

BURTON LEONARD BULLETS JFC - COVID 19 RISK ASSESSMENT

Activity	Burton Bullets Junior Football Club – Football activities including all training sessions, league matches and tournaments	Risk Assessment:	01 (10 Sept 2020)
Club Address (all home fixtures and training)	Burton Leonard Sportsfield, High Peter Lane, Burton Leonard, North Yorkshire HG3 3RZ	Event Date(s)	2020/21 football season (Saturday mornings)
Club Welfare & Covid-19 Officer	Chris Briscoe 07979 156659	Lead Coach	Kevin Greveson 07803 291524
Risk Assessment	General risk assessment for mitigation of the transmission/spread of Coronavirus which can result in Covid-19 (respiratory illness which can result in asymptomatic, mild, moderate, severe or fatal symptoms.	Medical Emergency Action Plan Prepared?	Yes – displayed on sports pavilion entrance window
Who might be harmed	Everyone - Players, coaches, officials, volunteers, parents / carers / guardians, spectators, clubs and football facility providers, passers-by / public.		

This risk assessment has been prepared by the Club's volunteer Covid-19 officer based on the FA's current guidance (end August 2020) for 'Providers of outdoor football facilities, including clubs', available here

<http://www.thefa.com/-/media/thefacom-new/files/get-involved/2020/outdoor-football-facilities---covid-19-guidance-on-re-starting-competitive-grassroots-football>

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Specific Tasks: What are the hazards/risk?	Controls Required	Additional Controls	Action by who?	Date action completed
<p>Travel to and from training and matches</p> <p>Spread of Covid-19 Coronavirus</p>	<p>Players/coaches/volunteers or parents should not share vehicles where suitable distancing cannot be achieved.</p> <p>All participants and other attendees should follow best practice for travel, including minimising use of public transport. Participants should walk or cycle if possible.</p> <p>People from a household or support bubble can travel together in a vehicle. If participants do have to travel with people outside their household or support bubble they should try to:</p> <ul style="list-style-type: none"> • Share the transport with the same people each time; • Keep to small groups of people at any one time; • Open windows for ventilation; • Face away from each other; • Clean the car between journeys using standard cleaning products – including door handles and other areas that people may touch; • Ask the driver and all passengers to wear a face covering; • Consider seating arrangements to maximise distance between people in the vehicle; • When finishing the journey participants should wash their hands for at least 20seconds or sanitise their hands as soon as possible. 		Everyone	Ongoing - Prior to each session

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<p>Attendance at training / matches</p> <p>Spread of Covid-19 Coronavirus</p>	<p>COVID-19 SELF ASSESSMENT All players, officials, volunteers and spectators must undertake a self-assessment for any Covid-19- symptoms.</p> <p>No-one should leave home to participate in football if they, or someone they live with, has any of the following:</p> <ul style="list-style-type: none"> • A high temperature (above 37.8°C); • A new, continuous cough; • A loss of, or change to, their sense of smell or taste. <p>This check should be done by the parents/guardian before each training session.</p> <p>All parents are to complete the Covid-19 Parent Consent form confirming they will not attend any matches or training sessions if they, or someone they live with has Covid-19 symptoms.</p> <p>Should an individual have demonstrated any such symptoms, they must not participate. Instead they should follow NHS and PHE guidance on self-isolation available here https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance/stay-at-home-guidance-for-households-with-possible-coronavirus-covid-19-infection</p> <p>Anyone who has already been instructed to self-isolate by a health care practitioner or PHE should continue to follow this advice and may not participate.</p>	<p>The Covid-19 Parent Consent form is making parents aware there is an increased risk from Covid-19 associated by taking part in this activity. Club has looked to mitigate this where reasonable based on this risk assessment.</p> <p>Everyone should comply with public health restrictions and avoid high-risk behaviour outside the football setting to reduce the risk to fellow participants and other attendees.</p>	<p>Everyone</p>	<p>Ongoing – Before each session</p>

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<p>Engagement with NHS test and Trace</p> <p>Spread of Covid-19 Coronavirus</p>	<p>Clubs and facility providers should support NHS test and trace efforts by collecting name and contact information on participants at both training and matches.</p> <p>This information should be stored for 21 days in-line with the Government Recreational Team Sport Framework then deleted and collected/processed in accordance with the Data Protection Act 2018 and in line with GDPR principles. It should be used only for the purpose of NHS test and trace and, where requested to share with the NHS for test and trace purposes, the shared information should relate only to the match or training in which the player or supporter tested positive.</p> <p>Clubs and facility providers should follow current UK Government NHS test and trace guidance, which is available here https://www.gov.uk/guidance/nhs-test-and-trace-how-it-works</p> <p>Detail on how the club are to maintain test and trace records are here https://www.gov.uk/guidance/maintaining-records-of-staff-customers-and-visitors-to-support-nhs-test-and-trace</p>	<p>All attendee's to complete register confirming all parties from their family attending.</p> <p>2 register tables will be set up – one by the car park and one by the pavilion. Social distancing to be observed whilst signing register. Hands to be disinfected after signing register.</p>	<p>Everyone</p>	<p>Ongoing – If a positive Covid case is advised</p>
<p>Changing, showering and use of toilets</p> <p>Spread of Covid-19 Coronavirus</p>	<p>Where possible, players and coaches must arrive at the facility changed and leave in their kit to then shower at home;</p> <p>Toilets will be opened pre-match and left open during training.</p> <p>Cleaning materials will be left in the toilets to be used by users.</p> <p>Facilities to be cleaned as detailed in the Hygiene / Cleaning Schedule at Appendix 2.</p>	<p>Toilets and pavilion are to be cleaned by the coaching staff at the end of the session.</p>	<p>Coaches, players, spectators</p>	<p>Ongoing - Each session at home</p>

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<p>Increased Hygiene at venue</p> <p>Spread of Covid-19 Coronavirus</p>	<p>PROMOTING GOOD HYGIENE: Provide hand gel within the pavilion and at the car park and pavilion entry points.</p> <p>All players and coaches to be requested to bring their own bottle of hand sanitiser.</p> <p>Clearly direct people to where they can wash their hands.</p> <p>Ensure that handwashing sink is in working order and provide soap, and disposable paper towels in handwashing area.</p> <p>Provide hygiene standards promotional poster and signage throughout the clubhouse.</p> <p><u>Hand Washing</u></p> <ul style="list-style-type: none"> • Hand washing facilities with soap and water in place. • Stringent hand washing taking place. • See hand washing guidance. • https://www.nhs.uk/live-well/healthy-body/best-way-to-wash-your-hands/ • Drying of hands with disposable paper towels. • https://www.nursingtimes.net/news/research-and-innovation/paper-towels-much-more-effective-at-removing-viruses-than-hand-dryers-17-04-2020/ • All users to be encouraged to protect the skin by applying emollient cream regularly. • https://www.nhs.uk/conditions/emollients/ • Gel sanitisers in toilet lobby entrance to pitches and other strategic positions. 	<p>Train all coaches on new protocols and the importance of good hygiene.</p> <p>Players/coaches/parents to be reminded to wash their hands for 20 seconds with water and soap and the importance of proper drying with disposable towels.</p> <p>Also reminded to catch coughs and sneezes in tissues – Follow Catch it, Bin it, Kill it and to avoid touching face, eyes, nose or mouth with unclean hands.</p> <p>Weekly stock check (cleaning products, sanitiser, soap and paper towels).</p>	<p>Everyone, Coaches</p>	<p>Ongoing - Each session at home</p>

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<p>Increased Hygiene within pavilion</p> <p>Spread of Covid-19 Coronavirus</p>	<p><u>Cleaning</u> Frequently cleaning and disinfecting objects and surfaces that are touched regularly particularly in areas of high use such as door handles, light switches, Kitchen area and toilets, using appropriate cleaning products and methods.</p> <p>Regular cleaning within clubhouse during each session – see Cleaning / Hygiene schedule at Appendix 2.</p> <p>Identify high-contact touch points for more regular cleaning (e.g. door handles, light switches).</p> <p>Provide tissue bin in toilet area and empty all waste bins at end of session, removing sealed waste bags to General waste bin for disposal.</p> <p>Remove any non-essential items that may be difficult to clean.</p> <p>Follow Public Health England deep cleaning guidance if a COVID-19 case is reported at the facility.</p> <p><u>Wearing of Gloves</u> Where wearing of gloves is a requirement (cleaning after a potential Covid case has been at premises), an adequate supply of these will be provided. Volunteers will be instructed on how to remove gloves carefully to reduce contamination and how to dispose of them safely.</p>	<p>Train all coaches on new protocols and the importance of good hygiene.</p> <p>A responsible person to be designated to check cleaning has taken place as planned.</p> <p>Waste bins to be lined. Empty waste facilities regularly.</p> <p>Masks and gloves to be worn when undertaking all cleaning tasks following potential Covid case.</p>	<p>Coaches, volunteers</p>	<p>Ongoing - Each session at home</p>

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<p>Social distancing within pavilion</p> <p>Spread of Covid-19 Coronavirus</p>	<p>MAINTAINING SOCIAL DISTANCING & AVOIDING CONGESTION:</p> <p>Regulate the entry to the clubhouse to avoid overcrowding.</p> <p>Open up the external toilet to rear of pavilion to increase toilet facilities available for use.</p> <p>Apply two metre distancing signs to the clubhouse entrance.</p> <p>Only one person at a time to enter through entrance doorway to avoid congestion. Open both doors to increase entrance size.</p> <p>Limit use of toilet facilities to avoid congestion – i.e. no waiting in lobby area outside cubicles.</p>	<p>Monitor effectiveness, especially at peak times.</p> <p>Coaches to promote compliance with users.</p>	<p>Everyone, Coaches</p>	<p>Ongoing - Each session at home</p>
<p>Social distancing around matches and training</p>	<p>Competitive match play is now permitted. However, all participants should practise social distancing before and after matches.</p> <p><u>Social Distancing</u> Monitor the number of persons in different areas of the sportsfield and pavilion to remind them comply with the 2-metre (6.5 foot) social distancing requirement this includes playing areas, pavilion, car parks and pitch sides. https://www.gov.uk/government/publications/covid-19-guidance-on-social-distancing-and-for-vulnerable-people</p> <p>Training and match schedules to be run on basis of keeping age groups separate to reduce number of players/parents/coaches and volunteers in specific areas of the site at any one time.</p>	<p>Coaches to remind players and parents of need to social distance during matches and training.</p> <p>Group numbers to be capped to Government guidelines (currently 6 for parent / social groups and 30 for payers/coaches)</p>	<p>Everyone</p>	<p>Ongoing - each session</p>

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<p>Other Covid-19 modifications for matches and training</p> <p>Spread of Covid-19 Coronavirus</p>	<ul style="list-style-type: none"> • Pre-match handshake should not happen. Instead players will be asked to hand-sanitise before kick-off; • Team talk huddles should not take place. Team talks can take place, as long as social distancing is observed and held outdoors where possible; • Warm-ups/cool-downs should always observe social distancing; • Coaches, other team staff and substitutes are allowed, but must also always observe social distancing on touchlines/dug-outs. Social-distancing must also be observed during interactions when a substitution is being made; • Set plays – free kicks: referees and coaches should encourage players to get on with the game and not unnecessarily prolong set play set-up, such as defensive walls; • Set plays – corners should also be taken promptly to limit prolonged close marking and goal posts should be wiped down before matches after matches and at half time. • Goal celebrations should be avoided; • Interactions with referees and match assistants should only happen with players observing social distancing; • Small-sided football should be modified to provide more regular hygiene breaks in activity. • Youth football coaches are encouraged to limit persistent close proximity of participants during match play (where young participants may be more likely to cluster around the ball) and provide regular hygiene breaks in activity. 	<p>Coaches to remind players and parents of need to social distance during sessions.</p> <p>Group numbers to be capped to Government guidelines (currently 6 for parent / social groups and 30 for payers/coaches)</p>	<p>Everyone</p>	<p>Ongoing - each session</p>

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Use of Equipment Spread of Covid-19 Coronavirus	<p>The sharing of equipment must be avoided where possible. Where equipment is shared, equipment must be cleaned before use by another person.</p> <p>Hands should be washed at the earliest opportunity and personal equipment should be wiped down with a disinfectant.</p> <p>Participants should take their kit home to wash it themselves.</p>	Coaches to remind players and parents not to share equipment.	Everyone	Ongoing - each session
Ball transfer Spread of Covid-19 Coronavirus	<p>When the ball goes out of play it should not be retrieved by non-participants and should be retrieved using the feet rather than the hands where possible. Where there are breaks in the game, or training, if throw-ins or handling has occurred the ball should be disinfected. Further guidance on disinfecting can be found here. https://www.hse.gov.uk/coronavirus/hand-sanitiser/choosing-hand-sanitiser-surface-disinfectant.htm</p>	Coaches to remind players and parents of need to retrieve ball with feet not hands.	Everyone	Ongoing - each session
Shouting Spread of Covid-19 Coronavirus	<p>There is an additional risk of infection in close proximity situations where people are shouting or conversing loudly. This particularly applies indoors (e.g. inside clubhouses) and when face to face. If possible, players should therefore avoid shouting or raising their voices when facing each other during, before and after games.</p> <p>This is included within The FA's Code of Behaviour (see Appendix 1).</p>	Coaches to remind players not to shout.	Everyone	Ongoing - each session
Spitting Spread of Covid-19 Coronavirus	<p>Everyone should refrain from spitting. If you need to sneeze or cough, you are encouraged to do so into a tissue or upper sleeve and advised to avoid touching your face. Ensure any tissues are disposed of in a sealed bin as soon as possible.</p>	Coaches to remind all players not to spit.	Coaches, Players	Ongoing - each session

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<p>Treatment of injuries / First Aid</p> <p>Spread of Covid-19 Coronavirus</p>	<p>The FA has produced a detailed First Aid Guidance document for First Aid which can be found here. http://www.thefa.com/-/media/thefacom-new/files/get-involved/2020/clubs-and-coaches---covid-19-first-aid-guidance-for-returning-to-competitive-grassroots-football</p> <p>Injuries during play should still be treated as participant health and safety is of utmost importance.</p> <p>If a participant gets injured, a member of their household can assist if present and appropriate, but others (including match officials and teammates and coaches) will still need to socially distance unless a life- or limb-threatening injury necessitates compromising guidelines to provide emergency care.</p> <p>If there is a first-aider or other medical personnel present, they should be equipped with the appropriate PPE (including face coverings) to protect themselves and others if they need to compromise social-distancing guidelines to provide medical assistance.</p> <p>After contact with an injured participant, the person who has administered first aid should clean their hands thoroughly with soap and water or alcohol hand sanitiser at the earliest opportunity. This advice is applicable to all situations, regardless of whether there was close contact or social distancing was maintained. The first aider should also avoid touching their mouth, eyes and nose.</p> <p>Anyone who is administering any form of treatment, should keep a record of each participant they have come into contact with for NHS test and trace purposes.</p>	<p>Coaches have all been briefed on requirement to wear PPE if administering first aid.</p> <p>Stock of PPE is available in the pavilion</p>	<p>Coaches, First Aiders, Parents</p>	<p>Ongoing - each session</p>

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Specific Tasks: What are the hazards/risk?	Controls Required	Additional Controls	Action by who?	Date action completed
<p>Treatment of injuries / First Aid (Cont'd)</p> <p>Spread of Covid-19 Coronavirus</p>	<p>Further information for those who may need to act as a 'first responder' role in a sports setting can be found here. https://www.gov.uk/government/publications/novel-coronavirus-2019-ncov-interim-guidance-for-first-responders/interim-guidance-for-first-responders-and-others-in-close-contact-with-symptomatic-people-with-potential-2019-ncov</p> <p>If a participant becomes Covid-19 symptomatic during the activity, they should immediately remove themselves from the session and return home as soon as possible. NHS guidance on further management of symptoms should be followed. https://www.nhs.uk/conditions/coronavirus-covid-19/</p>	<p>Coaches have all been briefed on requirement to wear PPE if administering first aid.</p> <p>Stock of PPE is available in the pavilion</p>	<p>Coaches, First Aiders, Parents</p>	<p>Ongoing - each session</p>
<p>Spectators social distancing</p> <p>Spread of Covid-19 Coronavirus</p>	<p>Supporters, parents, and other spectators should remain socially distanced whilst attending training / matches.</p> <p>Spectator groups must be restricted to discrete six-person gathering limits and spread out, in line with wider Government guidance, ensuring space for officials, coaches and substitutes</p> <p>After training sessions and/or matches, participants must maintain government mandated social distancing for social interaction. This includes in changing rooms and any clubhouse facilities.</p>	<p>Coaches to remind players and parents of need to social distance during sessions.</p> <p>Group numbers to be capped to Government guidelines (currently 6 for parent / social groups)</p>	<p>Everyone</p>	<p>Ongoing - each session</p>

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Appendix 1 – Code of Behaviour, Covid-19

Covid-19 is a highly infectious and dangerous disease. A resumption of contact play is only achievable if those involved create and maintain a controlled environment that minimises the threat of infection. Risk in sport cannot be completely eradicated but with caution and care these risks can be reduced. Each player will need to decide when to return to contact football, based on their own circumstances and the arrangements that have been put in place for a safe return. This is particularly the case for players from BAME communities or those with underlying health conditions.

1. All those returning to competitive grassroots football must adopt the following code of behaviour:
2. Be aware of your own personal health. If you show any of the Covid-19 symptoms you must stay at home, inform NHS Test and Trace and seek medical advice.
3. Be responsible. Read the guidance provided by The FA and by your club so that you are aware of the changes to the game and what is expected of you. This will include things like being prepared to wash your own kit, bringing your own labelled water bottle and being aware of changes to meet-up times.
4. Practise good hygiene. Wash your hands regularly and before, during and after a game.
5. Where possible maintain social distancing. This won't always be possible in a competitive match environment (for example when tackling an opponent) and that is acceptable. However, before, and after a game you should maintain social distancing.
6. Support NHS Test and Trace. You're likely to be asked to provide your details so that in the event of a Covid-19 outbreak those potentially infected can be traced. This is to everyone's benefit so please co-operate.
7. Do not spit. Spitting and the rinsing out of mouths is now a recognised risk to health and must not be done. Avoid shouting or raising your voice if face to face with other players.
8. After the game. Be aware that other users may be waiting to use the facilities. Changing rooms and showers are likely to be closed and any socialising must follow the Government's guidance on social distancing.

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Appendix 2 – Hygiene / Cleaning Schedule

All surfaces / objects liable to be touched to be wiped / cleaned with appropriate disinfectant.

Kitchen Area

All work tops

Light switches

Door and cupboard Handles

Fridge and cooker

Kettles

Taps

Remove liner containing rubbish from waste bin and replace with an empty liner. Dispose of rubbish bag in a General waste bin.

Pavilion – Main circulation area

Hoover floor

Wipe tables down

Light switches

Door handles

Toilets

Toilets Cleaned Before and After Training Session in full PPE (One of the coaches to take responsibility for this at each session)

Every adult using the toilet to wipe down all surfaces with wipes provided after use

Remove liner containing rubbish from waste bins and replace with an empty liner. Dispose of rubbish bag in a General waste bin.

Toilets and wash basins to be cleaned with appropriate disinfectant

Wipe down light switches

Wipe down door handles – including external entrance door