of Meat and Vegetarian Quiche slices

Scotch eggs

## **Menu 3 £10.00 per head**

As menu 2 plus:

Chicken satays with Thai sweet chilli dip.

Locally sourced pork chipolatas with Chipotle sauce

## **Additional Menu choices – prices extra per person**

Vegetable Samosas 80p   Cheese and Pineapple on sticks 80p   Pizza Slices 80p

Gala or Ascot Pork pie £1   Vegetarian Sausage Rolls 80p

Vegetable spring rolls 80p   Cheese board £2

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**Please Note: We cannot cater for any wakes on Friday mornings. The room hire is included in the above prices for 2 hours from arrival, bar service is included for wakes over 40 guests, smaller parties incur a small surcharge**

**Please inform us of any dietary requirements at the time of booking**

# SIR RICHARDS OWN SCOUT GROUP



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For information please contact the  
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## ST FAITH'S PRE-SCHOOL



**Monday, Tuesday, Thursday & Friday 9 am - 12 noon & 12 noon - 3 pm**

**£14.50 per session until nursery funded**

**Breakfast Club: Monday & Thursday 8 - 9 am**

**(£4 a session includes breakfast and drink)**

**After School Club: Monday & Thursday 3 - 3.30 pm**

**£2 a session includes snack and drink)**

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## ~ ~ ANSWERS TO DINGBATS ~ ~

1. SHORT SIGHTED
2. ROCK STAR
3. PAT ON THE BACK
4. ANTS IN YOUR PANTS
5. FORTY WINKS
6. BALANCING ACT
7. HEAD IN THE SAND
8. HEAD ON COLLISION
9. WELCOME BACK
10. UNITED STATES
11. A DROP IN THE OCEAN
12. UP FOR GRABS

## ~ ~ ANSWERS TO SUDOKU ~ ~

### EASY

1	8	2	6	5	7	4	9	3
7	3	5	4	9	8	6	1	2
9	4	6	1	2	3	8	5	7
4	1	3	5	7	2	9	6	8
5	6	8	9	3	1	7	2	4
2	7	9	8	6	4	1	3	5
3	2	4	7	1	6	5	8	9
8	5	1	2	4	9	3	7	6
6	9	7	3	8	5	2	4	1

### FIENDISH

3	6	7	8	1	4	5	2	9
8	5	2	7	9	3	1	4	6
4	9	1	2	6	5	8	7	3
5	2	9	1	3	7	6	8	4
7	1	4	6	2	8	3	9	5
6	8	3	5	4	9	2	1	7
2	3	6	4	7	1	9	5	8
9	4	8	3	5	2	7	6	1
1	7	5	9	8	6	4	3	2

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## **Mandy's year of Sheepy Fundraising ~ Completed.**

On 12th January I set off from Edale in Derbyshire with 146 other runners attempting to complete the toughest footrace in the UK and one of the hardest in the world.

The Spine Race is a 268-mile winterrun/hike along the entire length of the Pennine Way. By the time I finished, 158 hours later, I had covered 315 miles due to navigational errors and the brutal nature of the terrain which meant we were constantly weaving our way around bogs and rocks.

It was a race unlike any other I had ever taken part in. Carrying mandatory survival equipment including a sleeping bag, bivi bag, camping stove, 3,000 calories of food, water, maps, headtorches and additional clothing etc made for a heavy backpack. We had to make our way over mountains, fells, moors & bogs, by the side of riverbeds, along flagstone paths, Hadrians Wall and through forests.

The weather threw everything at us and I experienced heavy rain, gales including the full force of Storm Brendan, snow and 90 mile an hour winds on the summit of Cross Fell which blew me right over continuously so that I had to crawl and roll my way along the snowy top ridge of the mountain. After about 120 miles I had swollen ankles, blisters and tendonitis. I also had heavy nose bleeds, hallucinations and was sleep deprived.

I never once considered giving up though although there were times when I wondered if the race would beat me. On several occasions I fell waist deep into freezing bogs and I had to be dragged out of one on the Cheviot Hills by a fellow competitor. It was the most wonderful, exhilarating and incredibly tough outdoor experience I have ever had. The support from the Spine Race organisers, the medics & Mountain Rescue team was second to none.



There was also incredible comradeship amongst us racers as we encouraged each other along and looked after fellow racers who were in difficulty.

Arriving in Kirk Yetholm in Scotland was a moment I will never forget, I was filmed finishing and the icing on the cake was hearing my son Jamie's voice encouraging me in. I had no idea Jamie would be there along with good friend Andy Bailey from the Sheep Sanctuary who drove all the way to Scotland to look after me and drive me safely back home.

Out of 146 starters only 63 of us completed the Spine Race. I was immensely grateful to be one of the 63 and will treasure the memories and experience for ever.

The most wonderful part of all of this though is that an incredible £4,194 has been raised for the Mirkwood Rest Home for Retired Sheep, the sheep sanctuary and good cause I have been supporting with all my challenges.

My other challenges included running the Manchester marathon in 3 hours and 56 minutes, completing the London Marathon dressed as a sheep, 1st lady at the Thames Ring 250 mile trail race, completing Snowdon Mountain Ultra, Lakes in a Day Ultra and finally the Spine Race.

I would like to say a huge THANK YOU to everyone who has supported and sponsored me. Andy Bailey who voluntarily runs the sanctuary has been incredibly grateful and it has been the nicest fundraising experience ever. I will continue to support the Mirkwood Rest Home for Retired Sheep in other ways and will always be happy to pass on any further donations to Andy.

**THANK YOU ALL FOR YOUR AMAZING SUPPORT  
MANDY FOYSTER**

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**Thursday 7.30 pm - 10.00 pm**

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