



# OKLAHOMA INJURY CARE

James E. Lynch, M.D.  
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Mailing: PO Box 14740 OKC, OK 73113  
N: 200 W. Britton Rd, OKC, OK 73114  
Phone: 405-755-8000 Fax: 405-755-8001  
S: 7825 S. Walker Ave., OKC, OK 73139  
Phone: 405-634-1700 Fax: 405-634-1708

## GENERAL INFORMATION

Name: \_\_\_\_\_ Sex: \_\_\_\_\_ SS#: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Email Address: \_\_\_\_\_

Address: \_\_\_\_\_ Employer Name: \_\_\_\_\_

Apt. Number: \_\_\_\_\_ Employer Address: \_\_\_\_\_

City, State, Zip: \_\_\_\_\_ City, State, Zip Code: \_\_\_\_\_

Cell Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_

Home Phone: \_\_\_\_\_ May we contact you via email / text:  yes  no

Emergency Contact: \_\_\_\_\_ Phone Number: \_\_\_\_\_ Relationship: \_\_\_\_\_

## PERSONAL INJURY CLAIM INFORMATION

## MVA PATIENTS ONLY:

Date of Accident: \_\_\_\_\_ Name of Insurance Company: \_\_\_\_\_

Claim Number: \_\_\_\_\_ Phone Number: \_\_\_\_\_

Liabile Party Name: \_\_\_\_\_

Is there MEDPAY?  yes  no MEDPAY Insurance Company: \_\_\_\_\_

MEDPAY Claim Number: \_\_\_\_\_ Phone Number: \_\_\_\_\_

## ASSIGNMENT OF BENEFITS

**Please read the following statements very carefully:**

**If you have insurance, please read and sign below:**

I hereby authorize the insurance company reimbursement to be paid by check, made out and directly mailed Advanced Pain Solutions, Inc., DBA: Oklahoma Injury Care (at the address noted on the bill) the medical expense benefits allowable, and otherwise payable to me under my current insurance policy, as payment toward total charges for professional services rendered. This payment will not exceed my indebtedness to the above-mentioned assignee, and I agree to pay, in a current manner, any balance of said professional services charges over and above this insurance payment. If my current policy permits payment to be mailed to myself only, I hereby authorize you to list Advanced Pain Solutions, Inc., DBA: Oklahoma Injury Care as the payee on any check issued for services rendered to Advanced Pain Solutions, Inc., DBA: Oklahoma Injury Care. I hereby grant Advanced Pain Solutions, Inc., DBA: Oklahoma Injury Care limited power of attorney for the express purpose of endorsing drafts or checks received by Advanced Pain Solutions, Inc., DBA: Oklahoma Injury Care which are meant as payment for services rendered to me in that office and apply to such funds against my outstanding account(s) in that office.

**This is a direct assignment of my rights and benefits for this policy.  
A photocopy of this document shall be considered as effective and valid as the original.**

**SIGNATURE OF CLAIMANT:** \_\_\_\_\_ **DATE:** \_\_\_\_\_

## PATIENT HEALTH INFORMATION

Please check any of the following conditions that apply to you now, or have applied to you in the last six months:

- |  |   |  |  |
|--|---|--|--|
| <input type="checkbox"/> Headaches             | <input type="checkbox"/> Neck Pain                  | <input type="checkbox"/> Pins & needles in arms/legs   | <input type="checkbox"/> Abdominal Pain        |
| <input type="checkbox"/> Loss of concentration | <input type="checkbox"/> Neck Stiffness             | <input type="checkbox"/> Fingers / toes numb           | <input type="checkbox"/> Stomach Ulcers        |
| <input type="checkbox"/> Light bothers eyes    | <input type="checkbox"/> Upper back pain            | <input type="checkbox"/> Sleep difficulties / Insomnia | <input type="checkbox"/> Bloody / Black Stools |
| <input type="checkbox"/> Pain behind eyes      | <input type="checkbox"/> Mid back pain              | <input type="checkbox"/> Irritable                     | <input type="checkbox"/> Diarrhea              |
| <input type="checkbox"/> Loss of memory        | <input type="checkbox"/> Lower back pain            | <input type="checkbox"/> Depression                    | <input type="checkbox"/> Constipation          |
| <input type="checkbox"/> Head seems heavy      | <input type="checkbox"/> Pain in tailbone           | <input type="checkbox"/> Anxiety                       | <input type="checkbox"/> Menstrual problem     |
| <input type="checkbox"/> Fatigue               | <input type="checkbox"/> Right / Left shoulder pain | <input type="checkbox"/> Mental Disorders              | <input type="checkbox"/> Anemia / Bleeding     |
| <input type="checkbox"/> Dizziness / fainting  | <input type="checkbox"/> Right / Left arm pain      | <input type="checkbox"/> High Blood Pressure           | <input type="checkbox"/> Cold hands / feet     |
| <input type="checkbox"/> Nausea                | <input type="checkbox"/> Right / Left elbow pain    | <input type="checkbox"/> Heart Attack                  | <input type="checkbox"/> Arthritis             |
| <input type="checkbox"/> Ringing in ears       | <input type="checkbox"/> Right / Left wrist pain    | <input type="checkbox"/> Seizures                      | <input type="checkbox"/> Chest Pain            |
| <input type="checkbox"/> Loss of balance       | <input type="checkbox"/> Right / Left hip pain      | <input type="checkbox"/> Diabetes                      | <input type="checkbox"/> Shortness of breath   |
| <input type="checkbox"/> Visual Problems       | <input type="checkbox"/> Right / Left leg pain      | <input type="checkbox"/> Bladder Problems              | <input type="checkbox"/> Sinus trouble         |
| <input type="checkbox"/> Pain with chewing     | <input type="checkbox"/> Right / Left knee pain     | <input type="checkbox"/> Kidney Disease                | <input type="checkbox"/> Asthma                |
| <input type="checkbox"/> Jaw pain / TMJ        | <input type="checkbox"/> Right / Left ankle pain    | <input type="checkbox"/> Urinary Tract Infection       | <input type="checkbox"/> Pneumonia             |
| <input type="checkbox"/> Muscle Spasm          | <input type="checkbox"/> Leg swelling / Edema       | <input type="checkbox"/> Fever                         | <input type="checkbox"/> Bronchitis            |
| <input type="checkbox"/> Muscle Weakness       | <input type="checkbox"/> Positive HIV / AIDS        | <input type="checkbox"/> Hepatitis C                   | <input type="checkbox"/> Tuberculosis          |

Any other **health conditions** not listed above: \_\_\_\_\_

Do you routinely take Aspirin, Advil, Motrin, Aleve, Tylenol, Celebrex, or Vioxx? yes no If yes, please list: \_\_\_\_\_

What aggravates these conditions? \_\_\_\_\_

What decreases the symptoms or pain? \_\_\_\_\_

List any **prescription/non-prescription** medicine and vitamins you are taking: \_\_\_\_\_

List any **drug allergies** you may have: \_\_\_\_\_

List any **surgical operations** you have had: \_\_\_\_\_

Date of last physical examination: \_\_\_\_\_

## PERSONAL HABITS:

Do you smoke? yes no

If yes, how many packs per day? \_\_\_\_\_ For how many years? \_\_\_\_\_

Do you drink alcohol? yes no

If yes, do you drink: social heavy

Do you use recreational drugs? yes no If yes, what types of drugs? \_\_\_\_\_

Are you (**check one**):  Married  Single  Divorced  Widowed

## FAMILY HISTORY

(siblings, parents, & grandparents)

High Blood Pressure: yes no If yes, who? \_\_\_\_\_

Stroke: yes no If yes, who? \_\_\_\_\_

Heart Attack: yes no If yes, who? \_\_\_\_\_

Migraines: yes no If yes, who? \_\_\_\_\_

Diabetes: yes no If yes, who? \_\_\_\_\_

Seizures: yes no If yes, who? \_\_\_\_\_

Cancer: yes no If yes, who? \_\_\_\_\_

Bleeding Problems: yes no If yes, who? \_\_\_\_\_

## FOR WOMEN ONLY

Are you pregnant? Yes No Unsure If yes, what is your due date? \_\_\_\_\_

If you are not pregnant, what was your last menstrual period? \_\_\_\_\_

If there is any possibility of pregnancy, you must inform your doctor prior to any medical treatment. If pregnancy occurs, please notify your doctor prior to treatment. If there is no possibility of pregnancy, please sign and date below, certifying that you are not pregnant.

I hereby certify that I am not pregnant. SIGNED: \_\_\_\_\_ DATE: \_\_\_\_\_

## Other uses and disclosures:

We are permitted and/ or required by law to make certain other uses and disclosures of your personal health information without your consent or authorization for the following:

- Any purpose required by law;
- Public health activities, such as required reporting of disease, injury, birth, and death, or required public health investigation;
- If we suspect child abuse or neglect; if we believe you to be a victim of abuse, neglect, or domestic violence;
- To the Food and Drug Administration to report adverse events, product defects, or to participate in product recalls;
- To your employer when we have provided health care to you at the request of your employer;
- To a government oversight agency conducting audits, investigations, or civil or criminal proceedings;
- Court of administrative ordered subpoena or discovery request;
- To law enforcement officials as required by law to report wounds and injuries and crimes;
- To coroners and/or funeral directors consistent with law;
- If necessary to arrange an organ or tissue donation from you or a transplant for you;
- If you are a member of the military, we may also release your personal health information for national security or intelligence activities; and
- To workers' compensation agencies for workers' compensation benefit determination.

## RIGHTS THAT YOU HAVE REGARDING YOUR PERSONAL HEALTH INFORMATION:

- **Access to Your Personal Health Information:** You have the right to copy and/or inspect much of the personal health information that we retain on your behalf. All requests for access must be made in writing and signed by you or your legal representative. You may obtain a "Patient Access to Health Information Form" from the front office person. You are entitled to one free copy of your personal health information. If you request additional copies you may be charged a nominal fee for copying and postage.
- **Amendments to Your Personal Health Information:** You have the right to request in writing that personal health information that we maintain about you be amended or corrected. We are not obligated to make all requested amendments but will give each request careful consideration. All amendment requests, must be in writing, signed by you or your legal representative, and must state the reason for the amendment/correction request. If an amendment or correction request is made, we may notify others who work with us if we believe that such notification is necessary. You may obtain an "Amendment Request Form" from the front office person or individual responsible for medical records.
- **Accounting for Disclosures of Your Personal Health Information:** You have the right to receive an accounting of certain disclosures made by us of your personal health information after April 14, 2003. Requests must be made in writing and signed by you or your legal representative. "Accounting Request Forms" are available from the front office person or individual responsible for medical records. The first accounting in any 12-month period is free; you will be charged a fee for subsequent accounting you request within the same 12-month period. You will be notified of the fee at the time of your request.
- **Restrictions on Use and Disclosure of Your Personal Health Information:** You have the right to request restrictions on uses and disclosures of your personal health information for treatment, payment, or health care operations. We are not required to agree to your restriction request but will attempt to accommodate reasonable requests when appropriate. We retain the right to terminate an agree-to restriction if we believe the termination is appropriate. In the event of a termination by us, we will notify you of such termination. You also have the right to terminate, in writing or orally, any agreed-to restriction by sending such termination notice to the individual responsible for medical records.
- **Complaints:** If you believe your privacy rights have been violated, you can file a complaint in writing with the Clinic Director/Privacy Officer at Oklahoma Injury Care at PO Box 14740 Oklahoma City, OK 73113. You may also file a complaint with the Secretary of the U.S. Department of Health and Human Services in Washington D.C. in writing within 180 days of a violation of your rights. There will be no retaliation for filing a complaint.

## FOR FURTHER INFORMATION

If you have questions or need further assistance regarding this Notice, you may contact the Clinic Director/Privacy Officer at Oklahoma Injury Care at 200 W. Britton Rd Oklahoma City, OK 73114.

## AUTHORIZATIONS

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### 1. Authorization to release medical information

I hereby authorize the release of medical and medication information pertinent to my care to the Doctors, Nurse Practitioners, Physician Associates, Medical Assistants, and Office Staff at Oklahoma Injury Care.

### 2. Privacy notice Acknowledgment

With my signature below, I acknowledge that I have read and received a copy of Oklahoma Injury Care Notice of Privacy Practices.

### 3. Informed Consent

I have been informed that I have the right to refuse any form of treatment. I understand the nature of treatment and have been informed of the risks and possible consequences involved with this treatment.

### 4. Financial Responsibility

I understand that I am fully responsible to Oklahoma Injury Care for all charges I incur in this office, including deductible, co-pays, co-insurance, and all charges not covered by insurance, as detailed in the Oklahoma Injury Care Financial Policy, available upon request.

### 5. Consent to Treat

I understand that by signing the authorization below I am allowing for the Doctors, Nurse Practitioners, Physician Associates, Medical Assistants, and Office Staff to treat me and discuss the details of my treatment with me as well as with each other.

**I agree to the authorizations listed above and I certify that all the information contained in this booklet is complete and true to the best of my knowledge.**

**SIGNATURE OF PATIENT:** \_\_\_\_\_ **DATE:** \_\_\_\_\_



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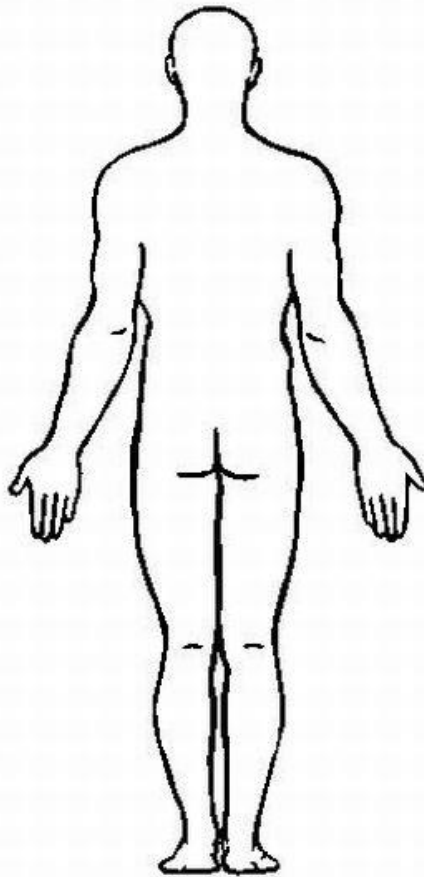
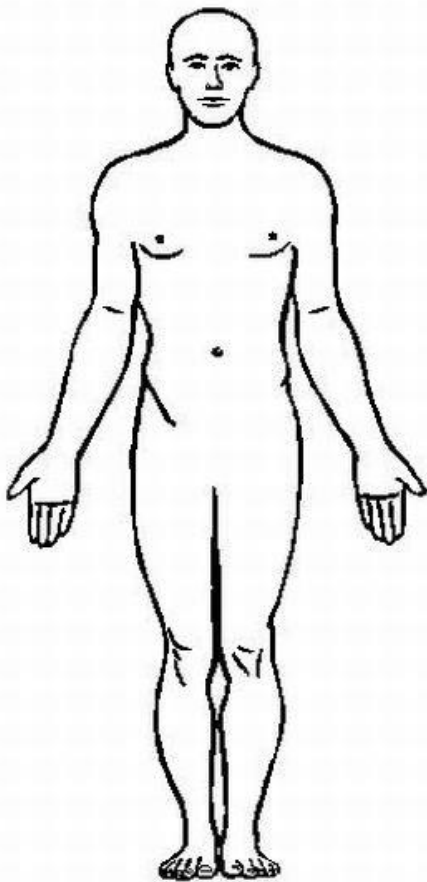
## PAIN INDEX

Please list the major complaints you have today: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

Using the symbols provided below, mark the areas on the illustrations where you are experiencing these sensation:

- BURNING** X
- STABBING** /
- PINS/NEEDLES** \*
- ACHING** 0
- NUMBNESS** --
- SHARP** +



On a scale of 1 to 10, how strong is the pain now? (1 being the least, 10 being the worst)

0      1      2      3      4      5      6      7      8      9      10

SIGNATURE OF PATIENT: \_\_\_\_\_

DATE: \_\_\_\_\_



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## Accident Details

**Patient name:** \_\_\_\_\_ **DOB:** \_\_\_\_\_  
Date of Accident: \_\_\_\_\_ Time of Day \_\_\_\_\_ AM/ PM  
Location of Accident: City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

What was your position in the vehicle? Driver Front Passenger Rear Passenger Pedestrian

Were the vehicle air bags deployed? yes no

■ What type of vehicle were you driving?

Make: \_\_\_\_\_ Model: \_\_\_\_\_ Year: \_\_\_\_\_

<u>CAR</u>	<u>TRUCK</u>	<u>VAN</u>	<u>SUV</u>
Compact	Small Size	Mini	Compact
Mid Size	Full Size	Full Size	Mid Size
Full Size	Semi	Company	Full Size

■ What type of vehicle was the other vehicle?

Make: \_\_\_\_\_ Model: \_\_\_\_\_ Year: \_\_\_\_\_

<u>CAR</u>	<u>TRUCK</u>	<u>VAN</u>	<u>SUV</u>
Compact	Small Size	Mini	Compact
Mid Size	Full Size	Full Size	Mid Size
Full Size	Semi	Company	Full Size

Did you receive medical attention at the scene of the accident? yes no

Did you go to the hospital? yes no

If yes, what hospital? \_\_\_\_\_ Were you admitted? yes no

Where you taken by: ambulance private transportation

Have you been treated for these injuries by another doctor? yes no

If yes, what doctor and phone number? \_\_\_\_\_

Have you had x-rays since the accident? yes no If yes where: \_\_\_\_\_

Since the accident has your pain: improved stayed the same worsened

**SIGNATURE OF PATIENT:** \_\_\_\_\_ **DATE:** \_\_\_\_\_

## Additional Accident Details

**Patient name:** \_\_\_\_\_

**Date of Injury:** \_\_\_\_\_

What was your position in the vehicle?

- Driver       Front Passenger  
 Rear Passenger     Pedestrian

Was your vehicle

- At a complete stop       In Motion

Type of collision?

- Rear-end       Side swipe       Multi car pile-up  
 Head on       Side impact(T-Bone)       Rollover

Were any parts of your body hit at the moment of impact? (head/shoulder/arm/knee/hand/foot)

- Steering wheel \_\_\_\_\_       Dashboard \_\_\_\_\_       Ceiling \_\_\_\_\_  
 Drivers' side door \_\_\_\_\_       Passengers' side door \_\_\_\_\_       Windshield \_\_\_\_\_  
 Seat Headrest \_\_\_\_\_

Were you wearing a seat belt?

- yes       no

Were you rendered unconscious at the accident?

- yes       no

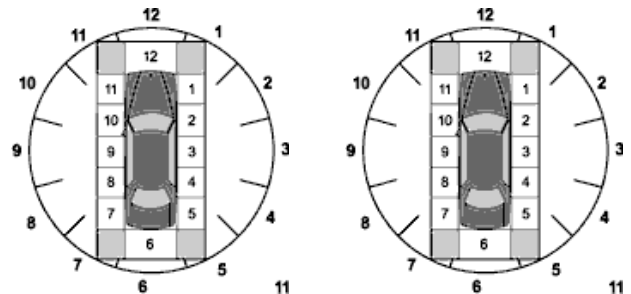
Was a city police officer / OHP on the scene?

- yes       no

Do you have a copy of the report?

- yes       no

Where was the impact to:



YOUR vehicle

THEIR vehicle

Please describe the accident in as much detail as possible:

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---



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**\*\*\*PLEASE COMPLETE ONLY IF YOU HAVE BEEN SEEN BY ANOTHER DOCTOR OR YOU HAVE BEEN EXAMINED AT THE EMERGENCY ROOM\*\*\***

## Release of Medical Records

I hereby authorize \_\_\_\_\_  
(Emergency Department Name / Physician)

\_\_\_\_\_  
(Street Address) (City) (Zip)

\_\_\_\_\_  
(Phone) (Fax)

To release information from my medical, educational, psychiatric/drug/alcohol records

**Specifically:**

- |   |   |                                       |
|---|---|---------------------------------------|
| <input type="checkbox"/> All Records                  | <input type="checkbox"/> Nursing Notes      | <input type="checkbox"/> Orders       |
| <input type="checkbox"/> History & Physical           | <input type="checkbox"/> Social Serv. Notes | <input type="checkbox"/> Radiology    |
| <input type="checkbox"/> Operative Reports            | <input type="checkbox"/> Progress Notes     | <input type="checkbox"/> Laboratory   |
| <input type="checkbox"/> Discharge Summary            | <input type="checkbox"/> EEG/EKG            | <input type="checkbox"/> MRI/ CT Scan |
| <input type="checkbox"/> Other (Please Specify) _____ |   |                                       |

From the time period of \_\_\_\_\_ to \_\_\_\_\_.

For the following purpose: \_\_\_\_\_

This information may be released to

**OKLAHOMA INJURY CARE**  
**200 W. BRITTON RD, OKLAHOMA CITY, OK 73114**  
**PLEASE FAX RECORDS TO: 405-755-8001**

I understand that the specific type of information to be disclosed may include a history of drug, alcohol, mental health treatment, or communicable disease (IE: AIDS/ HIV/ Hepatitis). I expressly understand and agree that no legal responsibility of any nature shall attach to the attending physician or employee in acting upon this authorization. I understand that I may revoke this content at any time except to the extent that action has been taken in reliance on it and that in any event this content shall expire 90 (ninety) days of patient discharge, unless another date is specified:

(Specification of date or event upon which this consent expires): \_\_\_\_\_

A photocopy or facsimile of this authorization shall be as effective as an original.

\_\_\_\_\_  
(Print Patient's Full Name)

\_\_\_\_\_  
(Relationship)

\_\_\_\_\_  
(Date of Birth)

\_\_\_\_\_  
(Power of Attorney or Legal Guardian)

\_\_\_\_\_  
(Signature of Patient)

\_\_\_\_\_  
(Witness Signature)

\_\_\_\_\_  
(Date)



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### Permission for Verbal and Written Communication

\_\_\_\_\_  
(Print name of patient)

\_\_\_\_\_  
(Birth date)

\_\_\_\_\_  
(Street address)

\_\_\_\_\_  
(City, State, Zip Code)

\_\_\_\_\_  
(Phone number)

I permit Oklahoma Injury Care, their physicians, nurses, and other personnel ("Health Care Providers") to discuss health information, in person or by telephone, with the following family members or friends involved in my medical care: (List family members/friends and state the person's relationship to the patient).

This authorization is limited to the following medical condition (s):

\_\_\_\_\_  
(If no limitations are listed, discussions will be permitted regarding any medical condition for which the patient has received care.)

Name	Phone Number	Relationship	Written / Verbal
1. _____			
2. _____			

Release of information under this document is for verbal discussions and/or written communication with my Health Care Providers. This document does not permit release of any written and/or verbal health information to the individuals named above without being specified.

This authorization is limited to the following timeframe from \_\_\_\_\_ (date) to \_\_\_\_\_ (date). If no dates are indicated, this form will remain in effect for an unlimited amount of time.

**If, at any time, I do not want verbal discussions and/or written communications to be permitted between my Health Care Providers and any of the individuals names above, I must notify my Health Care Provider by contacting Oklahoma Injury Care.**

**SIGNATURE OF PATIENT:** \_\_\_\_\_ **DATE:** \_\_\_\_\_

If this release is signed by a representative on behalf of the patient, complete the following:

Representative's Name: \_\_\_\_\_

Relationship to Patient: \_\_\_\_\_





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# Help us help you! Tell us what you expect for care.

### Medications

- Anti-inflammatory:** Help reduce inflammation, which often helps to relieve pain.
  - *Ibuprofen (Advil, and Motrin IB), Naproxen, Ketorolac (Toradol), and Aspirin.*
- Intramuscular Injections:** Help reduce inflammation, which often helps to relieve pain.
  - *Ketorolac (Toradol), Corticosteroids (Kenalog)*
- Analgesic:** Relieves pain.
  - *Acetaminophen (Tylenol)*
- Muscle relaxant:** Reduces muscle tension and helps relieve muscle pain and discomfort.
  - *Cyclobenzaprine (Flexeril), Methocarbamol (Robaxin), Tizanidine (Zanaflex)*
- Narcotic:** Relieves pain, dulls the senses, and causes drowsiness. May become addictive.
  - *Tramadol (Ultram), Hydrocodone, and Oxycodone*

### Self-care

- Heating pad / Ice pack:** Soothes painful muscles or joints.
- Physical exercise:** Can help maintain physical function while recovering.

### Therapy

- Manual Joint mobilization:** Stretching a joint past its restricted range of motion to restore movement/reduce pain.
- Stretching:** Stretching exercises can improve flexibility and improve physical function.
- Physical therapy:** Restores muscle strength and function through exercise.
- TENS:** Applying a small electrical current to a part of the body to dull the sensation of pain.

### Medical Referral

- X-RAY:** Tests are commonly done to show up bones and certain other tissues.
- CT or CAT:** Combination of X-rays and a computer to create pictures of your organs, bones, and other tissues.
- MRI:** Test that uses powerful magnets, radio waves, and a computer to make detailed pictures inside your body.
- Epidural steroid injection:** Injection of cortisone and a numbing agent into the spine.

### Specialists/Referral

- Primary care provider (PCP):** Prevents, diagnoses, and treats diseases.
- Orthopedic surgeon:** Performs surgery for conditions affecting bones and muscles.
- Spine surgeon:** Performs surgery on the spine.
- Pain management:** Eases suffering and improves quality of life for those in pain.