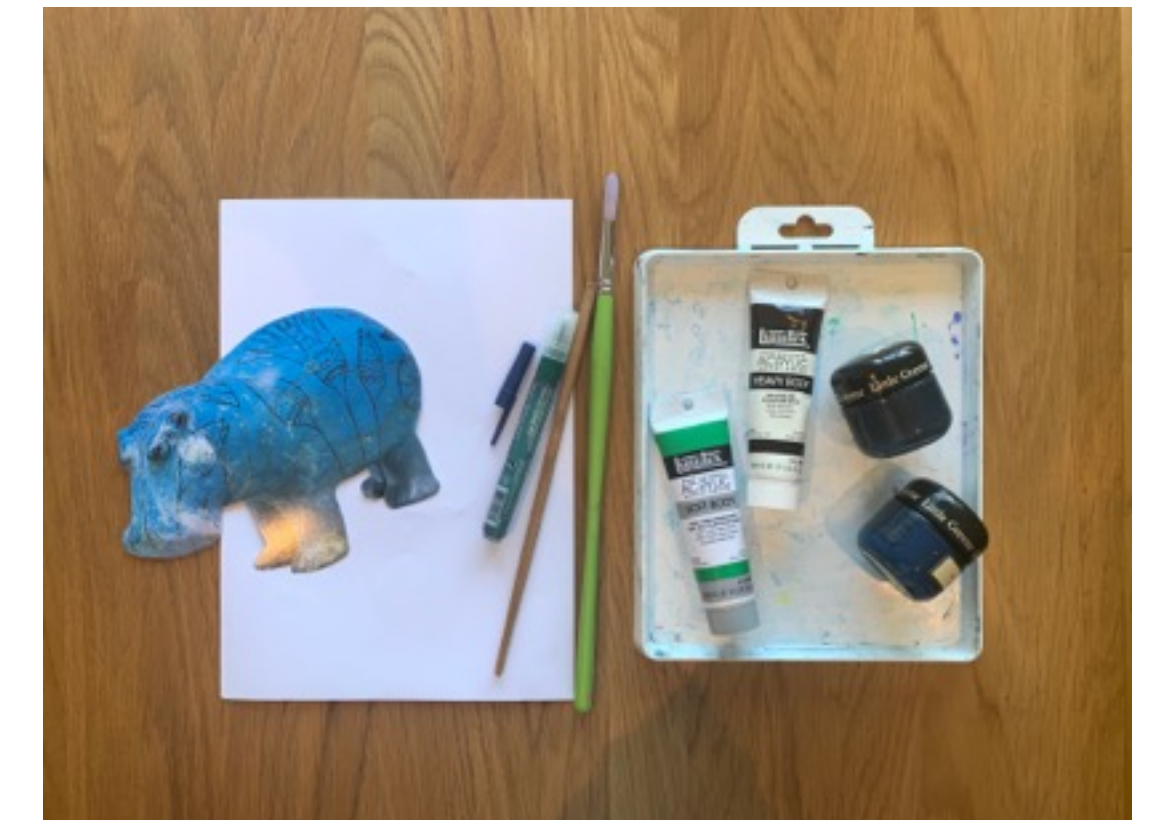


# Workshop 9: Polk-dot Painting

This workshop is inspired by one of the very first Hospital Rooms projects, at Recovery College in 2017. In it, you will create an artwork using polka dots, like the example on the left!



## Method:

### You will need:

1. Paint (any will do!)
2. A round pen lid, pencil or dowel that can make circle-shaped marks.
3. Paper or card
4. Paper
5. Plastic covering to protect your table.



Create a simple shape using a stencil or free hand. It could be a bird, a plant, a rainbow, anything that comes to mind.



Do some tests to see what will create the best dot shape. For me it was a rubber on the end of a pencil.



Paint your background. Here, I am using acrylic paint but use any paint you have to hand. Alternatively you could use felt-tip pen, crayons or colouring pencil.



Use your pencil or dowel to create dots in a colour different to your background on all parts of your paper. Voila! Your very own Kusama-inspired artwork.



Paint inside the shape you have drawn. My stencil is a postcard of William the Hippo. Isn't he charming!