

October 2020: AL



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 9:30AM Chair Exercises 10:00AM Exercise Group Two 10:45AM PB &J 1:00PM Black Jack Group 1 1:30PM Black Jack Group2 2:00PM Jeopardy 3:00PM Bingo	2 Hitchcock Friday 9:30AM Fitness Friday 10:00AM Exercise Group Two 11:00AM Guitar w/ Sanjit 1:30PM Wheel of Fortune 1 2:00PM Wheel of Fortune 2 3:00PM Virtual Museum Visit 4:00PM Brain Games	3 9:30AM Saturday Stretch 10:00AM Exercise Group 2 10:30AM The Sunnyside Store 1:30PM Blackjack Group 1 2:00PM Black Jack Group 2 2:30PM Board Games 3:00pm King's Corner w/ Staff
4 10:00AM Morning Exercise 10:30AM Exercise Group 2 11:00AM Book Club w/ Sanjit 1:30PM Bingo Group 1 2:00PM Bingo Group 2 2:30PM Sunday Cinema	5 10:00AM Noodle Exercises 10:30AM Exercise Group Two 11:00AM Guitar w/ Sanjit 1:00PM Phase 10 1:30PM Wheel of Fortune 1 2:00PM Wheel of Fortune 2 3:00PM Nails	6 10:00AM Tuesday Tone Up 10:30AM Exercise Group Two 11:00AM Yahtzee 1:00PM Black Jack Group 1 1:30PM Black Jack Group2 2:00PM Resident Council 3:00PM Bingo	7 9:30AM Wednesday Warm up 10:00AM Exercise Group Two 10:45AM Pray the Rosary 11:15AM This Day In History 1:30PM Horse Racing 2:30 PM The Price Is Right 3:00PM Pumpkin Pie Making	8 Carry-Out Thursday 9:30AM Chair Exercises 10:00AM Exercise Group Two 11:00AM Reminiscing 1:00PM Black Jack Group 1 1:30PM Black Jack Group2 2:00PM Jeopardy 3:00PM Oktoberfest Social	9 Hitchcock Friday 9:30AM Fitness Friday 10:00AM Exercise Group Two 11:00AM Trivia 1:30PM Wheel of Fortune 1 2:00PM Wheel of Fortune 2 3:00PM Virtual Museum Visit 4:00PM Brain Games	10 9:30AM Saturday Stretch 10:00AM Exercise Group 2 10:30AM Coffee & Pastries 1:00PM Blackjack Group 1 2:00PM Black Jack Group 2 2:30PM Board Games 3:30pm King's Corner w/ Staff
11 10:00AM Morning Exercise 10:30AM Exercise Group 2 11:00AM Book Club w/ Sanjit 1:30PM Bingo Group 1 2:00PM Bingo Group 2 2:30PM Sunnyside Cinema	12 10:00AM Noodle Exercises 10:30AM Exercise Group Two 11:00AM Guitar w/ Sanjit 1:00PM Mindful Meditation 1:30PM Wheel of Fortune 1 2:00PM Wheel of Fortune 2 3:00PM Nails	13 10:00AM Tuesday Tone Up 10:30AM Exercise Group Two 11:00AM Yahtzee 1:00PM Black Jack Group 1 2:00PM Black Jack Group2 3:00PM Jeopardy 3:00PM Bingo	14 9:30AM Wednesday Warm up 10:00AM Exercise Group Two 10:45AM Pray the Rosary 1:00PM Bobbing For Apples 1:30PM Horse Racing 2:30 PM The Price Is Right 3:00PM Pumpkin Spice Cookies	15 Paint Night 9:30AM Chair Exercises 10:00AM Exercise Group Two 11:00AM Halloween Doorhange 1:00PM Black Jack Group 1 1:30PM Black Jack Group2 2:00pm Jeopardy 3:00PM Bingo	16 Hitchcock Friday 9:30AM Fitness Friday 10:00AM Exercise Group Two 11:00AM Trivia 1:30PM Wheel of Fortune 1 2:00PM Wheel of Fortune 2 3:00PM Virtual Museum Visit 4:00PM Brain Games	17 9:30AM Saturday Stretch 10:00AM Exercise Group 2 10:30AM Coffee & Pastries 1:00PM Blackjack Group 1 2:00PM Blackjack Group 2 2:30PM Board Games 3:30PM King's Corner w/ Staff
18 10:00AM Morning Exercise 10:30AM Exercise Group 2 11:00AM Book Club w/ Sanjit 1:30PM Bingo Group 1 2:00PM Bingo Group 2 2:30PM Sunnyside Cinema	19 10:00AM Noodle Exercises 10:30AM Exercise Group Two 11:00AM Guitar w/ Sanjit 1:00PM Oldmaid 1:30PM Wheel of Fortune 1 2:00PM Wheel of Fortune 2 3:00PM Pumpkin Decorating	20 10:00AM Tuesday Tone Up 10:30AM Exercise Group Two 11:00AM Yahtzee 1:00PM Black Jack Group 1 1:30PM Black Jack Group2 2:00PM Jeopardy 3:00PM Bingo	21 9:30AM Wednesday Warm up 10:00AM Exercise Group Two 10:45AM Pray the Rosary 11:15AM This Day In History 1:30PM Horse Racing 2:30 PM The Price Is Right 3:00PM Pumpkin Curry	22 9:30AM Chair Exercises 10:00AM Exercise Group Two 11:00AM Reminiscing 1:00PM Black Jack Group 1 1:30PM Black Jack Group2 2:00PM Jeopardy 3:00PM Bingo	23 Hitchcock Friday 9:30AM Fitness Friday 10:00AM Exercise Group Two 11:00AM Trivia 1:30PM Wheel of Fortune 1 2:00PM Wheel of Fortune 2 3:00PM Live Music W/ Kim G. 4:00PM Brain Games	24 9:30AM Saturday Stretch 10:00AM Coffee and Pastries 10:30AM Coffee and Pastries 1:00PM Blackjack Group 1 1:30PM Black Jack Group 2 2:30PM Board Games 3:30PM King's Corner w/ Staff
25 10:00AM Morning Exercise 10:30AM Exercise Group 2 11:00AM Book Club w/ Sanjit 1:30PM Bingo Group 1 2:00PM Bingo Group 2 2:30PM Sunnyside Cinema	26 10:00AM Noodle Exercises 10:30AM Exercise Group Two 11:00AM C.W. India 1:00PM Mindful Meditation 1:30PM Wheel of Fortune 1 2:00PM Wheel of Fortune 2 3:00PM Nail Spa	27 Take-Out Tuesday 10:00AM Tuesday Tone Up 10:30AM Exercise Group Two 11:00AM C.W. Mexico 1:00PM Black Jack Group 1 2:00PM Black Jack Group2 3:00PM Jeopardy 3:00PM Bingo	28 9:30AM Wednesday Warm up 10:00AM Exercise Group Two 10:45AM Pray the Rosary 11:15AM C.W. Phillippines 1:30PM Horse Racing 2:30 PM The Price is Right 3:00PM Food Committee	29 9:30AM Chair Exercises 10:00AM Exercise Group Two 11:00AM C.W. Vietnam 1:00PM Black Jack Group 1 1:30PM Black Jack Group2 2:00PM Jeopardy 3:00PM Bingo	30 Hitchcock Friday 9:30AM Fitness Friday 10:00AM Exercise Group Two 11:00AM Trivia 1:30PM Wheel of Fortune 1 2:00PM Wheel of Fortune 2 3:00PM CW Food Tasting 4:00PM Brain Games	31 Halloween 9:30AM Saturday Stretch 10:00AM Coffee and Pastries 11:00AM Costume Contest 1:00PM Blackjack Group 1 1:30PM Black Jack Group 2 2:30PM Board Games 3:30PM King's Corner w/ Staff

October 2020: ML



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 9:30AM Noodle Toss 10:00AM Colorist Club 10:30am Sing-A-Long 1:00PM Community Circle 1:30PM Nails 2:00PM Virtual Scenic Drive 2:15PM Bingo 3:30PM Trivia	2 9:30AM Fitness Friday 10:00AM Daily Chronicle 10:30AM Halloween Craft 11:00AM Wheel of Fortune 1:30PM Senory Sensations 2:00PM Travel Log 3:00PM Hand Massage 4:00PM Balloon Ball	3 9:30AM Saturday Stretch 10:00AM Coffee & Pastries 10:30AM Sing w/ Susie Q. 11:00AM Pictionary 1:30PM Bingo 2:15PM Derby Day 2:45PM Hot Chocolate Bar 3:00PM Bean Ball Toss
4 9:30am Morning Exercise 10:00am Mindful Meditation 11:00am Hymns and Harmony 1:00pm Beach Ball Toss w/4 1:30PM Wheel of Fortune 2:00pm Birthday Party 2:45pm What's In The Bag? 3:00pm Movie & Popcorn	5 9:30AM Noodle Exercise 10:00AM Coffee & Pastries 10:45AM Music W/Erica 1:00PM KickBall 1:30PM Nails 2:00PM Meet me at Moma 2:30PM Sensory Gardening 3:30PM Table Tennis	6 9:30AM Chair Chi 10:00AM Table Top Art 10:45AM Sing- A-Long 1:00PM Bowling 1:30PM Pumpkin Bread Making 2:00PM Craft Corner 3:00PM Parachute Ball 4:00PM Beach Ball Toss	7 9:30AM Chair Aerobics 10:00AM Water Colors 10:30am Sing- A-Long 1:00PM Noodle Toss 1:30PM Sensory Tables 2:00PM Color Collage Making 2:15PM Mid-Week Musical 4:00PM Bubble Pop	8 9:30AM Noodle Toss 10:00AM Colorist Club 10:30am Sing-A-Long 1:00PM Community Circle 1:30PM Nails 2:00PM Poetry Corner 2:15PM Life Skills Stations 3:30PM Trivia	9 9:30AM Fitness Friday 10:00AM Daily Chronicle 10:30AM Halloween Craft 11:00AM Wheel of Fortune 1:30PM Senory Sensations 2:00PM Travel Log 3:00PM Hand Massage 4:00PM Balloon Ball	10 9:30AM Saturday Stretch 10:00AM Coffee & Pastries 10:30AM Sing w/ Susie Q. 11:00AM Pictionary 1:30PM Bingo 2:15PM Derby Day 2:45PM Hot Chocolate Bar 3:00PM Bean Ball Toss
11 9:30am Morning Exercise 10:00am Mindful Meditation 11:00am Hymns and Harmony 1:00pm Beach Ball Toss w/4 1:30PM Wheel of Fortune 2:00pm Match It! 2:45pm What's In The Bag? 3:00pm Movie Popcorn	12 9:30AM Noodle Exercise 10:00AM Coffee & Pastries 10:45AM Music W/Erica 1:00PM KickBall 1:30PM Nails 2:00PM Meet me at Moma 2:30PM Sensory Gardening 3:30PM Table Tennis	13 9:30AM Chair Chi 10:00AM Table Top Art 10:45AM Sing- A-Long 1:00PM Bowling 1:30PM Pumpkin Bread Making 2:00PM Craft Corner 3:00PM Parachute Ball 4:00PM Beach Ball Toss	14 9:30AM Chair Aerobics 10:00AM Water Colors 10:30am Sing- A-Long 1:00PM Noodle Toss 1:30PM Sensory Tables 2:00PM Color Collage Making 2:15PM Mid-Week Musical 4:00PM Bubble Pop	15 9:30AM Noodle Toss 10:00AM Colorist Club 10:30am Sing-A-Long 1:00PM Community Circle 1:30PM Nails 2:00PM Poetry Corner 2:15PM Life Skills Stations 3:30PM Trivia	16 9:30AM Fitness Friday 10:00AM Daily Chronicle 10:30AM Halloween Craft 11:00AM Wheel of Fortune 1:30PM Senory Sensations 2:00PM Travel Log 3:00PM Hand Massage 4:00PM Balloon Ball	17 9:30AM Saturday Stretch 10:00AM Coffee & Pastries 10:30AM Sing w/ Susie Q. 11:00AM Pictionary 1:30PM Bingo 2:15PM Derby Day 2:45PM Hot Chocolate Bar 3:00PM Bean Ball Toss
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25 9:30am Morning Exercise 10:00am Mindful Meditation 11:00am Hymns and Harmony 1:00pm Beach Ball Toss w/4 1:30PM Wheel of Fortune 2:00pm Match It! 2:45pm What's In The Bag? 3:00pm Movie & Popcorn	26 9:30AM Noodle Exercise 10:00AM Coffee & Pastries 10:45AM Music W/ Erica 1:00PM KickBall 1:30PM Nails 2:00PM Meet me at Moma 2:30PM Out in the Gardening 3:30PM Table Tennis	27 9:30AM Chair Chi 10:00AM Table Top Art 10:45AM Sing- A-Long 1:00PM Bowling 1:30PM Pumpkin Bread Making 2:00PM Craft Corner 3:00PM Parachute Ball 4:00PM Beach Ball Toss	28 9:30AM Chair Aerobics 10:00AM Water Colors 10:30am Sing- A-Long 1:00PM Noodle Toss 1:30PM Sensory Tables 2:00PM Color Collage Making 2:15PM Mid-Week Musical 4:00PM Bubble Pop	29 9:30AM Noodle Toss 10:00AM Colorist Club 10:30am Sing-A-Long 1:00PM Community Circle 1:30PM Nails 2:00PM Poetry Corner 2:15PM Life Skills Stations 3:30PM Trivia	30 9:30AM Fitness Friday 10:00AM Daily Chronicle 10:30AM Halloween Craft 11:00AM Wheel of Fortune 1:30PM Senory Sensations 2:00PM Travel Log 3:00PM Hand Massage 4:00PM Balloon Ball	31 9:30AM Saturday Stretch 10:00AM Coffee & Pastries 10:30AM Sing w/ Susie Q. 11:00AM Pictionary 1:30PM Bingo 2:15PM Derby Day 2:45PM Hot Chocolate Bar 3:00PM Bean Ball Toss