



Monday Mid-day Prayer

Still

Responses are in **bold type**. Psalms: alternate between right **R** and left **L** side of group

Hymn (Music or spoken)

In-poured Spirit, deep and still,
love eternal the world to fill. (Margaret Rizza)

The Lord is here: **His Spirit is with us**

God of sky and sea
of life and death

Still us

God of mind and heart
of love and longing

Still us

God of gift and goodness
Of change and stability

Still us

In our inner turmoil
in our outer restlessness

In our coming and our going

Still us, Lord.

AMEN



Psalm 130

I am still and at peace

℞ Lord, I have given up my pride
and turned away from my arrogance.

ℒ I am not concerned with great matters
or with subjects too difficult for me.

℞ Instead, I am still
and at peace.

ℒ As a child lies quietly in its mother's arms,
so my heart is quiet within me.

℞ Israel, trust in the Lord
now and forever!

I am still and at peace

Scripture reading...*followed by a few mins of music*



Lord, in the midst of our busy day, we bring ourselves into the stillness of your presence and we pray

For those who are suffering because of wars

Lord in your mercy, hear our prayer

For those who struggle with mental health difficulties

Lord in your mercy, hear our prayer

For those burdened by troubles and anxieties

Lord in your mercy, hear our prayer

For those who are forced to live in poverty and oppression

Lord in your mercy, hear our prayer

For those who are restless for justice

Lord in your mercy, hear our prayer

For those who will not stay still while their brothers and sisters are suffering

Lord in your mercy, hear our prayer

For those who provide the comfort and security of care for others

Lord in your mercy, hear our prayer

For those who are agents of your peace in our homes and in our communities.

Lord in your mercy, hear our prayer

Our Father....

Gentle Mother- Father God
Deep within
Holding us
In busy-ness
in loneliness
in laughter and in excitement
in tears and tension
Draw us into your stillness
open us to your quiet presence
Wrap us in the safety of your love.

**May we rest
In the stillness of God
May we find acceptance
in the deep love of his Son
and in our coming and our going
may we experience
the freedom of the Spirit
day by day
calling us
to new life
together
in Christ**

We leave here . . . **In the Name of the Father
and of the Son and of the Holy Spirit Amen**