



### **VdTMoCA and community mental health occupational therapy group**

This group was established by ICAN in 2020, in response to increasing requests from VdTMoCA trained occupational therapists working in community mental health services.

Following a few online meetings, the group requested that Dr Wendy Sherwood provides monthly Zoom-based supervision sessions (75 minutes) to explore client cases.

This is provided at no charge on the agreement that each session is case based and that the sessions are recorded as material that can be offered as chargeable ICAN training material.

#### **Group aims:**

- Share practice experiences - what 'works' and is challenging about using the VdTMoCA in the community
- Develop knowledge of how to implement the VdTMoCA in community mental health services
- Promote staff support

#### **The sessions focus on:**

- One-page written client cases brought by the community VdTMoCA group (all patient identifiers removed)
- Learning of the levels and phases of creative ability seen in adult community mental health services
- Learning what assessment information is important for levelling
- Learning how to complete the Creative Participation Assessment form and the Creative Ability Assessment grid (previously known as the OPA grid)
- Learning how the assessment information informs treatment/intervention planning

**Membership criteria:**

Because the Creative Participation Assessment form is being used, and Dr Sherwood is only permitted to make the form available via ICAN initiatives to those with adequate knowledge through training, the group is open to:

- **Occupational therapists formally trained in the VdTMoCA** (training does not include university lectures or basic introductions to the model)
- **OT Support Workers trained in the model and supervised by an OT trained in the VdTMoCA who takes responsibility for support worker's use of assessment data**
- **Currently working in a community mental health service, or has significant experience in using the VdTMoCA in community mental health services, or Lead occupational therapists who are managing community service occupational therapy staff who are trained in the VdTMoCA;**
- **Committed to actively participating in and contributing to the group through engaging in discussion and sharing information.**

Potential members of the group need to apply to become a member.

To enquire about joining the group, contact [wendy@ican-uk.com](mailto:wendy@ican-uk.com)