

# Mooncycle Wellness - Lysa Fey

The moon is a reminder that no matter what phase we're in, we are still whole.

September 1, 2020

Dear Mooncycle Wellness Clients,

Hello! As Thurston County is currently in liminal space, known as Phase 3. Many of the requirements below are per the State of Washington. Please read the following information carefully:

1. All Mooncycle Wellness clients must self-screen for signs and symptoms of COVID-19 before arriving to their appointment. **IMPORTANT UPDATE:** Beginning September 11, 2020 all Mooncycle Wellness clients will have a touchless temperature check prior to coming into my office space. If you have any questions or concerns about this change, please talk with me. I encourage you to still self-check the morning of your session also. Thank you for your patience and understanding during this time.
2. Please do not bring a guest, unless you are bringing a child younger than 16 to their appointment.
3. All Mooncycle Wellness clients must wear a face mask prior to entering the building.
4. All Mooncycle Wellness Clients are required to wash their hands prior to their session.
5. Cash is still accepted however, return clients may also pay by check and ALL clients can now pay via Venmo. @lysa\_grant-1
6. Sheets will be used in lieu of blankets during each energy work session. All clients must allow the sheet to cover their whole body up to their neck. Clients are encouraged to wear a sweater since the sheets are not as cozy and warm as my furry blankets!
7. A cloth eye covering must be worn during each session. Mooncycle Wellness will provide the coverings - please do not bring your own. They will be washed after each use.

The following are Mooncycle Wellness requirements for all clients during and after Phase 3:

1. Shoes must be removed prior to entering the office of Mooncycle Wellness. It is recommended that you wear socks especially if your feet get cold easily. Please bring a clean pair of socks with you. Socks are not provided.
2. Mooncycle Wellness is a fragrance-free space. Please refrain from wearing heavy perfumes/colognes and/or using strong smelling soaps the day of your session.

Along with the Phase 3 requirements for clients set forth by the State of Washington, Mooncycle Wellness will also be following the Phase 3 requirements for employers, as well as a few other precautions.

To ensure that I am healthy for myself and my clients, I will be self-screening the night before your appointment, along with prior to starting each work day. If you do not feel well, have had a fever in the last 24 hours of your scheduled appointment, or suspect that you may have COVID-19, do not come to your session! Please call to reschedule. (See cancellation policy on page 2.)

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1. Lysa is required to self-screen for signs and symptoms of COVID-19 before arriving to work each day.
2. Lysa is required to wear a face mask while working with clients.
3. Lysa is required to wash her hands before and after each appointment.
4. Lysa is required to clean the office before and after each client with proper disinfectants.
5. Hand sanitizer will be provided for each client.
6. Each client will receive fresh linens and eye coverings for their session. All linens and eye coverings will be laundered at the end of the day.
7. Most crystals used during each session will almost always be tumbled stones. These stones can more easily be washed than crystals and stones that are raw, rough or too delicate to be cleaned with soap and water.
8. Water will still be offered after each session however cups will be disposable rather than glass.

## **Mooncycle Wellness Cancellation Policy**

All clients are asked to please provide at least 24-hour notice if they need to cancel their appointment. We understand that life happens and appreciate that this may not always be possible. Please do your best. We are grateful to be notified rather than a client not arriving to their scheduled appointment.

If three appointments have been cancelled in a row, regardless of whether 24-hour notice was provided or not, no further appointments will be scheduled.

If a client does not show up for their appointment, they must pay a \$25 no-show fee along with the session fee at their next appointment. If a client has two no-shows, regardless of whether they are in a row or not, no further appointments will be scheduled.

Thank you for your support and understanding. Despite all of the requirements/precautions, I trust you will have an amazing session! I look forward to seeing you soon~

Sincerely,

*Lysa Fey*