



The Lone Sailor



QUARTERLY NEWSLETTER

FEB - APRIL ISSUE



FEATURED THIS NEWSLETTER

WINTER FIELD TRAINING EXERCISE
NATIONAL INSPECTION DAY & INTERNATIONAL EXCHANGE PROGRAM
CHIEF PETTY OFFICER PROMOTION
WOUNDED WARFIGHTER RACE
FAMILY BEACH DAY

AMAZING 3 MONTHS



Special Thanks to our Sponsors



WINTER FTX

Our unit boldly decided to HOST a 3 day winter field training exercise

We welcomed 3 other units and hOUSED 112 cadets and 25 staff
Cadets leaRned fire starting, zip lining, rapPeLling, field medical, room entry, and squad field movement.

We held a night-time 300+ flag retirement ceremony WITH WINTER GARDEN'S AMERICAN LEGION POST 63
And had a fun NIGHT-OP EXERCISE. HOOYAH!



OUR FIRST nat'1 INSPECTION

WE WELCOMED CDR TOWNSEND WHO INSPIRED OUR unit.

Regional and national officers inspected our unit, we received high marks and showed our quality.

We also had our first chief petty officer promotion



Congratulations cpo carter lopes



CFNLUS WOUNDED WARFIGHTER RACE

LONE SAILOR DIVISION SUPPORTED OUR NAVY LEAGUE'S 2019 WOUNDED WARFIGHTER 5/10K RACE TO BENEFIT OUR VETERANS THE RACE WAS GREAT SUCCESS AND WE WILL ALWAYS SUPPORT OUR VETERANS WHO GRANT US OUR FREEDOM THROUGH THEIR SACRIFICE



WE FOLLOWED THE RACE UP BY PARTICIPATING IN A MARINE CROSSFIT WORKOUT. Thank you Mr. Goins and STARR FIT



TWO AMAZING FUN DAYS

LONE SAILOR DIVISION PARTICIPATED IN THE SUN 'n FUN AIR SHOW
WE ALSO HAD OUR FIRST UNIT FAMILY BEACH DAY

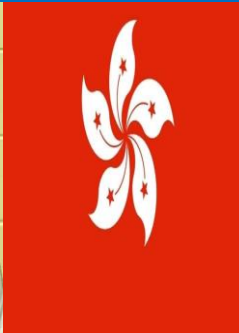


INCREDIBLE UNIT ACHIEVEMENT

WE ARE PROUD THAT IN 396 SEA CADET UNITS, WITH ONLY 18 SPOTS AVAILABLE

BOTH CPO RENEE WOODS & CPO CARTER LOPES WERE SELECTED TO REPRESENT

THE UNITED STATES IN THE INTERNATIONAL EXCHANGE PROGRAM THEYRE HEADED TO SOUTH KOREA AND HONG KONG THIS SUMMER. HOOYAH!
ALSO, CPO CARTER LOPES WAS SELECTED BY KURT GIES OF THE AMERICAN LEGION POST 63 TO REPRESENT THEM IN THEIR ANNUAL BOYS STATE



LONE SAILOR DIVISION FEB-APRIL PROMOTIONS

(Some have pending ceremonies)

CONGRATULATIONS GO TO

PETTY OFFICER FIRST CLASS - Alyssia Gonzalez

PETTY OFFICER THIRD CLASS - RICARDO COLLAZO

SA-T - LEVI FRITZLER

SA-T - MATTHEW GUTIERREZ

SA-T - IAN RAUT

SA-T - SAMANTHA REINHART



USNSCC LONE SAILOR DIVISION QUARTERLY

APR/19/2019

LONE SAILOR FEATURED CADETS

SN JAYLYNN TORRES



What are your future plans?

SN TORRES "Attend College Nursing or Medical School"

What's your favorite thing about Lone Sailor Division?

SN TORRES "I love how it's one truly happy family"

What are you most thankful for?

SN TORRES "My Mom & Dad who always have my back"

SA-T SAMANTHA REINHART



What are your future plans?

SA-T REINHART "To become a Nurse in the US Navy"

What's your favorite thing about Lone Sailor Division?

SA-T REINHART "Working with friends and the Physical Training"

What are you most thankful for?

SA-T REINHART "My Mom and Dad for finding me the Sea Cadets"

USNSCC LONE SAILOR DIVISION QUARTERLY

APR/19/2019

UPCOMING DIVISION EVENTS..

Wakes For Warriors Color GUARD & 2018/2019 AWARDS CEREMONY

MAKING MEMORIES



