A social story about Corona Virus



Corona Virus is a virus that is making lots of people poorly at the moment



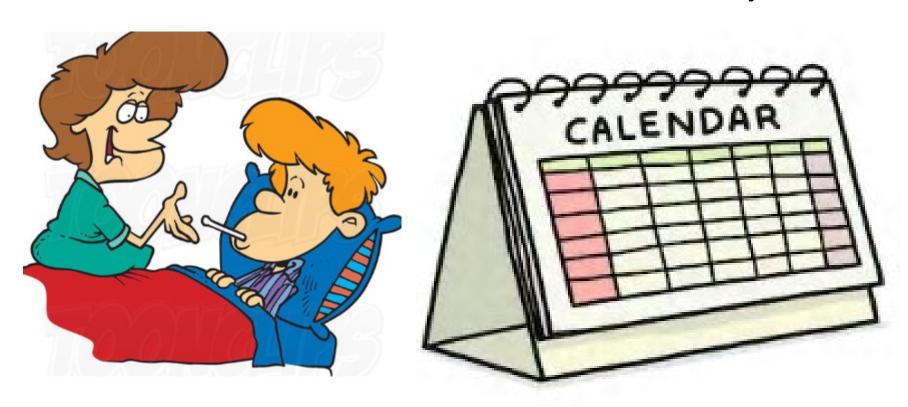
Some people call it Covid-19

People who have the virus will have symptoms such as a cough and a high temperature





People who get a cough or a high temperature will not be allowed to leave the house at all for 7 days



People who live with someone else who a cough or a high temperature will not be allowed to leave the house at all for 14 days





This is because people can pass the virus on before they get ill

Most people who get the virus will stay at home and will feel better after 7 days



Some people who get the virus may get worse and will have to go to hospital



The corona virus is very contagious.

This means it spreads from one person to the next very easily.



We can do lots of things to stop the virus spreading, like coughing in to a tissue and throwing it away.





We should wash our hands regularly

To stop the virus spreading the government have told people they must stay at home unless it is essential to go out



This means I can only go out to go to medical appointments, get important shopping and medicine and to do exercise once a day.

A lot of places will be closed



I may not be able to go to my favourite places at the moment

My day service might be closed



My staff may get sick and be unable to come to work for 14 days





My staff will make sure that I have people to support me



They will read my care plans and make sure they know what I need

I might feel a bit scared that things are different



This is ok

It might make me feel a little bit sad that my favourite staff are away for a short time



This is ok

If I feel sad I can speak to my family, other staff or my named worker



They are there to look after me

When everywhere is safe and there are no more corona virus germs then everywhere will open again



Then I will be able to go to day service again

