

2020 Fall Season Covid Guidelines [22nd September 2020]

Please communicate to all that plan to attend NWYSA activities the following covid guidelines before the start of the season along with reminding them at the beginning of each week throughout the season. Thank you for your understanding and cooperation.

General Guidelines (GG)

- A) Anyone when sick or showing symptoms of covid needs to stay home.
- B) Anyone with chronic health issues and/or experiencing severe symptoms should be evaluated by a Doctor.
- C) Everyone should get plenty of sleep to help boost their immune system.
- D) Everyone should avoid touching their eyes, nose and mouth with unwashed hands.
- E) Everyone should wash your hands often with soap and water for at least 20 seconds, if soap and water are not available use hand sanitizer with at least 60% alcohol content, this will be in the port-a-jons and at the Safety Station.
- F) Everyone should clean and disinfect personal frequently touched objects and surfaces.

Soccer Guidelines (SG)

- A) Each group/game is to be kept at no more than 100 people, teams and their immediate family members, until we're able to move to the next phase or this order is revoked. Before each game a Referee with the help of the Team Managers or Coaches will do a headcount.
- B) The game fields used will be those that help to ensure there is a social distance between the groups/games. U4 Sessions, U12 games, MS games, field #1. U6 games, field #4. U9 games, field #2. During practices when all the fields are used when there is a great deal much smaller attendance the groups/teams will need to maintain social distance from each other.
- C) The time between the groups/games will be increased to help ensure there is social distance between the groups/games. Once a group/teams game is done and the teams and spectators need to police their area for trash and personal items and then leave the field. The group/teams arriving for a game cannot go onto the field until the previous group/teams have all left, pick a spot at the location that is away from the field to meet.
- D) A group/teams needs to maintain social distancing from each other before, during and after their game so the teams have no contact with each other unless on the field. Pregame team check-ins will be done in front of the team's bench. The team listed first, visiting team will kickoff.
- E) Players are asked to bring their own drinks, labeled with their name, for any team activity.
- F) Players are asked to bring their own hand sanitizer, labeled with their name, for any team activity.
- G) Parents are asked to check their player's temperature at home before leaving for any team activity.
- H) The Team Manager or Coach will ask each U4/U6/U9 player/parent and U12/MS player the covid questions before the player is permitted to join their team for any team activity.
- I) A Team Manager or Coach will complete a team attendance sheet for each activity to be kept on file and submitted upon request.
- J) Everyone is asked to wear a mask per a state order unless medically unable to do so. It will be assumed that anyone no matter who that isn't wearing a mask cannot medically tolerate, has a medical condition such as Exercise Induced Hyperventilation, COPD, Emphysema or another medical reason for not wearing a mask in which case these individuals are asked to social distance. Per federal law, ADA Act and HIPPA Law, anyone that is not wearing a mask cannot be asked why.
- K) Each group/teams spectators need to maintain social distance from each other.
- L) There will be no coach or player handshakes, high fives, chest bumps close in team huddles or post game team line touches.
- M) Parents bringing the end of the game drinks and snacks are asked to bring enough for each player, nothing is to be shared, with all drinks and snacks limited to manufacture pre-packaged items.
- N) Head Coaches are asked to clean or wash any shared team each week.
- O) U4 Teams, there will be no joint team session activities.
- P) U12/MS Teams, for away games the Team Managers will contact their opponent at least 3 days in advance of their game to check if the home program has any different covid guidelines in which a visiting team will be required to adhere to.
- Q) A Safety Station will be set-up, picnic table on north end of field #2, is someone needs a mask, face shields, hand sanitizer, wipes, glove or needs to take someone's non-touch temperature. This Safety Station is though not be used as someone's or a team's personal supply store.
- R) Each group/teams, to include the spectators, needs to police their area for trash and personal items before they leave the field. It is especially important this season you clean-up after yourself and not leave masks or anything else for the next group/teams coming onto the field to have to pick-up.