## September 2020: AL



			<u> </u>				assisted living & memory care
	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		Birthdays  O. 9/15	1 10:00AM Tuesday Tone Up 10:30AM Exercise Group To 11:00AM What's In The Bay 1:00PM Black Jack Group 1:30PM Black Jack Group 2:00PM Resident Council 3:00PM Bingo	10:00AM Exercise Group Two 10:45AM Pray the Rosary 1 11:15AM This Day In History	3 9:30AM Chair Exercises 10:00AM Exercise Group Two 10:45AM PB &J 1:00PM Black Jack Group 1 1:30PM Black Jack Group2 2:00PM Jeopardy 3:00PM Bingo	9:30AM Fitness Friday 10:00AM Exercise Group Two 11:00AM What's In The Bag? 1:30PM Wheel of Fortune 1 2:00PM Wheel of Fortune 2 3:00PM Virtual Museum Visit 4:00PM Brain Games	9:30AM Saturday Stretch 10:00AM Exercise Group 2 10:30AM The Sunnyside Store 1:30PM Blackjack Group 1 2:00PM Balckjack Group 2 2:45PM Uno 3:00PM Tea and Cookies
6 10:00AM 10:30AM 11:00AM 1:30PM 2:00PM 2:30PM	Morning Exercise Exercise Group 2 Word Search Bingo Group 1 Bingo Group 2 Sunday Cinema	7 10:00AM Noodle Exercise 10:30AM Exercise Group 11:00AM Daily Chronicle 1:00PM Mixed-Up Crop 1:30PM Wheel of Fortu 2:00PM Wheel of Fortu 3:00PM Nails	Two 10:30AM Exercise Group To 11:00AM Travel Log 1:00PM Black Jack Group 1:30PM Black Jack Group	10:00AM Exercise Group Two 10:45AM Pray the Rosary 11:15AM This Day In History	9:30AM Chair Exercises 10:00AM Exercise Group Two 11:00AM Carry Out Thursday 1:00PM Black Jack Group 1 1:30PM Black Jack Group 2 2:00PM Jeopardy 3:00PM Bingo	9:30AM Fitness Friday 10:00AM Exercise Group Two 11:00AM What's In The Bag? 1:30PM Wheel of Fortune 1 2:00PM Wheel of Fortune 2 3:00PM Virtual Museum Visit 4:00PM Brain Games	9:30AM Saturday Stretch 10:00AM Exercise Group 2 10:30AM Coffee & Pastries 1:00PM Blackjack Group 1 2:00PM Balckjack Group 2 2:30PM Uno 3:00PM Tea and Cookies
13 10:00AM 10:30AM 11:00AM 1:30PM 2:00PM 2:30PM	Morning Exercise Exercise Group 2 Word Search Bingo Group 1 Bingo Group 2 Sunnyside Cinema	14 10:00AM Noodle Exercise 10:30AM Exercise Group 11:00AM Mystery Auctio 1:00PM Luau Word Min 1:30PM Wheel of Fortu 2:00PM Wheel of Fortu 3:00PM Sand Art	Two 10:30AM Exercise Group To 11:00AM Tikki Construction 1:00PM Black Jack Group 2:00PM Black Jack Group 1:00PM Black Bl	10:00AM Exercise Group Two 10:45AM Pray the Rosary 11:15AM Lei Making	9:30AM Chair Exercises 10:00AM Exercise Group Two 11:00AM Watermelon Contest 1:00PM Black Jack Group 1 1:30PM Black Jack Group2 2:00PM Jeopardy 3:00PM Bingo	9:30AM Fitness Friday 10:00AM Exercise Group Two 11:00AM What's In The Bag? 1:30PM Sailboat Making 2:00PM Saling on Waikiki 3:00PM Virtual Travel to Hawaii 4:00PM Brain Games	9:30AM Saturday Stretch 10:00AM Exercise Group 2 10:30AM Coffee & Pastries 1:00PM Blackjack Group 1 2:00PM Blackjack Group 2 2:30PM Uno 3:00PM Tea and Cookies
20 10:00AM 10:30AM 11:00AM 1:30PM 2:00PM 2:30PM Movie:	Morning Exercise Exercise Group 2 Word Search Bingo Group 1 Bingo Group 2 Sunnyside Cinema	21 10:00AM Noodle Exercise 10:30AM Exercise Group 11:00AM Mystery Auctio 1:00PM Harvest Word I 1:30PM Wheel of Fortu 2:00PM Wheel of Fortu 3:00PM Nails	Two 10:30AM Exercise Group To 11:00AM What's In The Bay 1:00PM Black Jack Group 1:30PM Black Jack Group 1:200PM Jeopardy 3:00PM Bingo	10:00AM Exercise Group Two 10:45AM Pray the Rosary 1 11:15AM This Day In History	9:30AM Chair Exercises 10:00AM Exercise Group Two 11:00AM 1:00PM Black Jack Group 1 1:30PM Black Jack Group2 2:00PM Jeopardy 3:00PM Bingo	9:30AM Fitness Friday 10:00AM Exercise Group Two 11:00AM What's In The Bag? 1:30PM Wheel of Fortune 1 2:00PM Wheel of Fortune 2 3:00PM Virtual Museum Visit 4:00PM Brain Games	9:30AM Saturday Stretch 10:00AM Coffee and Pastries 10:30AM Sunnyside Store 1:00PM Blackjack Group 1 1:30PM Black Jack Group 2 2:30PM Uno 3:00PM Tea and Cookies
27 10:00AM 10:30AM 11:00AM 1:30PM 2:00PM 2:30PM	Morning Exercise Exercise Group 2 Word Search Bingo Group 1 Bingo Group 2 Sunnyside Cinema	10:00AM Noodle Exercise 10:30AM Exercise Group 11:00AM Daily Chronicle 1:00PM Guided Medita 1:30PM Wheel of Fortu 2:00PM Wheel of Fortu 3:00PM Nail Spa	Two 10:30AM Exercise Group To 11:00AM Travel Log on 1:00PM Black Jack Group te 1 2:00PM Black Jack Group	9:30AM Wednesday Warm up 10:00AM Exercise Group Two 10:45AM Pray the Rosary 1 11:15AM This Day In History	Staff Bi Arvie L. 9/4 Jessie G. 9/13	irthdays Jennifer A. 9/12 Martha G. 9/19	Happy Autumn