



## **How to use drumming & percussion as intervention for people on the Self-differentiation and Self-presentation levels of creative ability**

Workshop by Dr Wendy Sherwood & Chris Baron

Time: 10.00-16.00

£125

27 April 2020 The Elmgrove Centre, Elmgrove Rd, Bristol BS6 6AH <https://www.elmgrovecentre.co.uk/>

12th October 2020 Monos Centre, Coalville, Leicester LE67 5UP



In relation to providing therapeutic intervention for people on the Self-differentiation (SD) and Self-presentation (SP) levels of creative ability, this workshop will enable participants to:

Learn the basics of how to play, explore and experiment with drums and percussion instruments

Learn how to build soundscapes that prompt and enable social participation

Learn a number of exercises that can be facilitated in groups for people on the SD level, and groups for the SP level, explicitly linked to the VdTMoCA treatment principles and aims

Suitable for Occupational Therapists and OT support workers. Knowledge of the VdTMoCA levels of creative ability is desirable, but not essential.

Chris Baron was one of the first OT support workers to apply the VdTMoCA in mental health services in the UK, while working with Wendy Sherwood in 2008. Now a Music Therapist, Chris is joining with Wendy Sherwood to facilitate a fun, confidence-building workshop on using drums and percussion to benefit clients' health and well-being. Such activity is particularly effective for people on levels of Self-differentiation and Self-presentation.

Chris is well known for putting participants at their ease so that they can get the most from experiential hands-on courses, building confidence in own playing whilst developing skills and confidence to use drums and percussion with clients.

Dr Wendy Sherwood is an expert in the VdTMoCA and has used drumming & percussion with many clients, including using the principles of Ta-Ke-Ti-Na. Wendy will be teaching on how drumming & percussion exercises can be selected and graded through application of the VdTMoCA treatment principles in order to address specific therapy aims.

In order to create a comfortable group working environment, places are limited.

Bookings can be made to be invoiced this financial year, or next.

**Due to Wendy's plans for retirement from clinical practice, this workshop will not be delivered again after 2020, so if you can make it, don't miss the opportunity.**

INTERNATIONAL CREATIVE ABILITY NETWORK  
Enabling growth to full potential through creative participation