

Oklahoma Injury Care
Alina Justiz, M.D.
Heather Hedrick, APRN-CNP

Alina Justiz, M.D.
Heather Hedrick, APRN-CNP
Carrie Galyon, P.T.
Traci Lambert, APRN
Gary Seymour, APRN
Ron D. Somerville, D.C.

Mailing: PO Box 14740 OKC, OK 73113 N: 200 W. Britton Rd, OKC, OK 73114 Phone: 405-755-8000 Fax: 405-755-8001 S: 7825 S. Walker Ave., OKC, OK 73139

Phone: 405-634-1700 Fax: 405-634-1708

GENERAL	<u>INFORMA</u>	HON

Name:	Sex:	SS#:
		yer Name:
		ress:
		Code:
Home Phone:		
Emergency Contact:	Phone Number:	Relationship:
PERSONAL INJURY CLAIM INFO	RMATION	MVA PATIENTS ONLY:
Date of Accident:	Name of Insurance Company:	
Claim Number:	Phone Number:	
Liable Party Name:		
Is there MEDPAY? ☐yes ☐no A	MEDPAY Insurance Company:	
MEDPAY Claim Number:		
ASSIGNMENT OF BENEFITS		Please read the following statements very carefully:
If you have insurance, please read and sign belo		
rendered. This payment will not exceed my indebtedness to over and above this insurance payment. If my current policy Injury Care as the payer on any check issued for services a	o the above-mentioned assignee, and I agree to pay, y permits payment to be mailed to myself only. I here rendered to Advanced Pain Solutions, Inc., DBA: Okla ress purpose of endorsing drafts or checks received to and apply to such funds against my outstanding acc	vanced Pain Solutions, Inc., DBA: Oklahoma Injury Care (at the address noce policy, as payment toward total charges for professional services in a current manner, any balance of said professional services charges by authorize you to list Advanced Pain Solutions, Inc., DBA: Oklahoma shoma Injury Care. I hereby grant Advanced Pain Solutions, Inc., DBA: by Advanced Pain Solutions, Inc., DBA: Oklahoma Injury Care which are sount(s) in that office.
SIGNATURE OF CLAIMANT:		DATE:

#### Please check any of the following conditions that apply to you now, or have applied to you in the last six months: \_\_ Neck Pain Headaches \_\_ Pins & needles in arms/legs \_\_ Abdominal Pain \_\_ Neck Stiffness Loss of concentration \_\_ Fingers / toes numb \_ Stomach Ulcers \_\_ Upper back pain \_\_ Light bothers eyes \_\_ Sleep difficulties / Insomnia \_\_ Bloody / Black Stools \_\_ Pain behind eyes \_\_ Mid back pain \_\_ Diarrhea \_\_ Lower back pain \_\_ Loss of memory \_\_\_ Depression \_\_ Constipation \_\_\_ Head seems heavy \_\_\_ Pain in tailbone \_\_ Anxiety \_\_ Menstrual problem \_\_\_ Fatigue \_\_ Right / Left shoulder pain \_\_ Mental Disorders \_\_\_ Anemia / Bleeding \_\_\_ Right / Left arm pain \_\_ Dizziness / fainting \_\_ High Blood Pressure \_\_ Cold hands / feet \_\_ Right / Left elbow pain \_\_ Heart Attack \_\_ Arthritis Nausea \_\_\_ Right / Left wrist pain \_\_ Chest Pain \_\_ Seizures \_\_ Ringing in ears \_\_\_ Buzzing in ears \_\_ Right / Left hip pain \_ Diabetes Shortness of breath \_\_ Right / Left leg pain \_\_ Visual Problems \_\_ Bladder Problems \_\_ Sinus trouble \_\_ Loss of balance \_\_ Right / Left knee pain \_\_ Kidney Disease \_\_ Asthma \_\_ Jaw pain / TMJ \_\_ Right / Left ankle pain \_\_ Urinary Tract Infection \_\_ Pneumonia \_\_ Pain with chewing \_\_ Leg swelling / Edema \_\_\_ Fever \_\_ Bronchitis \_\_ Muscle Weakness \_\_ Positive HIV / AIDS Hepatitis C Tuberculosis List any other health conditions not listed above: Do you routinely take Aspirin, Advil, Motrin, Aleve, Tylenol, Celebrex, or Vioxx? Dyes Dno If yes, please list: \_\_\_\_\_\_ What aggravates these conditions? \_\_\_\_ What decreases the symptoms or pain? List any prescription/non-prescription medicine and vitamins you are taking: List any drug allergies you may have: \_\_\_\_ List any surgical operations you have had: Date of last physical examination: PERSONAL HABITS: Do you smoke? □yes □no If yes, how many packs per day? \_\_\_\_\_ For how many years? \_\_\_\_ If yes, do you drink: social heavy Do you use recreational drugs? \\_yes \\_no \\_lf yes, what types of drugs? \_\_\_\_\_ Are you (check one): Married Single Divorced Widowed FAMILY HISTORY (siblings, parents, & grandparents) Stroke: ves no if yes, who? □yes □no If yes, who?\_\_\_\_\_ Heart Attack: Migraines: Uves Uno If yes, who?\_\_\_\_\_ Diabetes: □yes □no If yes, who? \_\_\_\_ □yes □no If yes, who? \_\_\_\_\_ Seizures: Cancer: □yes □no If yes, who? \_\_\_\_ Bleeding Problems: Ves Ino If yes, who? FOR WOMEN ONLY If yes, what is your due date? Are you pregnant? Yes No Unsure If you are not pregnant, what was your last menstrual period? \_\_\_\_ If there is any possibility of pregnancy, you must inform your doctor prior to any medical treatment. If pregnancy occurs, please notify your doctor prior to treatment. If there is no possibility of pregnancy, please sign and date below, certifying that you are not pregnant. I hereby certify that I am <u>not pregnant</u> SIGNED

PATIENT HEALTH INFORMATION

#### Other uses and disclosures:

We are permitted and/ or required by law to make certain other uses and disclosures of your personal health information without your consent or authorization for the following:

- Any purpose required by law;
- · Public health activities, such as required reporting of disease, injury, birth, and death, or required public health investigation;
- If we suspect child abuse or neglect; if we believe you to be a victim of abuse, neglect, or domestic violence;
- To the Food and Drug Administration to report adverse events, product defects, or to participate in product recalls;
- To your employer when we have provided health care to you at the request of your employer:
- To a government oversight agency conducting audits, investigations, or civil or criminal proceedings;
- Court of administrative ordered subpoena or discovery request;
- To law enforcement officials as required by law to report wounds and injuries and crimes;
- To coroners and/or funeral directors consistent with law;
- If necessary to arrange an organ or tissue donation from you or a transplant for you;
- If you are a member of the military, we may also release your personal health information for national security or intelligence activities; and
- To workers' compensation agencies for workers' compensation benefit determination.

### RIGHTS THAT YOU HAVE REGARDING YOUR PERSONAL HEALTH INFORMATION:

- Access to Your Personal Health Information: You have the right to copy and/or inspect much of the personal health information that we retain on your behalf.
   All requests for access must be made in writing and signed by you or your legal representative. You may obtain a "Patient Access to Health Information Form" from the front office person. You are entitled to one free copy of your personal health information. If you request additional copies you may be charged a nominal fee for copying and postage.
- Amendments to Your Personal Health Information: You have the right to request in writing that personal health information that we maintain about you be amended or corrected. We are not obligated to make all requested amendments but will give each request careful consideration. All amendment requests, must be in writing, signed by you or your legal representative, and must state the reason for the amendment/correction request. If an amendment or correction request is made, we may notify others who work with us if we believe that such notification is necessary. You may obtain an "Amendment Request Form" from the front office person or individual responsible for medical records.
- Accounting for Disclosures of Your Personal Health Information: You have the right to receive an accounting of certain disclosures made by us of your
  personal health information after April 14, 2003. Requests must be made in writing and signed by you or your legal representative. "Accounting Request Forms" are available
  from the front office person or individual responsible for medical records. The first accounting in any 12-month period is free; you will be charged a fee for subsequent
  accounting you request within the same 12-month period. You will be notified of the fee at the time of your request.
- Restrictions on Use and Disclosure of Your Personal Health Information: You have the right to request restrictions on uses and disclosures of your personal health information for treatment, payment, or health care operations. We are not required to agree to your restriction request but will attempt to accommodate reasonable requests when appropriate. We retain the right to terminate an agree-to restriction if we believe the termination is appropriate. In the event of a termination by us, we will notify you of such termination. You also have the right to terminate, in writing or orally, any agreed-to restriction by sending such termination notice to the individual responsible for medical records.
- Complaints: If you believe your privacy rights have been violates, you can file a complaint in writing with the Clinic Director/Privacy Officer at Oklahoma Injury Care at PO
  Box 14740 Oklahoma City, OK 73113. You may also file a complaint with the Secretary of the U.S. Department of Health and Human Services in Washington D.C. in writing
  within 180 days of a violation of your rights. There will be no retaliation for filing a complaint.

#### FOR FURTHER INFORMATION

If you have questions or need further assistance regarding this Notice, you may contact the Clinic Director/Privacy Officer at Oklahoma Injury Care at 200 W. Britton Rd Oklahoma City, OK 73114

### **AUTHORIZATIONS**

#### 1. Authorization to release medical information

I hereby authorize the release of medical and medication information pertinent to my care to the Doctors, Nurse Practitioners, Physician Associates, Medical Assistants, and Office Staff at Oklahoma Injury Care.

#### 2. Privacy notice Acknowledgment

With my signature below, I acknowledge that I have read and received a copy of Oklahoma Injury Care Notice of Privacy Practices.

#### 3. Informed Consent

I have been informed that I have the right to refuse any form of treatment. I understand the nature of treatment and have been informed of the risks and possible consequences involved with this treatment.

#### 4. Financial Responsibility

I understand that I am fully responsible to Oklahoma Injury Care for all charges I incur in this office, including deductible, co-pays, co-insurance, and all charges not covered by insurance, as detailed in the Oklahoma Injury Care Financial Policy, available upon request.

### 5. Consent to Treat

I understand that by signing the authorization below i am allowing for the Doctors, Nurse Practitioners, Physician Associates, Medical Assistants, and Office Staff to treat me and discuss the details of my treatment with me as well as with each other.

I agree to the authorizations listed above and I certify that all the information contained in this booklet is complete and true to the best of my knowledge.

W/II W.	SIGNATURE OF PATIENT:		DATE:
---------	-----------------------	--	-------



# Oklahoma Injury Care Alina Justiz, M.D.

Alina Justiz, M.D. Heather Hedrick, APRN-CNP Carrie Galyon, P.T. Traci Lambert, APRN Gary Seymour, APRN Ron D. Somerville, D.C. Mailing: PO Box 14740 OKC, OK 73113 N: 200 W. Britton Rd, OKC, OK 73114 Phone: 405-755-8000 Fax: 405-755-8001 S: 7825 S. Walker Ave., OKC, OK 73139 Phone: 405-634-1700 Fax: 405-634-1708

Patient name:				
Date of Accident:				
ocation of Accident: City:		State:	Zip:	
What was your position in the	e vehicle? □Driver □	Front Passenger	□Rear Passenger	□Pedestria
Were the vehicle air bags de	ployed? □yes □no			
■What type of vehicle were	you driving?			
Make:	Model:	Y	ear:	
CAR	TRUCK	<u>VAN</u>	SUV	
Compact	Small Size	Mini	Compaci	
Mid Size	Full Size	Full Size	Mid Size	
Full Size	Semi	Company	Full Size	
Make:	Model:	Y	ear:	<del></del>
CAR	TRUCK	<u>VAN</u>	SUV	
Compact	Small Size	Mini	Compact	
Mid Size	Full Size	Full Size	Mid Size	
Full Size	Semi	Company	Full Size	
Did you receive medical atten Did you go to the hospital?  f yes, what hospital?  Where you taken by:   Have you been treated for the f yes, what doctor and phone	Iyes □no lance □private transport se injuries by another doct	Were you adn ation or? □yes □no	nitted? □yes □no	
Have you been x-rayed since				
Since the accident has your p	•	•		-
SIGNATURE OF PATIENT:			DATE:	

SIGNATURE OF PATIENT:

Oklahoma Injury Care
Alina Justiz, M.D.
Heather Hedrick, APRN-CNP Carrie Galyon, P.T. Traci Lambert, APRN Gary Seymour, APRN Ron D. Somerville, D.C.

Mailing: PO Box 14740 OKC, OK 73113 N: 200 W. Britton Rd, OKC, OK 73114 Phone: 405-755-8000 Fax: 405-755-8001 S: 7825 S. Walker Ave., OKC, OK 73139 Phone: 405-634-1700 Fax: 405-634-1708

DATE:

PAIN	INDEX									
Pleas	e list the major	complaints	s you have too	lay:						
		<u> </u>								
Using	g the symbols	s provideo		rk the are		strations w	here you are e	xperien	cing these sen	sation:
									BURNIN STABBIN PINS/NEEDLI ACHIN NUMBNES SHAF	NG X NG / ES * NG 0 SS
On a	scale of 1 to	o 10, how	strong is 1	the pain n	ow? (1 bei	ng the leas	t, 10 being ti	he wors	st)	
0	1	2	3	4	5	6	7	8	9	10

## **Additional Accident Details**

Patient name:			
Date of Injury: _		•	
Please describe the	accident in as much detail as pos	sible:	
What was your pos	ition in the vehicle?	Was your vehicle	
□Driver □Rear Passenger	☐ Front Passenger ☐ Pedestrian	☐At a complete stop	☐In Motion
Type of collision? □Rear-end □Head on	☐ Side swipe ☐ Mu☐ Side impact(T-Bone) ☐ Ro	ılti car pile-up llover	
Steering wheel_	vour body hit at the moment of im Dashboard  Passengers' side		/knee/hand/foot) eiling Vindshield
Were you wearing a	a seat belt?		
□yes	□no		
Were you rendered	unconscious at the accident?	Where was the	impact to:
□yes	□no	11 12 1	11 12 1
Was a city <u>police of</u>	ficer / OHP on the scene?	9 3 2 3	9 2 3 3
□yes	□no	8 7 5 5	8 7 5 5
Do you have a copy	of the report?	8 11	5 11
□ves	Ппо	YOUR vehicle	THEIR vehicle



# ${\bf Oklahoma\ Injury\ Care}_{{\sf Alina\ Justiz,\ M.D.}}$

Alina Justiz, M.D. Heather Hedrick, APRN-CNP Carrie Galyon, P.T. Traci Lambert, APRN Gary Seymour, APRN Ron D. Somerville, D.C.

Mailing: PO Box 14740 OKC, OK 73113 N: 200 W. Britton Rd, OKC, OK 73114 Phone: 405-755-8000 Fax: 405-755-8001 S: 7825 S. Walker Ave., OKC, OK 73139 Phone: 405-634-1700 Fax: 405-634-1708

### Authorization to Disclose Medical Records

	Name	Address		Phone Number
1				
2	ance Company)			
3. Friend	d/Family)			
4	·			
+ (Friend	f Family)			
5				
(Other	)			
		•		
nforma	ition to be disclosed: Tai	uthorize the release of the following healt	h information: (check t	he applicable box below)
nforms	All of my health informati	uthorize the release of the following healt ion that the provider has in his or her pos al condition and any treatment received t	session, including info	·
	All of my health informati history, mental or physic Only the following record	ion that the provider has in his or her pos al condition and any treatment received t is or types of health information:	session, including info by me.	·
	All of my health informati history, mental or physic Only the following record	ion that the provider has in his or her pos al condition and any treatment received t	session, including info by me.	·
0	All of my health informati history, mental or physic Only the following record	ion that the provider has in his or her pos al condition and any treatment received t is or types of health information:	session, including info by me.	·
Cerm:	All of my health informati history, mental or physic Only the following record understand that this Author From the date of this Author States of the States	ion that the provider has in his or her pos al condition and any treatment received to the sort types of health information:  prization will remain in effect:  chorization until the day of	session, including info by me.	·
Cerm:	All of my health informati history, mental or physic Only the following record understand that this Author From the date of this Aut Until the Provider fulfills to	ion that the provider has in his or her posal condition and any treatment received to the sort types of health information:  prization will remain in effect:  chorization until the day of  this request.	session, including info by me.	·
Cerm:	All of my health informati history, mental or physic Only the following record understand that this Author From the date of this Aut Until the Provider fulfills to Until the following event.	ion that the provider has in his or her posal condition and any treatment received the condition and any treatment received the control of th	session, including info by me.	rmation relating to any medical
Cerm:	All of my health informati history, mental or physic Only the following record understand that this Author From the date of this Aut Until the Provider fulfills to Until the following event by time, I revoke this Author	ion that the provider has in his or her posal condition and any treatment received to the sort types of health information:  prization will remain in effect:  chorization until the day of  this request.	session, including info by me.	rmation relating to any medical
erm:	All of my health informati history, mental or physic Only the following record understand that this Author From the date of this Aut Until the Provider fulfills to Until the following event by time, I revoke this Author will not apply to information.	ion that the provider has in his or her posal condition and any treatment received the sortypes of health information:  Drization will remain in effect: Chorization until the day of Chis request. Coccurs:	session, including info by me.	rmation relating to any medical
Ferm:	All of my health informati history, mental or physic Only the following record understand that this Author From the date of this Author Until the Provider fulfills to Until the following event by time, I revoke this Author will not apply to information will not apply to information.	ion that the provider has in his or her posal condition and any treatment received the sortypes of health information:  prization will remain in effect: chorization until the day of chis request. occurs: prization I must notify my Health Care are already retained, used, or disconditional conditions.	session, including info by me.	mation relating to any medical ng Oklahoma Injury Care. My this Authorization.



Oklahoma Injury Care

Alina Justiz, M.D. Heather Hedrick, APRN-CNP Carrie Galyon, P.T. Traci Lambert, APRN Gary Seymour, APRN Ron D. Somerville, D.C. Mailing: PO Box 14740 OKC, OK 73113 N: 200 W. Britton Rd, OKC, OK 73114 Phone: 405-755-8000 Fax: 405-755-8001 S: 7825 S. Walker Ave., OKC, OK 73139

Phone: 405-634-1700 Fax: 405-634-1708

## Help us help you! Tell us what you expect for care.

Medications
Anti-inflammatory: Help reduce inflammation, which often helps to relieve pain.
<ul> <li>Ibuprofen (Advil, and Motrin IB), Naproxen, Ketorolac (Toradol), and Aspirin.</li> </ul>
Intramuscular Injections: Help reduce inflammation, which often helps to relieve pain.  Ketorolac (Toradol), Corticosteroids (Kenalog)
Analgesic: Relieves pain.
Acetaminophen (Tylenol)
<ul> <li>Muscle relaxant: Reduces muscle tension and helps relieve muscle pain and discomfort.</li> <li>Cyclobenzaprine (Flexeril), Methocarbamol (Robaxin), Tizanidine (Zanaflex)</li> </ul>
Narcotic: Relieves pain, dulls the senses, and causes drowsiness. May become addictive.  * Tramadol (Ultram), Hydrocodone, and Oxycodone
<u>Self-care</u>
Heating pad / Ice pack: Soothes painful muscles or joints.
Physical exercise: Can help maintain physical function while recovering.
Therapy  Manual Joint mobilization: Stratabing a joint post in a second of the second
Manual Joint mobilization: Stretching a joint past its restricted range of motion to restore movement/reduce pain.
Stretching: Stretching exercises can improve flexibility and improve physical function.
Physical therapy: Restores muscle strength and function through exercise.
TENS: Applying a small electrical current to a part of the body to dull the sensation of pain.
Medical Referral
X-RAY: Tests are commonly done to show up bones and certain other tissues.
CT or CAT: Combination of X-rays and a computer to create pictures of your organs, bones, and other tissues.
MRI: Test that uses powerful magnets, radio waves, and a computer to make detailed pictures inside your body.
Epidural steroid injection: Injection of cortisone and a numbing agent into the spine.
Specialists/Referral
Primary care provider (PCP): Prevents, diagnoses, and treats diseases.
Orthopedic surgeon: Performs surgery for conditions affecting bones and muscles.
Spine surgeon: Performs surgery on the spine.
Pain management: Eases suffering and improves quality of life for those in pain